Breaking and restoration of rotational symmetry on the lattice for bound state multiplets

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(Received 14 April 2014; published 26 August 2014)

We explore the breaking of rotational symmetry on the lattice for bound state energies and practical methods for suppressing this breaking. We demonstrate the general problems associated with lattice discretization errors and finite-volume errors using an α cluster model for 4Be and 12C. We consider the two and three α-particle systems and focus on the lowest states with nonzero angular momentum which split into multiplets corresponding to different irreducible representations of the cubic group. We examine the dependence of such splittings on the lattice spacing and box size. We find that lattice spacing errors are closely related to the commensurability of the lattice with the intrinsic length scales of the system. We also show that rotational symmetry breaking effects can be significantly reduced by using improved lattice actions, and that the physical energy levels are accurately reproduced by the weighted averages of the spin multiplets.

DOI: 10.1103/PhysRevD.90.034507 PACS numbers: 12.38.Gc, 03.65.Ge, 21.10.Dr

I. INTRODUCTION

In recent years, lattice Monte Carlo calculations have become a powerful tool in the study of quantum few-body and many-body systems, and of relativistic field theories [1–3]. For example, chiral effective field theory (χEFT) combined with lattice techniques has been employed to study the spectrum and structure of light nuclei [4–8]. In such calculations, continuous space-time is discretized and compactified so that the path integrals can be computed numerically. The mesh points uniformly span a cubic box and some boundary conditions such as periodic ones are imposed in each dimension. However, the calculated bound state energies will in general deviate from their continuum infinite-volume values due to discretization and finite-volume artifacts.

On the lattice, the full rotational symmetry group is reduced to the finite group of cubic rotations. Consequently, the obtained states do not unambiguously belong to a particular quantum number [9–11]. In the continuum and infinite-volume limits, quantum bound states with angular momentum J form a degenerate multiplet consisting of 2J + 1 members, while in lattice simulations the energy levels split into subgroups corresponding to different irreducible representations (irreps) of the cubic group. The size of the energy splittings are dictated by the lattice spacing and by the volume and boundary conditions.

Projection onto angular momentum quantum numbers has been used to improve cubic lattice calculations of cranked Hartree-Fock wave functions of nuclei [12]. In more recent work, Dudek et al. [13] have developed a method where the continuum spin of excited hadronic states in lattice QCD can be reliably identified by computing overlaps with smeared lattice operators with sharply defined values of total spin. This method has been applied to meson [14] and baryon [15,16] systems.

Davoudi et al. [17] have quantified the breaking and recovery of rotational invariance as a function of the lattice spacing by means of lattice operators defined over a finite region which transform as spherical tensors with definite angular momentum in the continuum limit. It was shown that such operators can be expanded in a basis of derivative operators and the corresponding operator coefficients are sensitive indicators for rotational symmetry breaking. This method has been applied perturbatively both at tree level and at the one-loop level.

The simple answer to reducing systematic errors on the lattice is to extrapolate to the continuum limit and to infinite physical volume. The infinite-volume limit is rather straightforward. The energy shifts for two-body bound states at finite volume have been studied in detail and techniques have been developed for accelerating the convergence to the infinite-volume limit [18–27]. Meanwhile, it was also shown that these techniques can be extended to deal with the two-body resonances and scattering problems in a finite volume [28–32]. There is also numerical evidence that the same techniques work for bound states with more than two constituents [21,22,33–36].

Taking the lattice spacing to zero is a more complicated issue. This limit is possible for a renormalizable field theory
or a nonrenormalizable field theory that is computed order by order in perturbation theory. However, this approach is not suitable for nonperturbative calculations of a nonrenormalizable field theory where uncanceled ultraviolet divergences remain. This is the situation for many effective theories, including \( \chi \text{EFT} \) as applied to bound states of nucleons.

If the lattice spacing cannot be taken to zero, then the lattice improvement program proposed by Symanzik et al. [37–39] provides a useful alternative approach for systematically reducing discretization errors. The lattice action is systematically improved by including higher-dimensional operators to diminish the lattice spacing dependence of physical observables. This method was applied to Yang-Mills theories [37,38], gauge field theories [39–42] and QCD [43].

In this paper, we apply the technique of lattice improvement to reduce systematic errors for lattice calculations of bound state energies. In our analysis we consider an \( \alpha \) cluster model for \(^{8}\text{Be}\) and \(^{12}\text{C}\) on the lattice. Our model calculations are considerably simpler than \( ab \text{initio} \) calculations of the same \(^{8}\text{Be}\) and \(^{12}\text{C}\) nuclei starting from protons and neutrons. However, it is sufficient to demonstrate the general issues associated with lattice discretization errors and finite-volume errors. Furthermore, the model allows for a robust analysis over a large range of lattice spacings and cubic box sizes. In our discussion we comment on the applications of our findings for \( ab \text{initio} \) lattice calculations.

