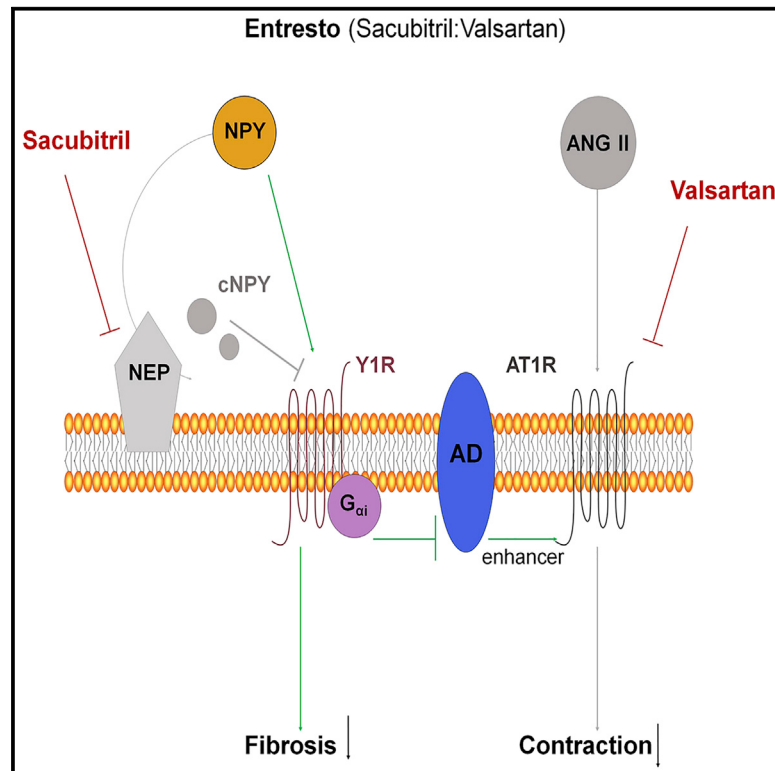


Neprilysin-dependent neuropeptide Y cleavage in the liver promotes fibrosis by blocking NPY-receptor 1

Graphical abstract



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In brief

Neprilysin is upregulated in fibrosis and activated hepatic stellate cells (HSCs). *Nep*^{-/-} reduced fibrosis due to increased levels of neuropeptide Y. Ortiz et al. describe a new player in fibrosis and deliver the molecular rationale for combined neprilysin and angiotensin inhibition as treatment of human liver fibrosis with portal hypertension.

Highlights

- Proteolysis of NPY by NEP promotes liver fibrosis via NPY₁ receptor blockade in HSCs
- In the liver, NPY enhances contraction induced by AT1R stimulation
- Administration of Entresto decreases liver fibrosis and portal pressure



Article

Nepriylsin-dependent neuropeptide Y cleavage in the liver promotes fibrosis by blocking NPY-receptor 1

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SUMMARY

Development of liver fibrosis is paralleled by contraction of hepatic stellate cells (HSCs), the main profibrotic hepatic cells. Yet, little is known about the interplay of nepriylsin (NEP) and its substrate neuropeptide Y (NPY), a potent enhancer of contraction, in liver fibrosis. We demonstrate that HSCs are the source of NEP. Importantly, NPY originates majorly from the splanchnic region and is cleaved by NEP in order to terminate contraction. Interestingly, NEP deficiency (*Nep*^{−/−}) showed less fibrosis but portal hypertension upon liver injury in two different fibrosis models in mice. We demonstrate the incremental benefit of *Nep*^{−/−} in addition to AT1R blocker (ARB) or ACE inhibitors for fibrosis and portal hypertension. Finally, oral administration of Entresto, a combination of ARB and NEP inhibitor, decreased hepatic fibrosis and portal pressure in mice. These results provide a mechanistic rationale for translation of NEP-AT1R-blockade in human liver fibrosis and portal hypertension.

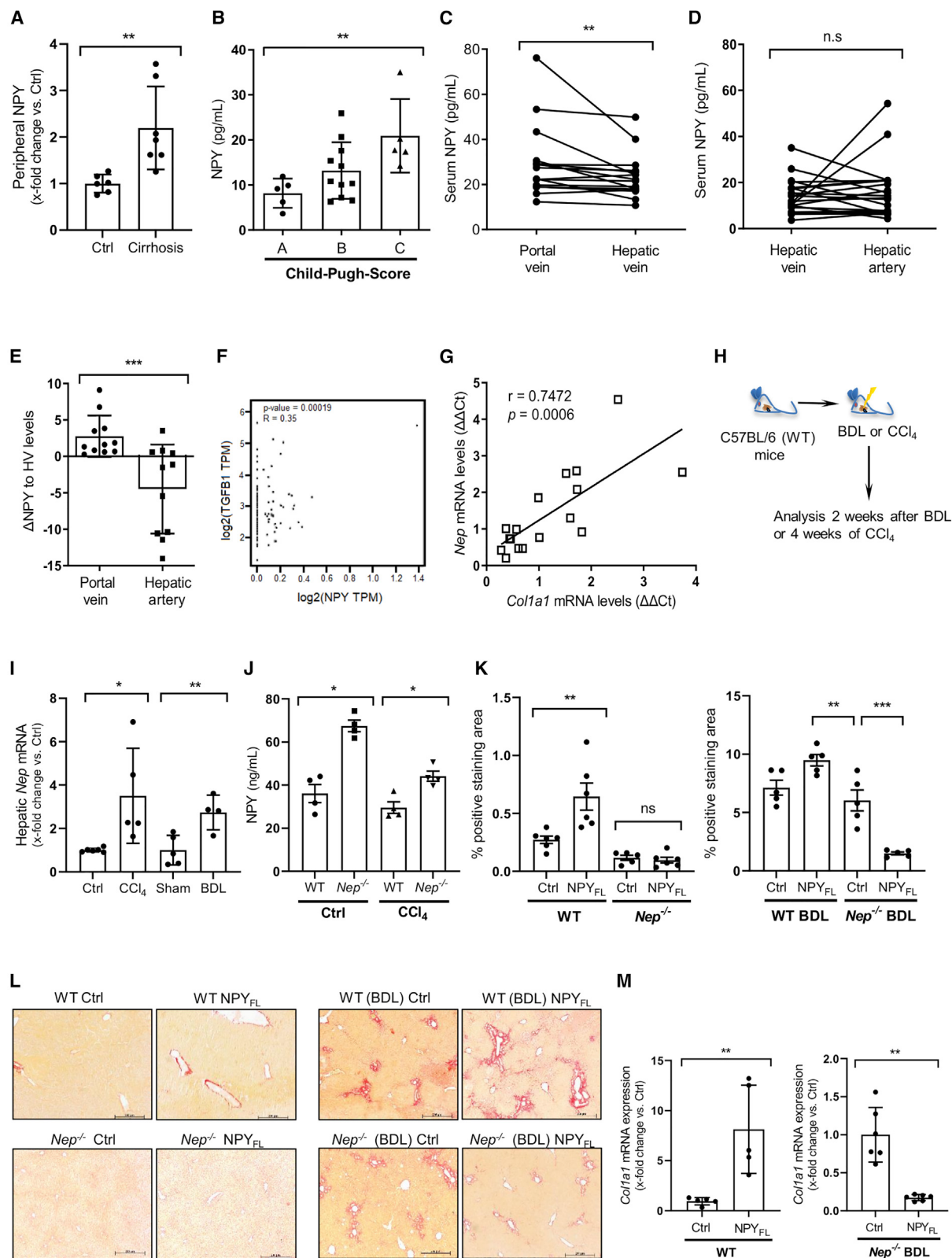
INTRODUCTION

Fibrosis is a common pathological feature of most chronic diseases, and it has a major impact on morbidity and mortality.¹ Progressive liver fibrosis is the main reason for development of portal hypertension and severe complications, such as ascites and variceal bleeding.² Hepatic stellate cells (HSCs) are crucially involved in fibrosis and portal hypertension since activated HSCs deposit extracellular matrix and contract.³ Neurohumoral vasoconstrictor systems, such as the renin-angiotensin system⁴ and the endothelin system,⁵ can activate HSCs and aggravate fibrosis and portal hypertension.⁶ Angiotensin-converting

enzyme (ACE) and angiotensin II (Ang II) levels, in particular, are dramatically upregulated⁷ and mainly involved in HSC activation and fibrosis.^{8,9} To date, strategies to blunt fibrosis or portal hypertension using Ang II receptor, type 1 (AT1R) blocker or ACE inhibitors have failed in the clinical setting, indicating the complexity of these two processes.¹⁰

Neuropeptide Y (NPY), a 36-amino-acid peptide, has been described as an enhancer of contraction mediated by AT1R and α 1 adrenoceptor. Interestingly, NPY is also a potent enhancer of contraction in extrahepatic vessels in cirrhosis, which are known to be hypocontractile.¹¹ However, NPY does not appear to elicit increased hepatic vasoconstriction in





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cirrhosis, possibly due to the degradation of NPY in the liver via endopeptidases, such as neprilysin (NEP).¹² In addition dipeptidylpeptidase 4 (DPP4) and fibroblast activation protein (FAP) have been described to degrade NPY.^{13,14}

The present study demonstrates that systemic levels of NPY increase with increased severity of liver disease and that NPY reaches the liver via portal circulation.¹⁵ However, in the presence of NEP, which also increases in the liver in line with liver fibrosis severity, NPY is degraded to fragments that block NPY1 receptor (Y1R) in HSCs and in turn induce fibrosis. NEP deficiency blunts fibrosis but aggravates portal hypertension, which can be decreased by AT1R blockers and ACE inhibitors. Thus, combinations of NEP inhibitors with AT1R blockers or ACE inhibitors decreased fibrosis as well as portal pressure. As a translational approach, oral administration of Entresto (sacubitril/valsartan) to two different mice models of metabolic liver fibrosis showed that simultaneous inhibition of NEP and AT1R decreases fibrosis as well as portal pressure in the liver.