In nuclear physics, clustering effects play an important role in the structure and dynamics of certain nuclei [8,44–46]. For some even-even \( N = Z \) nuclei, the system can be approximately described in terms of \( \alpha \)-clusters that interact via effective \( \alpha-\alpha \) interactions. The most frequently used interactions are local potentials involving a strongly repulsive core [47,48], nonlocal “fish-bone” potentials [49,50] and other “folding” potentials extracted using the resonating-group method [51–53]. In some cases a three-\( \alpha \) interaction [48] and/or forbidden state projection [54] are also needed to reproduce the empirical data.

Our objective in this paper is to study lattice errors and the energy splittings of bound state spin multiplets and practical methods for reducing these artifacts. Since our discussion is intended to be a general analysis, there is no reason to focus on some particular phenomenological interaction tuned to reproduce the entire low-energy spectrum of \(^{8}\text{Be}\) and \(^{12}\text{C}\). Instead we use a simple isotropic local potential without forbidden state projection, and we will include a three-body force to reproduce the ground-state energy of \(^{12}\text{C}\).

II. THEORETICAL FRAMEWORK

A. Hamiltonian

Let \( m \) denote the mass of the \( \alpha \) particle. The Hamiltonian for our multi-\( \alpha \) system has the form

\[
H = -\sum_i \frac{\nabla_i^2}{2m} + \sum_{i<j} V(|r_i - r_j|),
\]

where \( V = V_N + V_C \) is the \( \alpha-\alpha \) potential, including nuclear and Coulomb potentials. In this paper, we consider two-\( \alpha \) and three-\( \alpha \) systems, corresponding to \(^{8}\text{Be}\) and \(^{12}\text{C}\) nuclei, respectively.

We use an isotropic Ali-Bodmer-type potential for the nuclear part of the \( \alpha-\alpha \) interaction,

\[
V_N(r) = V_0 e^{-\eta_0 r^2} + V_1 e^{-\eta_1 r^2},
\]

where \( V_0 = -216.346 \text{ MeV}, V_1 = 353.508 \text{ MeV}, \eta_0 = 0.436 \text{ fm}^{-1} \) and \( \eta_1 = 0.529 \text{ fm}^{-1} \). These parameters are determined by fitting the \( S \) and \( D \) wave \( \alpha-\alpha \) scattering lengths to their experimental values [47]. The resulting potential is shown in Fig. 1. The repulsive Coulomb potential between the \( \alpha \) particles is given by

\[
V_C(r) = \frac{4e^2}{r} \text{erf} \left( \frac{\sqrt{3}r}{2R_\alpha} \right),
\]

where \( R_\alpha = 1.44 \text{ fm} \) is the radius of the \( \alpha \) particle, \( e \) is the unit of charge and \( \text{erf} \) denotes the error function. We also employ the three-body interaction [48]

\[
V(r_1, r_2, r_3) = V_0 e^{-\lambda (r_1^2 + r_2^2 + r_3^2)},
\]

where \( r_i \) (\( i = 1, 2, 3 \)) are the coordinates of the three \( \alpha \) particles and \( r_{12}, r_{13} \) and \( r_{23} \) denote the distances between pairs. We take the Gaussian width parameter to be the same as in Ref. [48], \( \lambda = 0.00506 \text{ fm}^{-2} \), and we set \( V_0 = -4.41 \text{ MeV} \) to recover the binding energy of the ground state of \(^{12}\text{C}\).

For a system of \( N \) alpha particles, we set the center of mass motion to zero and solve the Schrödinger equation

\[
H\Psi_j(r_1, r_2, \ldots, r_{N-1}) = E_j \Psi_j(r_1, r_2, \ldots, r_{N-1})
\]

for the remaining \( 3(N - 1) \) relative coordinates. In lattice calculations the spatial vectors \( r_1, r_2 \) etc. assume discrete values, and Eq. (5) becomes a matrix eigenvalue equation. Periodic boundary conditions for a box of size \( L \) are imposed on the wave function,

![FIG. 1. The fitted \( \alpha-\alpha \) nuclear potential as a function of distance.](image-url)
where $x$ is any relative coordinate in Eq. (5). The Schrödinger equation can then be solved by diagonalization of a Hamiltonian matrix of dimension $L^{3(N-1)} \times L^{3(N-1)}$.

### B. Discretization of derivatives

The spatial derivatives in Eq. (1) can be expressed on the lattice by means of finite differences. For the second derivative we can write

$$f''(x) \approx c_0^{(N)} f(x) + \sum_{k=1}^{N} c_k^{(N)} [f(x + ka) + f(x - ka)],$$

where $a$ is the lattice spacing and $c_k^{(N)}$ is a set of coefficients to be described in the following. Assuming that the wave function is differentiable up to $O(N)$, we can use a formula of $O(N)$ to obtain a numerical derivative with truncation error $O(a^{2N})$. For this purpose, the coefficients $c_k^{(N)}$ should satisfy the following Vandermonde matrix constraint:

$$
\begin{pmatrix}
1 & 2^2 & 3^2 & 4^2 & \cdots & N^2 \\
1 & 2^4 & 3^4 & 4^4 & \cdots & N^4 \\
1 & 2^6 & 3^6 & 4^6 & \cdots & N^6 \\
1 & 2^8 & 3^8 & 4^8 & \cdots & N^8 \\
\vdots & \vdots & \vdots & \vdots & \ddots & \vdots \\
1 & 2^{2N} & 3^{2N} & 4^{2N} & \cdots & N^{2N}
\end{pmatrix}
\begin{pmatrix}
c_1^{(N)} \\
c_2^{(N)} \\
c_3^{(N)} \\
c_4^{(N)} \\
\vdots \\
c_N^{(N)}
\end{pmatrix}
= a^{-2}
\begin{pmatrix}
a^2 \\
0 \\
0 \\
0 \\
\vdots \\
0
\end{pmatrix}
$$

The solution for any $N$ and $k$ is

$$c_k^{(N)} = a^{-2} (-1)^{k+1} \frac{2(N!)^2}{k^2(N+k)!(N-k)!},$$

which gives

$$f''(x) + O(a^{2N}),$$

$$= c_0^{(N)} f(x) + a^{-2} \sum_{k=1}^{N} \frac{2(N!)^2(-1)^{k+1}}{k^2(N+k)!(N-k)!} \times [f(x + ka) + f(x - ka)],$$

where $c_0^{(N)}$ is taken to be

$$c_0^{(N)} = -2 \sum_{k=1}^{N} c_k^{(N)},$$

such that $f(x)$ drops out of the final result. Some examples of these approximations for $f''(x)$ are

\begin{align*}
(i) \ N &= 1, \\
&= \frac{1}{a^2} f_a(x) - \frac{2}{a^2} f(x),
\end{align*}

\begin{align*}
(ii) \ N &= 2, \\
&= -\frac{1}{12a^2} f_{2a}(x) + \frac{4}{3a^2} f_a(x) - \frac{5}{2a^2} f(x),
\end{align*}

\begin{align*}
(iii) \ N &= 3, \\
&= \frac{1}{90a^2} f_{3a}(x) - \frac{3}{20a^2} f_{2a}(x) + \frac{3}{2a^2} f_a(x) - \frac{49}{18a^2} f(x),
\end{align*}

\begin{align*}
(iv) \ N &= 4, \\
&= -\frac{1}{560a^2} f_{4a}(x) + \frac{8}{315a^2} f_{3a}(x) - \frac{1}{5a^2} f_{2a}(x) \\
&+ \frac{8}{5a^2} f_a(x) - \frac{205}{72a^2} f(x),
\end{align*}

where $f_{na}(x) \equiv f(x - na) + f(x + na)$.

The convergence of the Taylor series used to derive Eq. (10) may be in doubt when the improvement index $N$ is very large. However, this obscures the fact that the operator we are improving is very simple. It is just an approximation to the exact quadratic function, $p^2$, in momentum space. As we take $N \to \infty$, Eq. (10) uniformly converges to the exactly quadratic action in momentum space over the Brillouin zone. The exactly quadratic kinetic energy action is itself stable and well behaved, and we find no evidence of problems with numerical convergence or stability for the lattice actions in Eq. (10) for large $N$.

### C. Broken rotational invariance

The Hamiltonian of Eq. (1) is invariant under the spatial rotational group $SO(3)$. However, because the space of lattice points is only invariant under the cubic group $O$, any calculated $2J + 1$ multiplet of energy levels is split into subgroups belonging to different irreps of the cubic group. The number of levels in each representation can be determined by a group-theoretical analysis.

In Table I, we list the characters of the $O$ representations. The decomposition of the $SO(3)$ induced representation can be obtained by calculating the inner product of the character vectors in group space. The results for angular momenta up to $J = 8$ are shown in Table II. The splitting of each $2J + 1$ multiplet can be read from the corresponding column. For example, the three levels from the $J = 1$
TABLE I. Characters of the classes of the \( O \) group in different representations. \( A_1 \) through \( T_2 \) denote the irreps of the \( O \) group, and \( D^j \) with \( j \) integer is the reducible cubic representation induced by the \( 2j+1 \) dimensional \( \text{SO}(3) \) representation. The dimensionality of each \( \text{irrep} \) is given by \( g \). \( C_4(\pi/2) \) and \( C_2(\pi) \) denote the class of rotations around the fourfold axis by \( \pi/2 \) and \( \pi \), respectively. \( C_3 \) and \( C_3' \) denote the class of rotations around the three- and twofold axis, respectively. The dimensionality of each class is shown before the corresponding symbol.