RESULTS

NPY protein is degraded in the liver, and its levels are associated with severity of chronic liver disease

Since the vasoconstrictor NPY may play a substantial role in the hyperdynamic circulation during cirrhosis,¹¹ we analyzed NPY protein levels in different vascular compartments in human cirrhosis. First, ELISA analysis demonstrated that in the peripheral circulation, NPY serum levels were increased in cirrhotic patients compared with healthy individuals (Figure 1A). Moreover, serum NPY levels increased with increasing severity of liver disease, as indicated by the Child-Pugh score (Figure 1B). To investigate the source of NPY, we compared circulating NPY from the portal vein (PV) (inflow to the liver) and the hepatic vein (HV) (outflow out of the liver) in samples from both compartments taken simultaneously in 16 patients with alcoholic liver cirrhosis and found that, compared with HV levels, serum NPY levels were increased to levels found in PV (Figure 1C). Next, NPY levels from the hepatic artery (HA) were compared with levels found in the HV by analyzing samples also collected simultaneously in both compartments from a further 21 patients

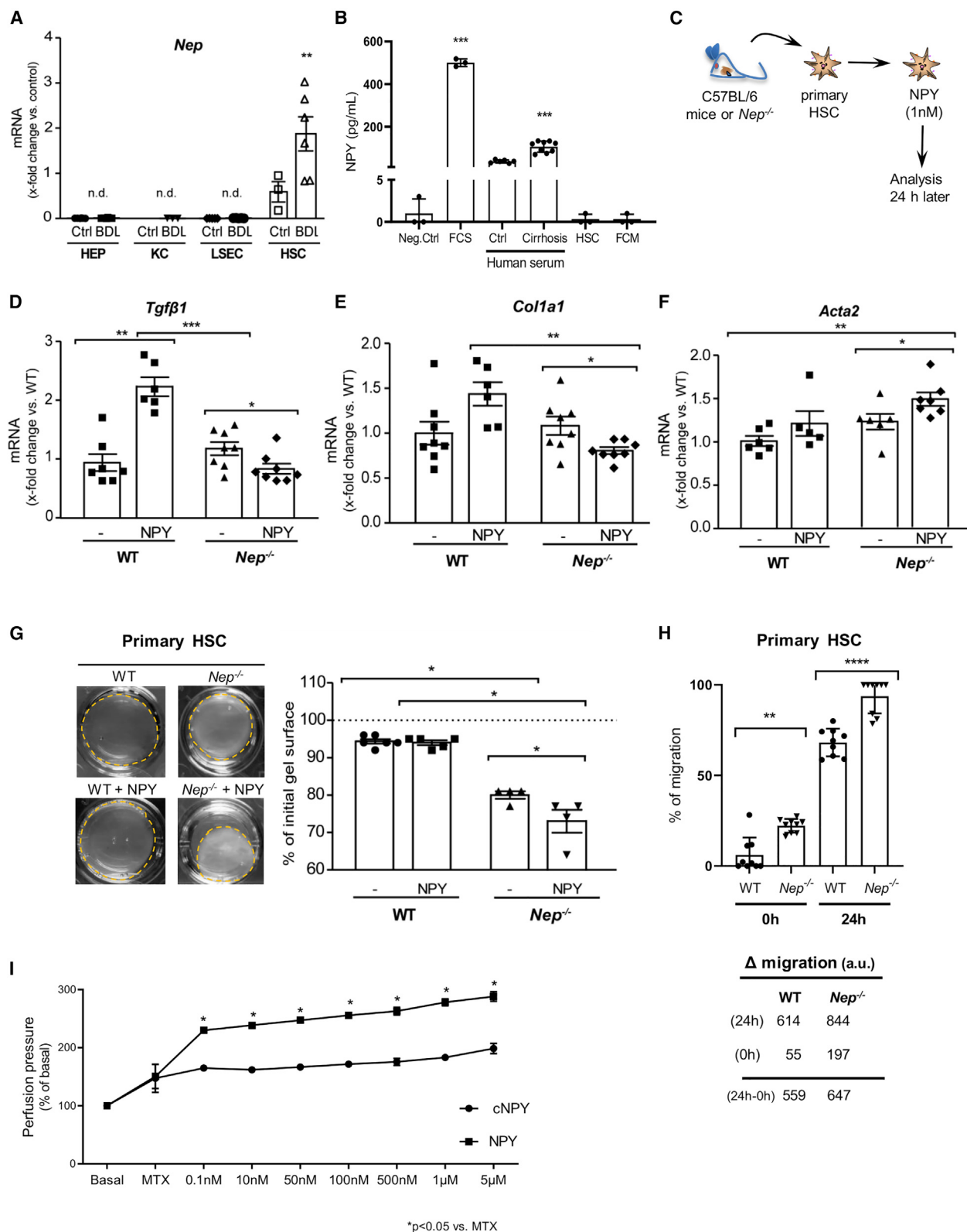
(Figure 1D). We found no significant difference in NPY levels between these two compartments. Overall, the gradient of NPY levels over liver (PV-HV) was significantly higher than the gradient of the rest of the body (HA-HV) (Figure 1E), suggesting that most of the NPY derives from the gastrointestinal tract (as described by Dietrich et al.¹⁶) and reaches the liver through the PV and that it may be degraded to some extent, as suggested by the lower levels in the liver outflow. Independently, *in silico* analysis of human liver tissue showed a highly statistically significant direct correlation between the mRNA levels of *NPY* and the fibrosis marker *TGFB1* (Figure 1F).

NEP is described as a degrading enzyme of NPY.¹² mRNA from hepatic *Nep* correlated with mRNA levels of *Col1a1*, the key marker of fibrosis, in a further 17 patients with different stages of liver fibrosis ($r = 0.742$, $p = 0.0006$), demonstrating that in humans, *Nep* expression is strongly associated with severity of liver fibrosis (Figure 1G). Further analysis of NEP levels and portal hypertension in 125 cirrhosis patients showed that the expression of NEP enzyme does not correlate with the portal pressure (Figure S1A). These results underline the fact that NEP may be involved in promoting distinct mechanisms toward fibrosis and portal hypertension.

Hepatic *Nep* expression could be reproduced in two well-known mouse models of liver fibrosis. *Nep* mRNA levels were significantly induced 2 weeks after bile duct ligation (BDL) or 4 weeks after CCl₄ intoxication in wild-type (WT) mice compared with their respective controls (Figures 1H and 1I). Moreover, NPY protein levels were higher in the livers of *Nep*^{-/-} compared with WT in control and fibrotic mice (Figures 1J and S1B). To investigate the role of NPY in fibrosis, we injected the full-length NPY (NPY_{FL}) in WT mice and *Nep*^{-/-} as well as WT and *Nep*^{-/-} mice after BDL operation. Sirius red staining was performed to assess the fibrotic phenotype of these livers (Figures 1K and 1L). The differences on collagen induction were quantified showing important differences when NPY_{FL} was administrated. Furthermore, we analyzed hepatic mRNA levels of *Col1a1*, which were significantly increased when NPY_{FL} was administrated. On the contrary, when the NPY_{FL} was administrated to *Nep*^{-/-} mice after strong profibrotic stimuli (BDL), mRNA levels of *Col1a1* were significantly reduced (Figure 1M).