<table>
<thead>
<tr>
<th>( D(O) )</th>
<th>( g )</th>
<th>( E )</th>
<th>( 3C_4(\pi) )</th>
<th>( 8C_3 )</th>
<th>( 6C_4(\pi) )</th>
<th>( 6C_5' )</th>
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<tbody>
<tr>
<td>( A_1 )</td>
<td>1</td>
<td>1</td>
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<td>1</td>
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<tr>
<td>( A_2 )</td>
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<td>1</td>
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<td>1</td>
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<tr>
<td>( E )</td>
<td>2</td>
<td>2</td>
<td>1</td>
<td>1</td>
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<td>1</td>
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<tr>
<td>( T_1 )</td>
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<tr>
<td>( T_2 )</td>
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The dimensionality of each irreducible representation is given by \( g \).

<table>
<thead>
<tr>
<th>( D(O) )</th>
<th>( g )</th>
<th>( D^0 )</th>
<th>( D^1 )</th>
<th>( D^2 )</th>
<th>( D^3 )</th>
<th>( D^4 )</th>
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</table>

TABLE II. Coefficients for decomposing the induced representations \( D^j \) in terms of the irreducible representations of the \( O \) group. The dimensionality of each irreducible representation is given by \( g \).

<table>
<thead>
<tr>
<th>( D(O) )</th>
<th>( g )</th>
<th>( D^0 )</th>
<th>( D^1 )</th>
<th>( D^2 )</th>
<th>( D^3 )</th>
<th>( D^4 )</th>
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<td>( A_1 )</td>
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<td>( T_1 )</td>
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<td>( T_2 )</td>
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</table>

multiplet do not split, while the five levels from the \( J = 2 \) multiplet assume a \( 2 + 3 \) structure.

In order to obtain the transformation matrices, we must specify the individual wave functions with good quantum numbers. In lattice calculations the angular momenta are no longer exactly conserved. Nevertheless, we can define the quantum number \( J_z \) through the relation

\[
R_z \left( \frac{\pi}{2} \right) = \exp \left( -i \frac{\pi}{2} J_z \right),
\]

where \( R_z(\pi/2) \) is a rotation around the \( z \) axis by \( \pi/2 \) which is an element of \( O \) group. In this case \( J_z \) are integers modulo 4. Since the eigenvalues of \( R_z(\pi/2) \) are not degenerate in any \( \text{irrep} \) of the cubic group, the levels in each representation can be distinguished unambiguously according to their respective \( J_z \) quantum numbers.

In Eq. (17) we show the decompositions of the first few \( (J \leq 3) \) \( \text{irreps} \) of the \( \text{SO}(3) \) group. Here we employ the spherical harmonics \( Y_{l,m} \), with \( l, m \) integers, as the basis. In each bracket the basis spanning the representation of the \( O \) group is listed. Note that only the functions with the same \( J_z \) (mod 4) are mixed.

\[
H_{J=0} = A_1[Y_{0,0}],
\]

\[
H_{J=1} = T_1[Y_{1,0}, Y_{1,\pm1}],
\]

\[
H_{J=2} = E \left[ \sqrt{\frac{1}{2}} Y_{2,2} + \sqrt{\frac{1}{2}} Y_{2,-2}, Y_{2,0} \right] \oplus T_2 \left[ \sqrt{\frac{1}{2}} Y_{2,2} - \sqrt{\frac{1}{2}} Y_{2,-2}, Y_{2,\pm1} \right],
\]

\[
H_{J=3} = A_2 \left[ \sqrt{\frac{5}{8}} Y_{3,3} + \sqrt{\frac{3}{8}} Y_{3,\pm1}, Y_{3,0} \right] \oplus T_1 \left[ \sqrt{\frac{5}{8}} Y_{3,\pm3} \right] \oplus T_2 \left[ \sqrt{\frac{5}{8}} Y_{3,\pm1} - \sqrt{\frac{3}{8}} Y_{3,\pm1}, \sqrt{\frac{1}{2}} Y_{3,2} + \sqrt{\frac{1}{2}} Y_{3,-2} \right].
\]

(17)

III. RESULTS AND DISCUSSION

A. The \( ^8\text{Be} \) nucleus

We note that the \( ^8\text{Be} \) nucleus is not bound. However, for the purposes of this analysis on bound state lattice calculations, we can artificially produce shallow \( ^8\text{Be} \) bound states by increasing \( V_0 \) by an amount 30% larger in magnitude than the value \( V_0 = -4.41 \text{ MeV} \) we quoted earlier. With this strengthened potential, the \( ^8\text{Be} \) nucleus has a ground state at \( E(0^+) = -10.8 \text{ MeV} \) and one excited state at \( E(2^+) = -3.3 \text{ MeV} \). These energies are measured relative to the \( a-a \) threshold. On the lattice, the \( 2^+ \) state splits into two multiplets corresponding to the \( E \) and \( T_2 \) representations of the \( O \) group. These splittings arise due to finite volume as well as lattice discretization effects.

We start with a small lattice spacing, \( a = 1.0 \text{ fm} \), where the lattice discretization errors should be small. The derivative improvement index is chosen to be \( N = 4 \), corresponding with Eq. (15). In the upper panel of Fig. 2, we show the calculated lowest \( 0^+ \) and \( 2^+ \) energy levels as functions of box size \( L \). For small \( L \), the \( 2^+ \) energy is pushed upward, while the \( 2^+ \) energy is pushed downward. The splitting between these two energies is shown explicitly in the lower panel of Fig. 2. Our results are consistent with the finite-volume energy shift formulas derived in Refs. [21,22]. As we increase the box size, these levels merge for \( L \geq 15 \text{ fm} \) and are consistent with the continuum infinite-volume result. This matches our expectation that lattice discretization errors are negligible at this small lattice spacing and the splittings are due only to finite-volume effects.

We now define a multiplet-averaged energy for the \( 2^+ \) state

\[
E(2^+_N) = \frac{2E(2^+_N) + 3E(2^+_1)}{5}.
\]

This is shown as a dashed line in the upper panel of Fig. 2. The weight factors 2 and 3 denote the number of members
for each cubic representation. This multiplet-averaged energy appears much closer to continuum infinite-volume result than either of the two individual branches, $E(2_+^m)$ and $E(2_+^f)$. Our definition for $E(2_+^m)$ is motivated by the fact that averaging over all elements of spin multiplets simplify the $L$ dependence of the finite-volume corrections for two-body bound states [21,22]. Especially, the averaged correction for the $2^+$ level assumes a simple exponential form [21],

$$E(2_+^m) - E(2_+^f) = 15|\gamma|^2 \frac{e^{-\kappa L}}{mL} + O(e^{-\sqrt{5}\kappa L}),$$  

(19)

where $\kappa = \sqrt{2m\tilde{E}}$ is the binding momentum. By averaging over the 5-fold energy levels, the angular degrees of freedom are integrated over and rotational invariance is approximately restored, resulting in better convergence of the energy level to the infinite-volume limit. In fact, the multiplet-averaged finite-volume energy correction has a simple universal form, where the sign of the correction alternates for even and odd $L$. We also note the more extensive finite-volume analysis of two-body systems in Ref. [26] for different values of spin, isospin, and angular momentum.

In some cases it is also useful to consider the multiplet-averaged excitation gap,

$$E_{ex}(2^+) = E(2_+^m) - E(0^+),$$  

(20)

to help cancel similar errors in the $0^+$ and $2^+$ levels due to the finite box size. In the lower panel of Fig. 2, these results are depicted by filled circles. We see that $E_{ex}(2^+)$ converges faster to its infinite-volume limit than the energy splitting,

$$\Delta E(2^+) = |E(2_+^m) - E(2_+^f)|.$$  

(21)

We have used the absolute value in this definition of the splitting simply for convenience in plotting. A box size of $L = 10$ fm is large enough for an estimation of the excitation energy $E_{ex}(2^+)$ with error less than 100 keV, while the $\Delta E(2^+)$ energy splitting still exceeds 1 MeV.

Next, let us turn our attention to systematic errors due to nonzero lattice spacing. In Fig. 3, we show the $0^+$ and $2^+$ levels, $E(2_+^m)$, $E_{ex}(2^+)$, and $\Delta E(2^+)$ as a function of the lattice spacing $a$. In all cases the box size $L$ is taken to be $L = 15$ fm and the derivative improvement index is $N = 4$. For $a \leq 1.0$ fm, the two branches $E(2_+^m)$ and $E(2_+^f)$ merge, and for larger $a$ they split apart and show some oscillations. For $a \geq 2.5$ fm the splittings are as large as 10 MeV.

![FIG. 2 (color online). Upper panel: Lowest $0^+$ and $2^+$ levels of $^8$Be nucleus versus box size. The lattice spacing $a$ is fixed at 1.0 fm with lattice improvement index $N = 4$. The $2^+$ states split into two multiplets $2_+^m$ (down triangles) and $2_+^f$ (up triangles) corresponding to different representations of the $O$ group. The dashed line represents the weighted averaged value $E(2_+^m)$. Lower panel: The energy splitting $\Delta E(2^+)$ (open circles) and the average excitation gap $E_{ex}(2^+)$ (full circles) versus box size. The dotted line shows the continuum infinite-volume limit result for $E_{ex}(2^+)$.