Figure 1. NPY levels correlate with liver disease in mice and in human hepatic cirrhosis

- (A) Serum NPY ELISA from control and cirrhotic patients undergoing transjugular intrahepatic portosystemic shunt (TIPS) treatment, $n = 7$ (TIPS-group, cirrhotic patients) and $n = 6$ (controls), $^{**}p < 0.02$ for cirrhotic patients vs. healthy individuals (absolute values).
- (B) Serum NPY ELISA in cirrhotic patients shows increased NPY in Child-Pugh class C compared with Child-Pugh class A patients, $n = 5$ per group, $^{*}p < 0.05$ for Child-Pugh class C vs. Child-Pugh class A cirrhotic patients. Results are expressed as mean $\pm$ standard error of the mean (SEM).
- (C) Serum NPY ELISA from portal vein (PV, hepatic inflow) and hepatic vein (HV, hepatic outflow) in TIPS patients, $n = 16$ per group, $^{**}p < 0.02$ for PV vs. HV.
- (D) Serum NPY ELISA from hepatic vein (HV) and hepatic artery (HA) in $n = 21$ per group, n.s. (not significant).
- (E) NPY levels compared with portal vein and hepatic artery, $^{***}p < 0.001$.
- (F) *In silico* analysis of hepatic mRNA *NPY* levels compared with *TGFB1* expression in human liver tissues.
- (G) Hepatic *Nep* and *Col1A1* mRNA expression in patients with chronic liver disease; number of XY pairs = 17, $r = 0.7472$, $p = 0.0006$.
- (H and I) Hepatic *Nep* mRNA expression from bile duct ligation (BDL)-treated and CCl₄-treated WT (C57BL/6) mice for 2 and 4 weeks, respectively, $^{**}p < 0.02$ for BDL- or CCl₄-treated vs. corresponding control mice. Data were normalized to the expression of 18S RNA.
- (J) Liver homogenates NPY ELISA from WT and *Nep*^{-/-} mice, control vs. CCl₄, $^{*}p < 0.05$.
- (K) Morphometric analysis of Sirius red staining of livers from WT mice compared with *Nep*^{-/-} with and without NPY_{FL} (left panel) and WT BDL mice vs. *Nep*^{-/-} BDL with and without NPY_{FL} (right panel). $n = 5$ per group, $^{**}p < 0.01$, $^{***}p < 0.001$, and n.s. (non-significant).
- (L) Liver sections stain with Sirius red. Scale bar: 200 μ m.
- (M) *Col1A1* mRNA expression of WT mice comparing non-treated controls vs. animals that were injected with full-length NPY, $^{**}p < 0.01$. *Col1A1* mRNA expression of *Nep*^{-/-} mice after profibrotic stimuli (BDL) comparing control vs. *Nep*^{-/-} after injecting full-length NPY, $^{**}p < 0.01$. Data were normalized to the expression of 18S RNA.



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Altogether, our results demonstrate that NPY, depending on the presence or absence of NEP enzyme, may control fibrosis in mice. Therefore, it is important to understand the hepatic cell type that expresses NEP.

NEP-mediated proteolysis of NPY uncouples the contractile and profibrotic response of HSCs

Cellular distribution of NEP in primary liver cells revealed that the hepatic expression of *Nep* is exclusively observed in HSCs, with a further increase after their activation *in vivo* (after BDL). In hepatocytes, Kupffer cells, or liver sinusoidal endothelial cells, NEP was not detected (Figure 2A). This is not surprising since HSCs are the main profibrotic and contractile cells in liver fibrosis. By contrast, the amount of NPY released by HSCs was negligible compared with levels in fetal calf serum (FCS) assessed by ELISA analysis in media conditions of quiescent or activated HSCs (Figure 2B), and it was much higher than in hepatocytes, as shown recently.¹⁷ Results showed a 500-fold increase of NPY levels in FCS compared with activated HSC-conditioned medium (FCM) and HSC quiescence-conditioned medium. Therefore, HSCs, whether quiescent or activated, do not express large amounts of NPY. These results paralleled the ones obtained in the Human Liver proteome database (Figure S3A). We analyzed the relative abundance of NPY protein among the different hepatic cell types, which confirms that the HSCs are the cells in which NPY is almost undetectable.

To investigate the role of NPY and its relationship with NEP, WT, and *Nep*^{−/−} HSCs were treated with recombinant NPY (Figure 2C) after dose-finding experiments (Figure S2A). The mRNA levels of fibrosis markers *Tgfb1* and *Col1a1* increased in the presence of NPY in control WT HSCs. In the absence of NEP (*Nep*^{−/−}), *Tgfb1* as well as *Col1a1* mRNA levels decreased after incubation with NPY. This suggests that NPY acts in a profibrotic manner in the presence of NEP (Figures 2D and 2E). As described before *in vivo*, similar profibrotic phenotype was observed *in vitro*.

During fibrogenesis, activation of HSCs is accompanied by α -smooth muscle actin (α -SMA) expression. Therefore, we investigated the role of NPY cleavage by NEP in the contractile phenotype of HSCs by measuring *Acta2* mRNA levels (Figure 2F). In the absence of NEP, NPY induced *Acta2* expression

compared with the WT control. Primary HSCs were cultured on collagen gels and treated with physiological concentrations of NPY.¹⁸ In primary mouse HSCs, NPY induced more HSC contraction in *Nep*^{−/−} than in WT, as assessed by a decrease of gel surface (Figure 2G). To elucidate the signaling by which NPY increases contraction in *Nep*^{−/−} HSC, we investigated one key player in this process,^{11,19} namely ROCK (regulator of contractile turn) and the readout for its activity, which is phosphorylated moesin (p-moesin), in primary WT and *Nep*^{−/−} HSCs treated with NPY (Figure S3B). As such, ROCK protein and p-moesin expression detected by western blot were increased in *Nep*^{−/−} and increased further after NPY incubation compared with WT cells. In the presence of NEP, NPY seems to induce not only contraction (Figure 2G) but also contractile phenotype (Figure S3B). To further characterize this increase, a migration assay was performed (Figure 2H). After 24 h, *Nep*^{−/−} HSCs migrated faster than the WT. This result confirms that *Nep*^{−/−} HSCs are, in addition to being contractile, more migrative, which explains why they express more α -SMA. Consequently, presence of NEP might prevent NPY-induced contraction and migration in HSC, which may be explained by proteolysis of NPY. Moreover, in order to test a direct intrahepatic vasoconstrictive effect of NPY and cNPY, we performed isolated *in situ* liver perfusion in cirrhotic rats. NPY was administered at increasing doses after initial pre-contraction with the α -adrenergic agonist methoxamine (Figure 2I). Thus, NPY, but not cNPY, significantly increased hepatic vascular resistance in a dose-dependent fashion.

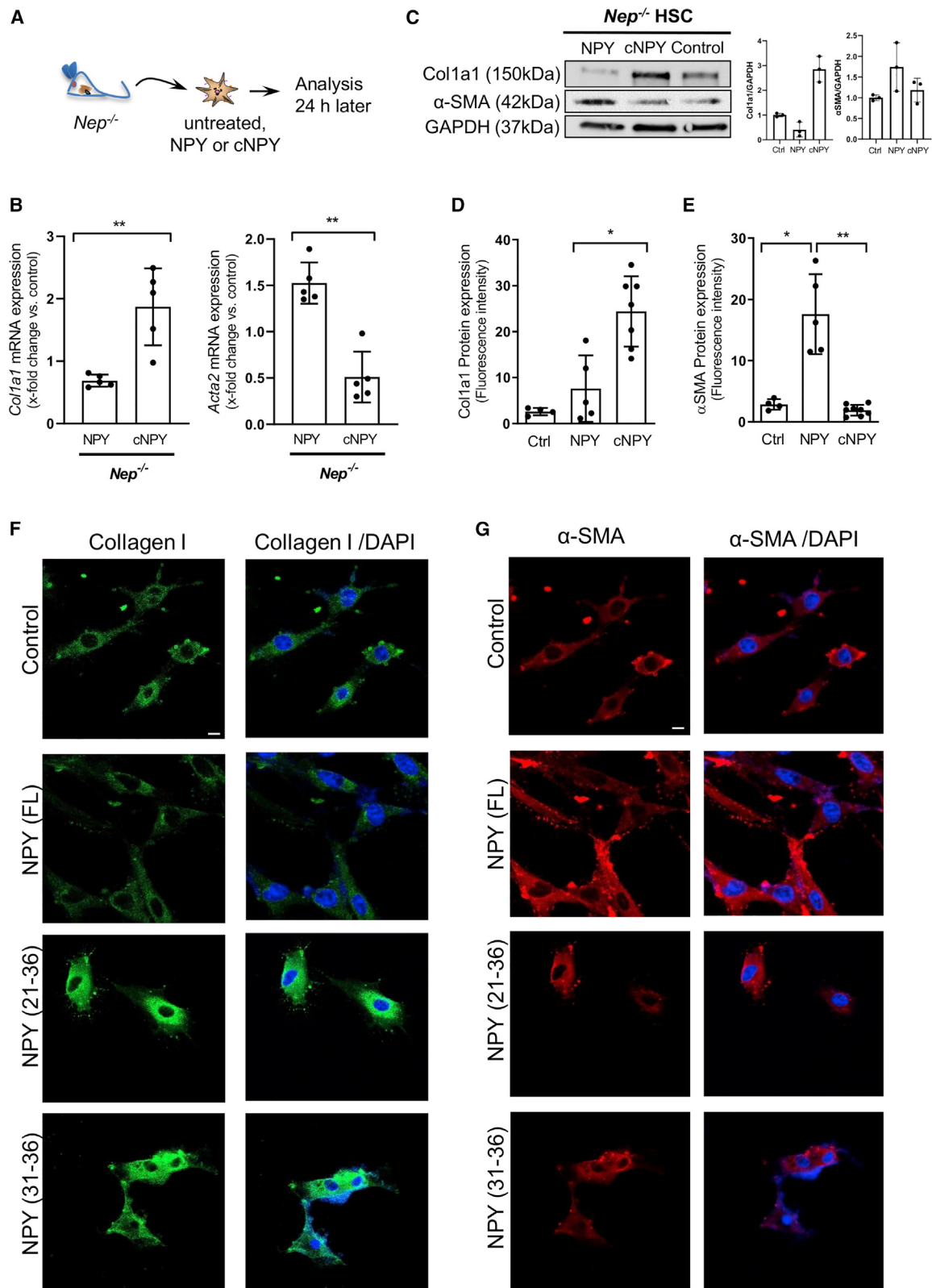
In conclusion, we can demonstrate that NPY induces contraction *in vitro*, as shown by HSC contraction assay, and *in situ*, as shown by isolated liver perfusion.

NPY cleavage mediated by NEP induces fibrogenesis in HSCs

It is tempting to assume that NPY cleavage by NEP generates profibrotic fragments acting on HSCs. Therefore, NPY *in vitro* cleavage by NEP was performed as previously described.¹⁸ Primary *Nep*^{−/−} HSCs were treated with NPY or NEP-cleaved NPY (cNPY) (Figure 3A). We could confirm that cNPY, but not NPY_{FL}, increases *Col1a1* mRNA expression in HSCs and decreases *Acta2* expression (Figure 3B), which was confirmed at protein level (Figure 3C).

Figure 2. *Nep*^{−/−} shows more contraction when treated with NPY than in WT HSC

(A) Hepatic *Nep* mRNA expression in hepatocytes (HEPs), Kupffer cells (KCs), liver sinusoidal endothelial cells (LSECs), and hepatic stellate cells (HSCs) from healthy (Ctrl) and BDL-treated WT mice. qPCR data were referred to HEPs and normalized to the expression of 18S RNA.
(B) NPY ELISA from fetal calf serum (FCS, n = 3), human serum control and cirrhosis (n = 5, n = 8), fibroblast-conditioned medium (FCM, n = 3), and supernatants of conditioned hepatic stellate cells (HSC, n = 3). Dulbecco's Modified Eagle Medium (DMEM, 0% FCS) was used as negative control (Neg. Ctrl). Results are expressed as mean $\pm$ standard deviation (SD).
(C–F) *Nep*^{−/−} and WT (C57BL/6) mice were used to isolate HSCs, and cells were treated with NPY 1 nM. mRNA expression levels of *Tgfb1*, *Col1A1*, and *Acta2* were analyzed after 24 h treatment. Results are expressed as mean $\pm$ SEM; *p < 0.05, **p < 0.01, and ***p < 0.001.
(G) Contraction assay of primary HSCs cultured on collagen gels and treated with and without recombinant NPY 0–100 nM for 0–48 h. The relative area was calculated by recording the diameter change of gels at several time points with a digital camera at a fixed distance above the gels. Results are expressed in percentage of initial gel surface and as mean $\pm$ SEM; n = 3–6 per group. *p < 0.05 compared to control.
(H) Migration assay of WT and *Nep*^{−/−} HSCs. *Nep*^{−/−} migrated faster than the WT HSCs after 24 h. Results are expressed as mean $\pm$ SEM; **p < 0.01, ***p < 0.0001.
(I) *In situ* liver perfusion of cirrhotic animals. For pre-contraction of the livers, methoxamine (100 μ M) was used, and then, increasing concentrations of full-length NPY and cleaved C-terminal fragments of NPY (cNPY) (as indicated) were used to measure the perfusion pressure of the livers (n = 3 per group). *p < 0.05 compared to MTX.



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Predicted NEP cleavage should generate N-terminal (1–20 and 1–30) fragments as well as the shorter NPY C-terminal (21–36 and 31–36) fragments (Figure S2B). Intensive efforts using liquid chromatography-mass spectrometry were performed to identify *in vitro* the short C-terminal NPY fragments released by NEP cleavage. Under the assay conditions, the amount of NPY was decreased when incubated with NEP. However, we were unable to identify the fragments, probably due to their small mass and volatile properties (Figures S4A–S4D). It has been shown that N-terminal fragments of NPY protein bind less strongly to the receptor than C-terminal NPY fragments.²⁰ Therefore, we investigated by confocal microscopy the effects of NPY C-terminal fragments 21–36 and 31–36 regarding their profibrogenic potential on primary HSCs from *Nep*^{−/−} mice and could confirm that both shorter fragments increase collagen expression in HSCs (Figures 3D and 3F). Moreover, NPY_{FL} increased α SMA expression (Figures 3E and 3G) as already elucidated. To further investigate the role of NPY C-terminal fragments *in vivo*, we injected intraperitoneally (i.p.) either NPY_{FL} or its fragments in WT mice (Figure S5A). Analysis of portal pressure in these animals showed an increase when both NPY variants were injected (Figure S5B). mRNA expression from *Acta2* was significantly induced when NPY_{FL} was injected and significantly reduced when NPY fragments were administered (Figure S5C). mRNA expression of the main fibrotic markers, *Col1a1* and *Tgfb1*, was induced when NPY_{FL} was injected, but the effect of NPY fragments aggravated the fibrotic phenotype of WT mice. Altogether, both *in vitro* and *in vivo* experiments confirm the dual role of NEP/NPY axis in fibrosis and contraction.

The question that arises is whether the effect of NPY fragments in the presence of NEP is receptor mediated or not.

NPY cleavage mediated by NEP induces fibrogenesis via Y₁R in HSC

To analyze a possible receptor-mediated effect, we investigated hepatic expression of NPY receptors 1, 2, and 5 (Y₁R, Y₂R, and Y₅R)²¹ in fibrotic mice and humans. We found hepatic upregulation of Y₁R, Y₂R, and Y₅R mRNA expression in cirrhotic patients (Figure 4A). However, negligible Y₂R and Y₅R mRNA expressions were found in activated HSCs (Figure 4B), suggesting that only Y₁R is involved in the NPY effect in HSC. Similarly, upregulation of hepatic Y₁R mRNA expression was observed in fibrotic BDL or CCl₄-*Nep*^{−/−} mice (Figure 4C). Yet, Dpp4 and FAP may play a role in the processing of the different NPY fragments, mostly NPY (3–36).^{13,14,22} Hepatic mRNA expression in WT and *Nep*^{−/−} fibrotic mice demonstrated that the expression of Dpp4 was highly reduced, and FAP was not significantly induced in *Nep* deficiency (Figure S6A). These results were confirmed using

transcriptomic data from human primary HSCs (Figure S6B). Thus, Dpp4 or FAP expression during fibrogenesis seems to be rather stable and is not likely to influence our results.

Next, we investigated whether NPY C-terminal (21–36 and 31–36) fragments have profibrogenic potential on HSCs through Y₁R modulation (Figure S2B), since N-terminal fragments of NPY protein bind less strongly to the receptor than C-terminal NPY fragments.¹⁷ Therefore, we further analyzed the biomolecular interaction between NPY fragments and Y₁R. We docked each of the C-terminal fragments NPY (21–36) and NPY (31–36) to the receptor using the high ambiguity driven biomolecular docking (HADDOCK)²³ program and compared the top best cluster results (see Table S1) with the structure of Y₁R in complex with the well-known Y₁R-antagonist BIBO3304. The docking results suggested that cNPY fragments act as partial antagonist of Y₁R, contrary to the agonistic effect of NPY_{FL}.^{16,23} In particular, both cNPY fragments were unable to establish an interaction between their C-terminal Tyr36 and the Y₁R residue Gln120 (i.e., distance >3.0 Å, Figures 4D and 4E) when compared with the close interaction formed by these two residues in the NPY-Y₁R complex (<3.0 Å).²⁴ Gln120 has been proposed to be essential for receptor activation.^{24–26} Moreover, manual docking of the antagonist used in this work, BIBO3304 (Figure S7B), as well as the crystal structure of UR-MK299²⁴ (another antagonist whose chemical structure mimics the cNPY residues Arg35 and Tyr36, see Figure S7A) also exhibited distances longer than 3.0 Å with Y₁R-Gln120. All in all, the computational modeling further supports our hypothesis that cNPY fragments act as partial antagonists of Y₁R.

We analyzed the cAMP generation in response to cNPY fragments and NPY_{FL} in primary *Nep*^{−/−} HSCs (Figure 4F). Importantly, activation of Y₁R by NPY_{FL} peptide activates the inhibitory G protein G_i/G_o family, which in turn inhibits effector enzyme adenylate cyclase and decreases production of cAMP.²⁷ In our experiments, the cAMP ELISA results showed a reduction in the cAMP measurements when NPY_{FL} and cNPY peptide interacts with the receptor. cAMP signals are translated into action by different effector proteins, and it shows that this pathway triggers cellular effects, at times with opposing functional outcomes. To further elaborate the downstream pathway of the Y₁R after activation with either NPY_{FL} or its fragments, we analyzed the phosphorylation of ERK and moesin (p-ERK and p-moesin), pathways that are regulated by cAMP.^{28,29} *Nep*^{−/−} HSCs were treated with NPY_{FL} and its C-terminal fragments and blotted against p-ERK and p-moesin (Figure 4G). We observed that p-ERK was induced in cells treated with the cNPY fragments, indicating the ability of cNPY to induce fibrosis. The opposite effect was detected with p-moesin, which showed a decrease when cells were treated with the cNPY.