![FIG. 3 (color online). Upper panel: Lowest $0^+$ and $2^+$ levels of $^8$Be nucleus versus lattice spacing with lattice improvement index $N = 4$. The box size $L$ is kept larger than 15 fm to remove finite-volume effects. The dashed line represents the weighted averaged value $E(2_+^m)$. Lower panel: The energy splitting $\Delta E(2^+)$ (open circles) and the average excitation gap $E_{ex}(2^+)$ (full circles) versus lattice spacing. The dotted line shows the continuum infinite-volume limit result for $E_{ex}(2^+)$.](034507-5)
The energy splitting $\Delta E(2^+)$ in the lower panel of Fig. 3 is not a monotonic function of $a$. We can observe two zeros near $a = 1.5$ fm and 2.2 fm when the two branches $E(2_E^+)$ and $E(2_E^1)$ cross. For $a \leq 1.0$ fm the splitting is negligible. For $1.0 \leq a \leq 1.5$ fm, the $2_E^1$ is higher than the $2_E^0$. However, in the region $1.5 \leq a \leq 2.2$ fm, the order is reversed with the $2_E^1$ being lower than the $2_E^0$. Then for $a \geq 2.2$ fm, the $2_E^0$ is once again lower and the splitting increases monotonically. We have calculated the expectation value of the potential energy for these states, and we find that the oscillatory behavior in the total energy behavior is due to oscillations in the potential energy.

We can explain the underlying physics with a simple analogy. Consider a 1D lattice with one particle in a parabolic potential. Let the minimum of the parabola be at the point $x$, which may or may not correspond with a lattice point. When $x$ coincides with a lattice point, the energy of the particle is minimized, and when $x$ is halfway between lattice sites the energy is maximized. This situation is similar to our 3D lattice calculations and rotational symmetry breaking. In our case the angular distributions of the wave functions are prescribed by the rotational quantum numbers.

In Fig. 4, we show the calculated probability distributions for the $2_E^0$ states with $J_z = 0, 2$ and the $2_E^2$ states with $J_z = 1, 3$ and 2. The $2_E^0$ relative-coordinate wave functions are concentrated along the coordinate axes. On the other hand, the $2_E^2$ relative-coordinate wave function for $2_E^0$ tends to align along the coordinate diagonals. Hence the $2_E^0$ energy is lowered when the potential energy minimum coincides with lattice separations along the coordinate axes, and the $2_E^2$ energy for $J_z = 2$ is lowered when the potential energy minimum coincides with lattice separations along the coordinate diagonals. The same analysis also applies to the $J_z = 1, 3$ by cubic symmetry.

The most probable separation distance between the particles in the continuum limit gives an estimate for locating the potential energy minimum. This is in fact a somewhat better definition as it incorporates the effects of zero point motion due to the kinetic energy.

In the continuum infinite-volume limit, the average distance between the $\alpha$ particles is $d \approx 2.9$ fm in all the $2^+$ states considered here. Therefore we expect the $2_E^0$ energy to be minimized when the average separation distance $d$ is commensurate with distances between lattice points along the coordinate axes. This corresponds with minima for lattice spacings $a = d/N$ for integer $N$, or $a \approx 2.9$ fm, 1.45 fm, etc., and maxima in between these values. This is a good description of what is seen in Fig. 3.

Similarly we expect the $2_E^2$ energy to be minimized when the average separation distance $d$ is commensurate with distances between lattice points along the $(\pm e_i \pm e_j)/\sqrt{2}$ diagonal directions for $i \neq j$. This corresponds with minima for lattice spacings $a = d/(\sqrt{2N})$ for integer $N$, or $a \approx 2.05$ fm, 1.03 fm, and maxima in between these values. This is also a good description of what is seen in Fig. 3.

We now consider the usefulness of improved lattice actions in reducing discretization errors. In this analysis we only consider improvements to the lattice dispersion.
relations and keep the same functional form for the interaction inherited from our smooth continuum potential. For calculations with short-range interactions such as cutoff-dependent contact interactions, one should also consider improvements to these short-range interactions. This would lead to an improvement program similar to that in Ref. [17]. However, there are practical reasons for restricting our attention here to improvements of the lattice dispersion relation. In ab initio nuclear simulations the α clusters are built from protons and neutrons. Therefore the details of the interactions between α clusters are difficult to compute and difficult to control via the underlying lattice action of the nucleons. However, it is much easier to measure the α dispersion relation and even to modify the α dispersion relation via the underlying nucleon lattice dispersion relation. This is why in this analysis we consider only improvements to the lattice dispersion relations.

In Fig. 5, we show the 0+ and 2+ levels, $E(2^+_N)$, $E_{ex}(2^+_N)$, and $\Delta E(2^+)$ as a function of the derivative improvement index $N$ for lattice spacings $a = 1.0, 1.6, 2.0, 2.5$ fm. In all cases the box size $L$ is taken to be $L \geq 15$ fm. In the lower panel of each subfigure, the dotted line shows the continuum infinite-volume limit result for $E_{ex}(2^+)$. For $a = 1.0$ fm, the splitting $\Delta E(2^+)$ is negligible and the excitation gap $E_{ex}(2^+)$ is nearly indistinguishable from the continuum value for $N \geq 3$. For the case of $a = 1.6$ fm, the excitation gap $E_{ex}(2^+)$ reaches a plateau with increasing $N$ close to the continuum result. The splitting $\Delta E(2^+)$ also converges with increasing $N$ to a small nonzero value. Although the small errors in $E_{ex}(2^+)$ and $\Delta E(2^+)$ are not completely eliminated by the use of higher-order lattice actions for the kinetic energy, the results are clearly much more reliable with the improved actions $N$. We expect that the remaining discretization errors can be completely removed by including lattice improvements to the interaction also.