Figure 3. Synthetic NPY fragments derived from NEP proteolysis induce fibrogenesis in HSC

(A) *Nep*^{−/−} mice were used to isolate primary HSCs and were treated with full-length NPY (1 nM) or their respective cleaved fragments (cNPY) (30 μ M). After 24-h treatment, cells were used for further analysis.

(B) mRNA expression levels of *Col1A1* and *Acta2* were analyzed after 24-h treatment, **p < 0.01. Data were normalized to the expression of 18S RNA.

(C) Western blot analysis and quantifications of Col1a1 and α -SMA protein expression using GAPDH as a loading control.

(D–G) *Nep*^{−/−} HSCs were fixed after treatment for immunofluorescence with collagen I and α SMA antibodies. Confocal microscopy was used to detect these proteins. Changes in collagen I protein were detected in cells treated with the cNPY fragments as well as the changes detected in α SMA protein in the cells treated with full-length NPY; *p < 0.05 and **p < 0.01 compared to control. Representative images and fluorescence quantification from three independent experiments are shown. Images were taken with the 20x confocal objective that corresponds to a scale bar of 50 μ m.

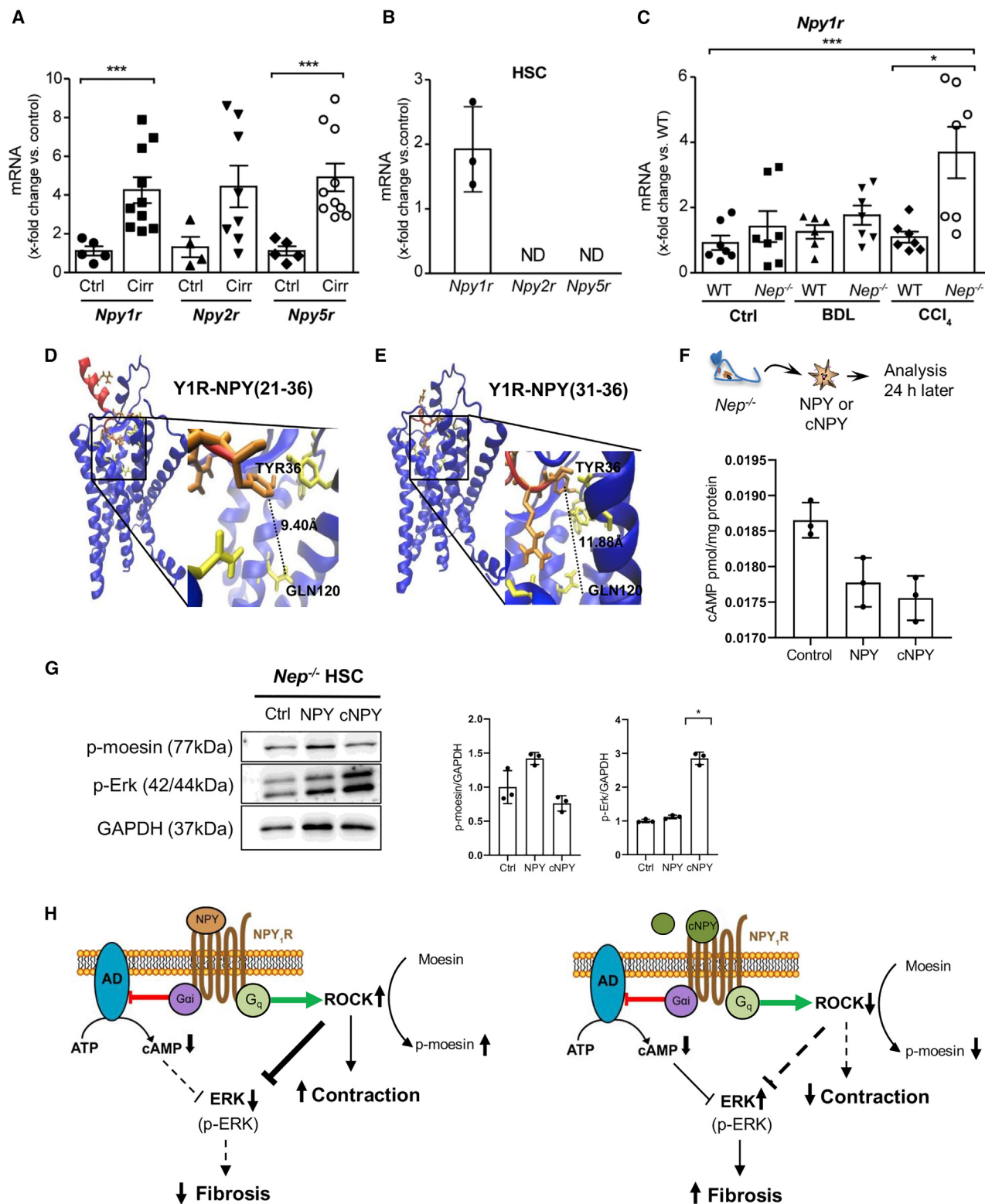


Figure 4. Cleavage of NPY by NEP shifts the physiological response of Y₁R in HSC

(A) Hepatic *Npy1r*, *-2r*, and *-5r* mRNA levels in healthy and cirrhotic patients. Results are expressed as mean $\pm$ SEM; $n = 5-10$ per group, *** $p < 0.001$ for cirrhotic vs. healthy patients.

(B) *Npy1r*, *-2r*, and *-5r* mRNA levels in WT mouse HSCs.

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In conclusion, the ability of the cNPY but not of NPY_{FL} to block and induce fibrosis confirmed the involvement of Y₁R in NPY signaling, indicating that cleavage of NPY mediated by NEP shifts the physiological response of Y₁R from contraction to relaxation and from an antifibrogenic to a profibrogenic response in HSCs (Figure 4H).

Nep deletion protects against liver fibrosis *in vivo* in two different models of fibrosis in mice

In order to confirm our findings *in vivo*, we investigated the role of NEP deficiency in liver fibrosis and portal hypertension in two well-established models of liver fibrosis.³⁰ Sirius red staining (Figures S8A and S8B) and hydroxyproline content measurement (Figure S8C) were performed to analyze hepatic fibrosis in BDL (2 weeks) and CCl₄-intoxicated (4 weeks) mice and showed that *Nep*^{−/−} mice developed less fibrosis than fibrotic WT mice.

Col1a1 mRNA expression (Figure S8D) confirmed these findings, despite similar *Tgfβ1* mRNA expression (Figure S9A). In addition, we performed gene ontology analysis on human liver transplantation transcriptomics data to elaborate fibrotic pathways linked to *Nep* expression (Figure S9B). In liver with lower *Nep* expression, the collagen expression is downregulated. This was confirmed at the protein level of the downstream effectors of *Tgfβ1* pathway, the p-SMAD2/3 proteins (Figure S10). Also, in *Nep* deletion, p-SMAD2/3 proteins were significantly decreased compared with WT mice. These results suggest that the *Tgfβ* pathway is involved in the effects observed in *Nep*^{−/−} and confirms that *Nep* deficiency protects from fibrosis in two models of liver fibrosis in mice.

To further evaluate the *in vivo* role of *Nep* deletion in HSC activation, α-SMA protein and mRNA expression, a marker of HSC activation,³¹ were analyzed in fibrotic BDL and CCl₄-*Nep*^{−/−} and WT mice. Immunohistochemistry (IHC) analysis revealed higher α-SMA staining in the fibrous septae (Figure 5A), but not at perisinusoidal spaces of BDL- and CCl₄-induced fibrosis *Nep*^{−/−} mice compared with WT (Figure 5B). The hepatic upregulation of α-SMA staining in the fibrous septae was confirmed using qPCR and western blot analysis in *Nep*^{−/−} mice, when compared with fibrotic BDL and CCl₄-WT mice (Figures 5C–5E). As we did before for NPY, independent *in silico* analysis in human non-tumorous liver tissue confirmed this statistically significant inverse correlation between the decreasing mRNA levels of *NEP* and the induction of *ACTA2* mRNA expression (Figure 5D).

Since HSC proliferation is a crucial process in the fibrotic liver, Ki67 IHC and proliferating cell nuclear antigen western blot analysis were performed in livers from fibrotic BDL and CCl₄-*Nep*^{−/−} mice (Figures S11A and S11B). *Nep* deletion decreased hepatic proliferation in *Nep*^{−/−} mice compared with fibrotic CCl₄ WT mice (Figure S11B). To analyze whether the observed effect was mediated by other effectors influenced by NEP, specific markers of the endothelin system and angiogenesis were characterized in these models (Figures S12A–S12E). There were no clear indications at the mRNA expression for an involvement of endothelin system or VEGFα. We also assessed the inflammatory response in these livers (Figure S13). We could not find any significant change in the inflammatory response in the absence of *Nep*.

We therefore conclude that while NEP deficiency prevents fibrosis via NPY-mediated effects, it may aggravate the pro-contraction phenotype as observed *in vitro* and as suggested by αSMA expression *in vivo*.

Aggravation of portal pressure in *Nep*^{−/−} mice is hampered by AT1R antagonists or ACE inhibitors

To investigate the *in vivo* role of NEP in the degree of portal hypertension, we analyzed portal pressure in WT and *Nep*^{−/−} mice and in BDL- and CCl₄-induced fibrotic mice (Figure 6A). Similar to the *in vitro* phenotype, portal pressure was higher in control and fibrotic BDL and CCl₄ *Nep*^{−/−} mice compared with their respective WT animals, suggesting that the presence of NEP plays a role in lowering portal pressure.

We suspected the effect to be mediated by the increased levels of NPY_{FL}, which is an enhancer of contraction mediated by Ang II via adenylate cyclase activation (Figure 6B). Therefore, we further evaluated the effect on portal pressure in addition to the decreased fibrosis in *Nep*^{−/−} mice, and we administrated captopril (ACE inhibitor³²) or losartan (AT1R blocker³) in fibrotic *Nep*^{−/−} mice. As expected, portal pressure and *Col1a1* mRNA expression were significantly reduced in captopril- and losartan-treated CCl₄-intoxicated *Nep*^{−/−} mice, compared with non-treated fibrotic *Nep*^{−/−} mice (Figures 6E and 6F). Sirius red staining (Figures 6C and 6D) confirmed similar fibrosis in captopril- and losartan-treated *Nep*^{−/−} mice, suggesting that the aggravation of portal hypertension associated with *Nep* deletion can be abrogated by AT1R antagonism.

NEP has a complex enzymatic profile³³; it cleaves and reduces levels of angiotensin I, resulting in reduced production of Ang II. Thus, NEP may lower portal pressure via reduced stimulation of

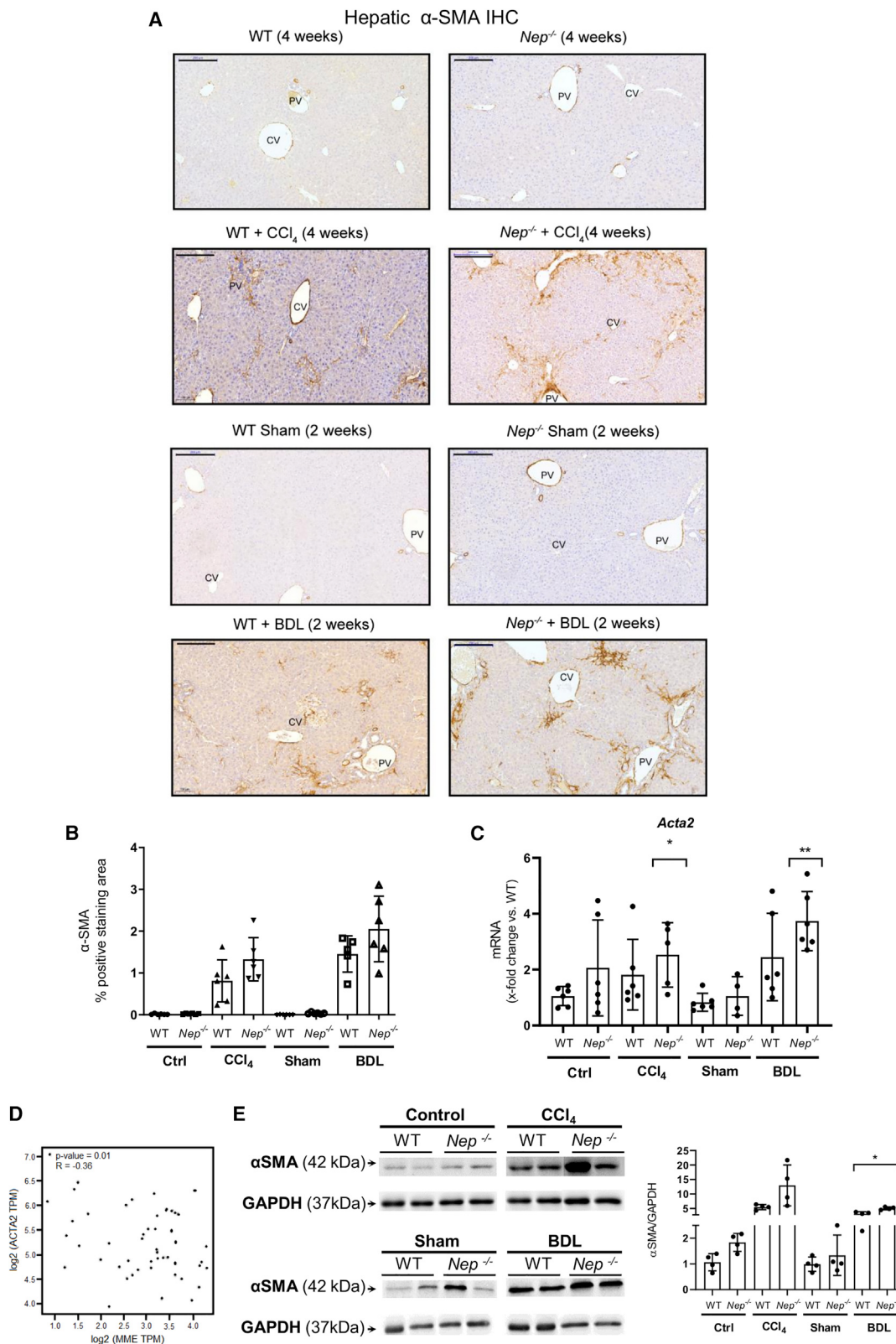
(C) Hepatic *Npy1r* mRNA levels in CCl₄- and BDL-treated *Nep*^{−/−} and WT mice. Results are expressed as mean ± SEM; *p < 0.05 for CCl₄ vs. control and *p < 0.05 for *Nep*^{−/−} vs. WT mice.

(D and E) Structural models of the Y₁R-NPY (21–36) and Y₁R-NPY (31–36) complexes. Y₁R is represented in blue and its interacting residues in yellow. The NPY fragments are shown in red, while the NPY aa residues are colored orange. The distances between residues are indicated by dashed lines.

(F) Primary *Nep*^{−/−} HSCs were isolated and treated with NPY and cNPY. After 24 h, cAMP concentrations were analyzed in response to cNPY and full-length NPY. Results are expressed as pmol cAMP per mg of total protein. Results are expressed as mean ± SEM; n = 3–4 per group, *p < 0.05 for cNPY-treated vs. full-length NPY-treated *Nep*^{−/−} HSC.

(G) Western blot analysis from *Nep*^{−/−} HSC control, NPY_{FL}, and cNPY and quantification of p-ERK and p-moesin protein expression using GAPDH as a loading control.

(H) Diagram of NPY_{FL} (left) and cNPY (right) showing the activation of the receptor (NPY₁R). The binding of NPY and cNPY activates the inhibitory effect of G protein and inhibits the enzyme adenylate cyclase (AD), which in turn decreases the production of cAMP. Downstream pathways regulated by cAMP, p-ERK, and p-moesin are downregulated or upregulated, depending on the presence of NPY_{FL} (left) or cNPY (right). NPY_{FL} (left) decreases fibrosis and increases contraction, and cNPY (right) increases fibrosis and decreases contraction in the absence of NEP.



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AT1R (Figure 6B). However, NEP cleaves NPY into cNPY fragments, which—via NPY₁R—induce either contraction (NPY), enhancing the effect of AT1R, or fibrosis (cNPY).

Thus, we demonstrated that *Nep*^{−/−} decreases fibrosis, while additional AT1R antagonism or ACE inhibition blunts portal hypertension. These data identify the combination of NEP inhibitors with anti-Ang II drugs as a powerful option for the treatment of fibrosis with portal hypertension.

Dual angiotensin II type I receptor neprilysin inhibition with Entresto in mice improves fibrosis and portal pressure in the liver

Entresto (sacubitril/valsartan) is an AT1R antagonist combined with NEP inhibitor, which is used to treat patients with chronic heart failure.³⁴ To confirm our previous results, we investigated the therapeutic effect of oral administration of Entresto in models of liver fibrosis in mice. The inhibition of NEP by sacubitril will lead to increased levels of NPY_{FL}, which in turn, will decrease fibrosis. Also, NPY_{FL} bound to its receptor activates adenylate cyclase enhancing contraction via AT1R. Due to valsartan, AT1R inhibition will decrease contraction (Figure 7A).