It is now interesting to observe what happens for larger lattice spacings. For $a = 2.0$ fm and $a = 2.5$ fm, the splitting $\Delta E(2^+)$ in fact increases as a function of $N$. This reflects the fact that lattice improvements to the interaction must also be included to see systematic improvement with $N$. However, these missing improvements to the interaction are not so important for the average excitation gap $E_{ex}(2^+)$. The error of the averaged excitation energy $E_{ex}(2^+)$ is monotonically decreasing function of $N$.

**FIG. 6** (color online). Upper panel : Lowest $0^+$ and $2^+$ levels of $^{12}$C nucleus versus box size. The lattice spacing $a$ is fixed at 1.2 fm with lattice improvement index $N = 4$. The $2^+$ states split into two multiplets $2^+_1$ (down triangles) and $2^+_2$ (up triangles) corresponding to different representations of the $O$ group. The dashed line represents the weighted averaged value $E(2^+_N)$. Lower panel : The energy splitting $\Delta E(2^+)$ (open circles) and the average excitation gap $E_{ex}(2^+)$ (full circles) versus box size $a = 1.0, 1.6, 2.0, 2.5$ fm. The dotted line shows the continuum infinite-volume limit result for $E_{ex}(2^+)$. The error of the averaged excitation energy $E_{ex}(2^+)$ is monotonically decreasing function of $N$.
and comes very close to the continuum value, with an error of about 0.5 MeV at $a = 2.5$ fm. This suggests that the process of calculating multiplet-averaged excitation gaps with improved lattice discretization actions can significantly decrease lattice discretization errors even at large lattice spacing.

**B. The $^{12}$C nucleus**

For the $^{12}$C nucleus, we will use the potentials in Eqs. (2) and (3) without any modification to $V_0$ and include the three-body interaction in Eq. (4) to get the physical ground-state binding energy. We now go through the same analysis that we applied to $^8$Be. In the upper panel of Fig. 6, we show the calculated lowest $0^+$ and $2^+$ energy levels with a small fixed lattice spacing of $a = 1.2$ fm versus box size $L$. As we found for $^8$Be, the $2^+$ states split into two multiplets, $2^+_0$ (down triangles) and $2^+_1$ (up triangles) corresponding to different representations of the $O$ group. Therefore we make the analogous definitions for the weighted average $E(2^+_1)$, multiplet splitting $\Delta E(2^+)$, and average excitation gap $E_{\text{ex}}(2^+)$. 

In the lower panel we show the energy splitting $\Delta E(2^+)$ and the average excitation gap $E_{\text{ex}}(2^+)$ versus box size. The dotted line shows the continuum infinite-volume limit result for $E_{\text{ex}}(2^+)$. In this case, the lattice errors become negligible for $L \geq 18$ fm. In what follows, we set the box size to $L \geq 18$ fm so that the errors are dominated by lattice discretization effects.

In Fig. 7, we show the $0^+$ and $2^+$ levels of $^{12}$C, $E(2^+_0)$, $E_{\text{ex}}(2^+)$, and $\Delta E(2^+)$ as functions of the lattice spacing $a$ for derivative improvement index $N = 4$. The results are similar to what we found for $^8$Be, and can be interpreted along similar lines. As note in Ref. [46], the $\alpha$ clusters in the $0^+$ and $2^+$ states form a compact triangular geometry. The oscillations in energy as a function lattice spacing are due to commensurability of the underlying lattice mesh with this triangular structure. For example, at $a = 1.5$ fm and $a = 3.0$ fm (not shown), the $2^+_0$ level has a minimum because in this case, two pairs of $\alpha - \alpha$ separations in the three-$\alpha$ system are commensurate with lattice points along the coordinate axes. We note also that average excitation gap $E_{\text{ex}}(2^+)$ is surprisingly accurate even for large lattice spacings. The error is less than 1 MeV for lattice spacings $a < 2.7$ fm.