Two different models were used: ethanol in water with CCl₄ injection (i.p.) and Western diet with CCl₄ (i.p.) for 7 weeks. At the end of the experiment, we measured the portal pressure of the animals (Figure 7B). Mice treated with Entresto showed a significant decrease in portal pressure compared with placebo group. To address the extent of liver fibrosis, we analyzed the hepatic *Col1a1* mRNA expression using qPCR (Figure 7C). In both fibrosis models, Entresto significantly reduced the expression of *Col1a1* when compared with their respective placebo animals. Sirius red staining confirmed the reduction of collagen induced by Entresto (Figure 7D). To analyze the activation of HSCs of the livers, we performed α -SMA staining (Figure 7D). IHC staining showed a significant decrease in α -SMA accumulation in the fibrotic septae treated with Entresto, suggesting that administration of Entresto can stop the progression of liver fibrosis and activation in HSCs.

Protein levels were analyzed to confirm the reduction in collagen and α -SMA (Figure 7E). Western blot results showed a significant decrease in collagen as well as α -SMA proteins in both models after treatment with Entresto. In order to compare the efficacy of Entresto treatment with the use of its single components, *in vivo* experiments were performed by treating the mice with valsartan or sacubitril respectively (Figures S14A–S14C). Neither valsartan nor sacubitril were able to significantly reduce portal pressure or stop the progression of liver fibrosis.

These data demonstrate that Entresto administration significantly reduces liver fibrosis, activation of HSCs, and portal pressure, thus confirming the results using *Nep*^{−/−} and losartan or captopril (Figures 6B and 7A).

DISCUSSION

In scarring tissues, myofibroblasts simultaneously show a profibrotic and contractile phenotype. This is also the case in chronic liver disease, where contraction and its clinically relevant form portal hypertension typically occur in parallel with progressive fibrosis. This study identifies NEP as one of the key players responsible for the simultaneous occurrence of these two mechanisms. In the presence of NEP, NPY degradation occurred and NPY fragments blocked NPY₁ receptor and induced fibrosis. NEP deletion led to dissociation of fibrosis from contraction, via lack of NPY degradation into small fragments, but aggravation of contraction in the myofibroblastic cells in the liver, leading to aggravation of portal hypertension *in vivo*. Indeed, simultaneous NEP deletion and anti-Ang II strategies could reduce fibrosis as well as portal pressure *in vivo*.

Progressive fibrosis with portal hypertension is mostly maintained and aggravated by splanchnic vasodilation.³⁵ While many vasoconstrictors, e.g., Ang II, fail to contract these vessels,³⁶ NPY, as an enhancer of Ang II-mediated contraction, induces contraction in these hypocontractile vessels, as shown previously.^{11,16,37} In particular, we were able to identify a gradient of NPY levels over the liver with higher NPY levels in the PV when compared with the HV/HA, which renders this hypothesis more probable. However, an enhanced contraction in the liver would be deleterious in the progression of liver fibrosis, as it would seriously aggravate portal hypertension. Therefore, NEP is upregulated specifically in activated HSCs, which regulate the hepatic vascular tone, and it increases with severity of liver fibrosis.

Our *in vitro* results show that the presence of NEP shifts the physiological response of HSCs to NPY from contraction to relaxation and from an antifibrogenic to a profibrogenic response. *In vivo*, we were not only able to show increased contraction but also decreased fibrosis in *Nep*^{−/−} mice. In addition to NEP deletion, AT1R blockade or ACE inhibition induces a decrease in portal pressure. This is confirmed by using Entresto, which induces a decrease in fibrosis and portal pressure. While clinical evidence is missing as the drug has not yet been tested in liver disease, Entresto clearly has translational potential.

NEP is a stalked membrane protein that can terminate neuropeptide signals, such as NPY,³⁸ at the cell surface. Studies have shown that NEP cleaves NPY into C-terminal fragments, which are the most abundant fragments generated by NEP activity *in vivo*.³⁹ The C terminus of NPY is crucial for receptor activation.²⁴ Recent functional studies of the Y₁R structure have provided insights into the binding determinants of NPY to its receptor.²⁴

In fact, different NPY receptors have different affinities for NPY and behave differently toward truncations or mutations of the NPY peptide.^{40,41} In our study, Y₁R seems to be the main target of cleaved NPY in HSC, enhancing contraction and modulating

Figure 5. *Nep* deletion increases HSC activation in BDL- and CCl₄-treated mice

(A and B) Hepatic α SMA IHC in BDL- and CCl₄-treated *Nep*^{−/−} mice and WT mice with their respective morphometric analysis. Scale bar: 200 μ m.

(C) Hepatic *Acta2* mRNA levels in BDL- and CCl₄-treated *Nep*^{−/−} mice and WT mice. All data were normalized to the expression of *18S* RNA.

(D) *In silico* analysis of NEP (MME) levels compared with ACTA2 expression in human non-tumorous liver tissue samples.

(E) Western blot analysis from controls vs. CCl₄-treated *Nep*^{−/−} mice developed with α SMA antibody. The expression of GAPDH was used as a loading control. Results are expressed as mean $\pm$ SEM; n = 5 per group, *p < 0.05, **p < 0.01 for BDL- or CCl₄-treated vs. corresponding control mice.

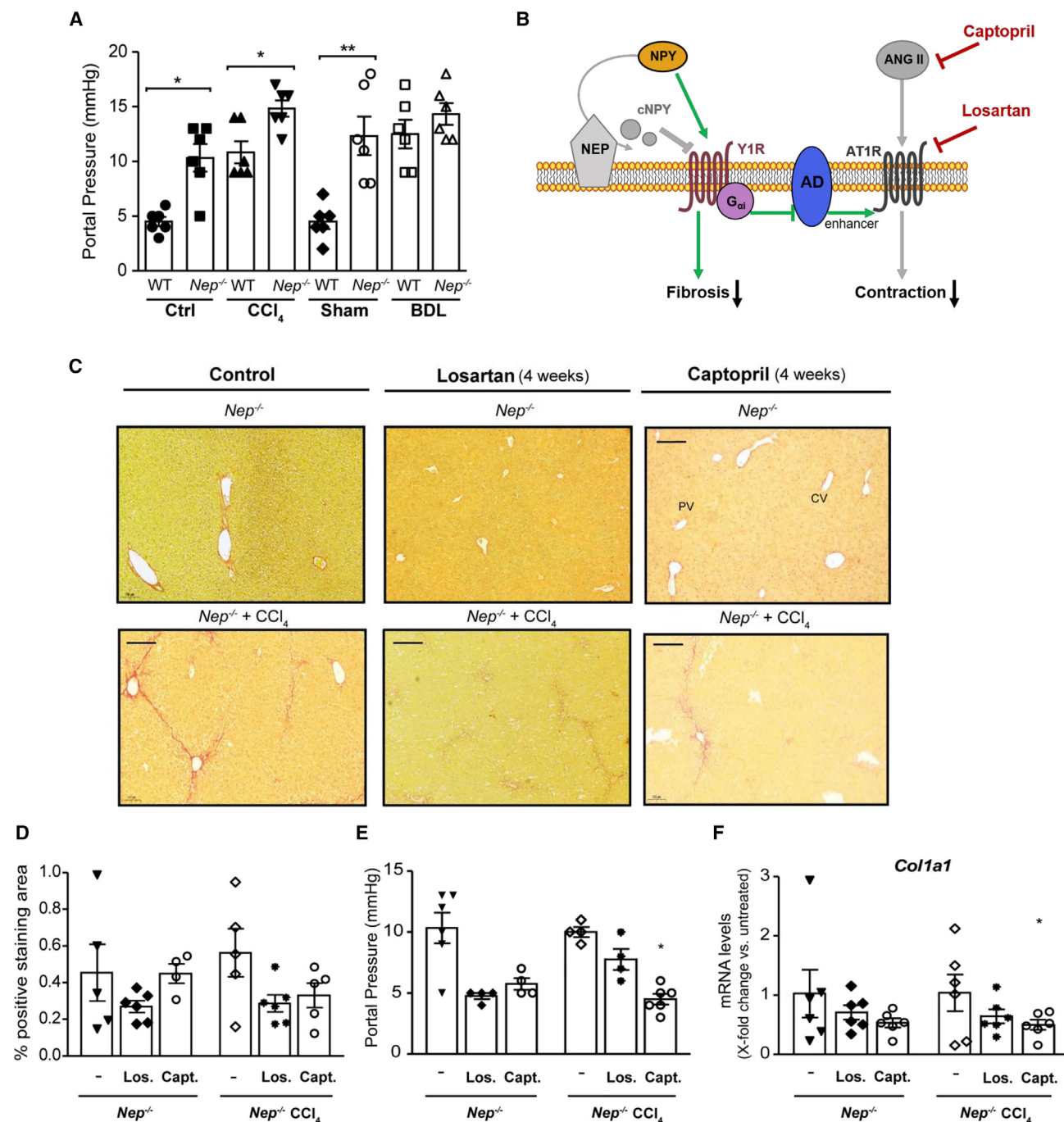


Figure 6. *Nep* deletion, AT1R blockage, or angiotensin-converting enzyme inhibition reduces portal hypertension

(A) Portal pressure is significantly increased in $Nep^{-/-}$ mice under basal conditions further enhanced in CCl_4 - and BDL-treated $Nep^{-/-}$ mice compared with WT mice. Results are expressed as mean $\pm$ SEM; $n = 6$ per group, * $p < 0.05$, ** $p < 0.01$ for BDL- or CCl_4 -treated mice vs. corresponding control mice. All data were normalized to the expression of 18S RNA.