In Fig. 8, we show the $0^+$ and $2^+$ levels of $^{12}$C, $E(2^+_1)$, $E_{\text{ex}}(2^+)$, and $\Delta E(2^+)$ as functions of the derivative improvement index $N$ for lattice spacings $a = 1.2$, 1.6, 2.0, 2.5 fm. In all cases the box size $L$ is taken to be

**FIG. 7 (color online).** Upper panel: Lowest $0^+$ and $2^+$ levels of $^{12}$C nucleus versus lattice spacing with lattice improvement index $N = 4$. The box size $L$ is kept larger than 18 fm to remove finite-volume effects. The dashed line represents the weighted averaged value $E(2^+_1)$. Lower panel: The energy splitting $\Delta E(2^+)$ (open circles) and the average excitation gap $E_{\text{ex}}(2^+)$ (full circles) versus lattice spacing. The dotted line shows the continuum infinite-volume limit result for $E_{\text{ex}}(2^+)$. 

**FIG. 8 (color online).** Upper panels of each subfigure: Lowest $0^+$ and $2^+$ levels of $^{12}$C nucleus versus lattice spacing for improvement index $N$ for lattice spacings $a = 1.2$, 1.6, 2.0, 2.5 fm. The box size $L$ is kept larger than 18 fm to remove finite-volume effects. The dashed lines represent the weighted averaged value $E(2^+_1)$. Lower panels of each subfigure: The energy splitting $\Delta E(2^+)$ (open circles) and the average excitation gap $E_{\text{ex}}(2^+)$ (full circles) versus lattice improvement index $N$ for lattice spacings $a = 1.2$, 1.6, 2.0, 2.5 fm. The dotted line shows the continuum infinite-volume limit result for $E_{\text{ex}}(2^+)$. 

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$L \geq 18$ fm. In the lower panel of each subfigure, the dotted line shows the continuum infinite-volume limit result for $E_{\text{ex}}(2^+).$ The results are qualitatively similar to those for the $^8$Be nucleus. Although the errors in $E_{\text{ex}}(2^+)$ and $\Delta E(2^+)$ are not eliminated by the use of higher-order lattice actions for the kinetic energy, the results are clearly more accurate when using the improved actions. As we found in the $^8$Be system, the fact that we are not including improvements to the interaction seem not so important for the average excitation gap $E_{\text{ex}}(2^+).$ The error of the average excitation energy $E_{\text{ex}}(2^+)$ for $N \geq 3$ comes very close to the continuum value, with an error of less than 0.5 MeV for all lattice spacings considered. This process of calculating multiplet-averaged excitation gaps with improved dispersion actions can be used to decrease lattice discretization errors even at large lattice spacing.

Our results are examined for $J = 2$ orbits in both two-$\alpha$ and three-$\alpha$ systems. It is straightforward to extend them to high-$J$ levels and clustering systems with more $\alpha$ particles. Furthermore, they can be applied to \textit{ab initio} calculations based on effective field theories with lattice simulations. For example, the various branches from high-$J$ orbits may obey the rule discussed in this paper and the weighted average energy levels can serve as rather good approximations for the converged ones.

**IV. SUMMARY AND DISCUSSION**

In any lattice calculation, finite-volume effects and lattice discretization errors can induce unphysical shifts of energy levels. Furthermore, the degeneracy of multiplets with the same angular momentum can be broken according to various representations of the cubic group. In this paper, we have employed an $\alpha$ cluster model in order to investigate the dependence of the unphysical splittings on the volume and the lattice spacing. We have shown that for both the $^8$Be and $^{12}$C nuclei, the splitting of the $2^+$ states depends on the lattice spacing and the intrinsic length scales in the system.

The energy for a given cubic representation is minimized when the natural separation between particles is commensurate with the separation between lattice points along the preferred lattice directions.

We have also shown that calculating multiplet-averaged excitation gaps with improved dispersion actions can be used to reduce both finite-volume effects and lattice discretization errors, even at large lattice spacing. We have only considered $J = 0$ and $J = 2$ states and anisotropic actions, but we expect that our analysis should also apply to other values of $J$ and general isotropic actions. This will be investigated in detail in future work [55].

Although we considered a simple $\alpha$ cluster model in our analysis, the results should have immediate applications for \textit{ab initio} simulations of nuclei. In systems where $\alpha$ clusters are believed to be an important part of the nuclear structure, one can measure the $\alpha$ dispersion relation. Then, if necessary, one can try to correct for errors in the $\alpha$ dispersion relation via the underlying nucleon lattice dispersion relation. The lesson we draw out of the analysis here, is that doing this may improve the spectrum of larger nuclei composed of $\alpha$ clusters. Also, the process of calculating multiplet averages and excitation gaps is straightforward, and this should certainly be considered when possible in future \textit{ab initio} lattice simulations.

**ACKNOWLEDGMENTS**

We thank Thomas Luu and Yusuke Tanimura for helpful discussions. We acknowledge partial financial support from the Deutsche Forschungsgemeinschaft (Sino-German CRC 110), the Helmholtz Association (Contract No. VH-VI-417), BMBF (Grant No. 05P12PDTFE), the U.S. Department of Energy (DE-FG02-03ER41260), by the EU HadronPhysics3 project and the Magnus Ehrnrooth Foundation of the Finnish Society of Sciences and Letters.