(B) During liver fibrosis, NPY is cleaved by NEP producing two different cNPY peptides, which induce a fibrogenic response mediated by Y1R (red arrows). Full-length NPY enhances contraction through activation of the Y1R and G_{ai} -adenylate cyclase (AD) (green arrows). Ang II, agonist of AT1R, results in contraction, further increased by the activation of Y1R. In the absence of NEP (gray) and AT1R blockage (losartan) or ACE inhibition (captopril) (red), full-length NPY will decrease fibrosis. ANG II, which results in contraction (gray), will not exert its function due to the administration of either captopril (red) or losartan (red). In the absence of NEP, full-length NPY will activate Y1R and decrease the fibrogenic response previously mediated by cNPY (green arrows). Deletion of NEP in combination with ACE inhibitor or AT1R blockage reduces portal pressure and fibrosis.

(C and D) Sirius red staining in captopril- and losartan-treated CCl_4 $Nep^{-/-}$ mice and their respective morphometric analysis. Scale bar: 200 μm .

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fibrogenesis. There is a shift in the physiological response of Y₁R signaling depending on presence or absence of NEP. NPY_{FL} induces collagen gel contraction and *Acta2* mRNA but reduces *Col1a1* and *Tgfβ1* mRNA expression in *Nep*^{-/-} HSC.

By contrast, and as expected, NPY enhanced contraction and portal pressure, presumably by enhancing the effect of AT1R. This is highly relevant for clinical translation, since oral administration of Entresto, a combination of AT1R and NEP inhibition, is in clinical use for heart failure.⁴²

Limitations of the study

While this study reveals insights into NEP-dependent regulation of the NPY/Y1R axis in cirrhosis by shifting the physiological response of Y1R from contraction to relaxation and from profibrogenic to antifibrogenic, two aspects remain open that could be addressed in future research.

First, the temporal sequence of NPY cleavage and binding to the Y1R receptor was not examined in our study. Thus, we cannot conclude whether NPY binds to the receptor first and NEP is able to cleave bound NPY or vice versa. It is likely that NEP, as a proteolytic enzyme, first cleaves NPY to terminate neuropeptide signaling, and that in a further step, cleaved NPY fragments bind the receptor to exert its function.

Another aspect not addressed concerns the saturation of NEP in the cell and possible NEP saturation due to high NPY concentrations and resulting competitive and/or allosteric competition between the different NPY versions, if any. Work on the purified protein and enzyme kinetics studies could address these points and determine the affinity of the NPY fragments produced by NEP.

STAR★METHODS

Detailed methods are provided in the online version of this paper and include the following:

- KEY RESOURCES TABLE
- RESOURCE AVAILABILITY
 - Lead contact
 - Materials availability
 - Data and code availability
- EXPERIMENTAL MODEL AND SUBJECT DETAILS
 - Mice
 - Entresto® study
 - *In situ* perfusion
 - Human samples and serum and plasma collection
 - Induction of liver fibrosis
- METHOD DETAILS
 - General methodology
 - Histological staining and IHC
 - Hydroxyproline content measurement
 - Determination of cellular cAMP
 - Molecular docking
 - Cell culture and treatments
 - Collagen gel contraction assay

- Immunofluorescence and confocal microscopy
- NEP-NPY degradation experiments
- Liquid chromatography-mass spectrometry analysis (LCMS)

● QUANTIFICATION AND STATISTICAL ANALYSIS

- *In silico* analysis
- Transcriptomic analysis

SUPPLEMENTAL INFORMATION

Supplemental information can be found online at <https://doi.org/10.1016/j.celrep.2023.112059>.

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AUTHOR CONTRIBUTIONS

F.M., C.O., and J.T. drafted the manuscript. W.R., S.K., C.O., F.M., S.G., and M.A.-P. acquired, analyzed, and interpreted the data. C.O., R.S., F.U., C.S., T.W., P.D., and C.H. provided substantial material and methods and interpreted data. J.T. designed the original study, interpreted the data, supervised the study, and obtained financial support for the study. All authors reviewed the draft for important intellectual content and approved the final article for submission.

DECLARATION OF INTERESTS

The authors have no conflict of interest.

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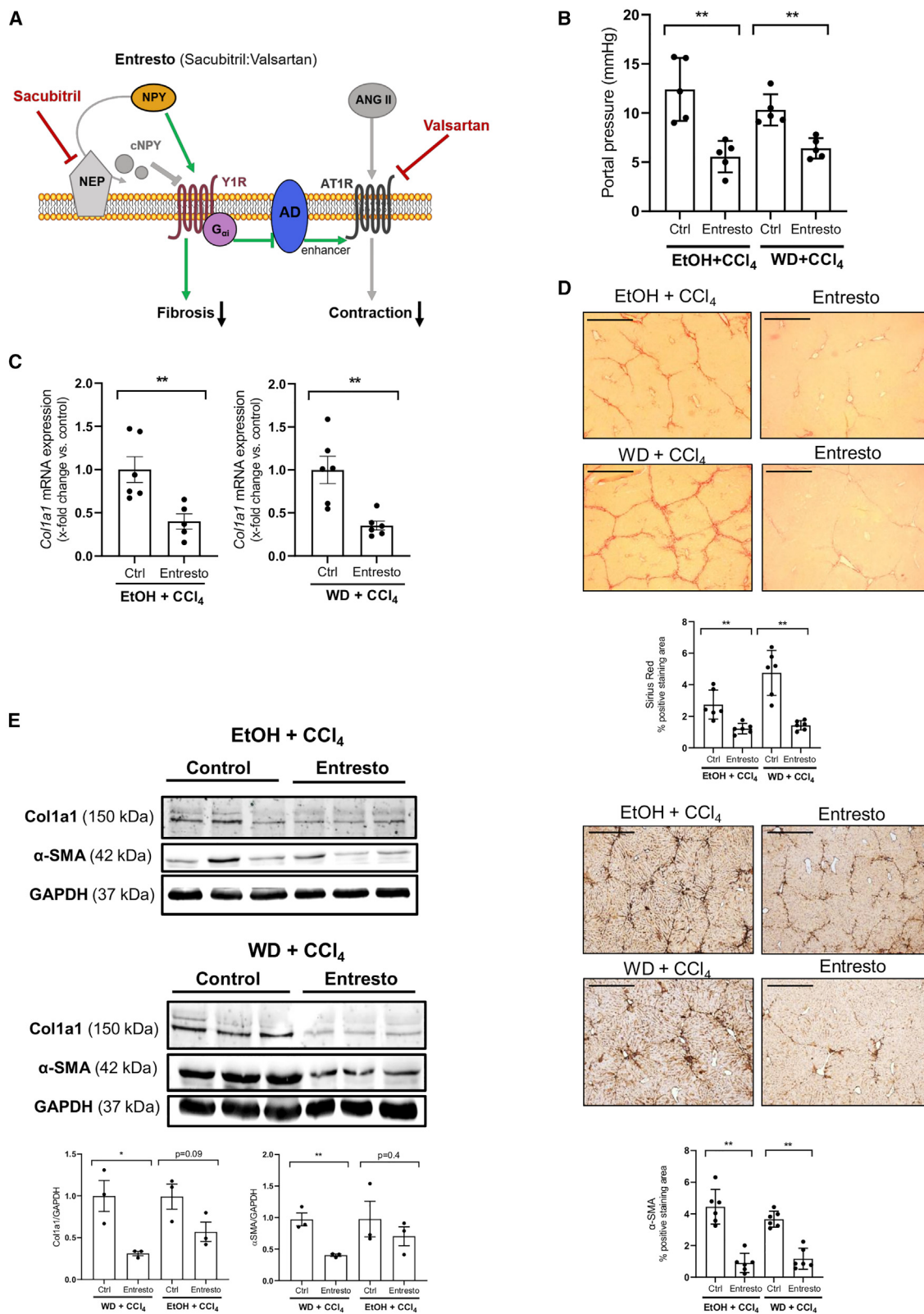
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(E and F) Portal pressure measurement (mm Hg) in captopril- and losartan-treated CCl₄ *Nep*^{-/-} mice and hepatic *Col1a1* mRNA levels. Results are expressed as mean ± SEM; n = 6 per group, **p < 0.01 for CCl₄-treated mice vs. corresponding control mice and n = 6 per group, *p < 0.05, and ***p < 0.001 for CCl₄-treated mice vs. corresponding control mice.



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Figure 7. Oral administration of Entresto to fibrotic mice improves fibrosis and lowers portal hypertension

(A) Diagram of Entresto effects. Dual inhibition of NEP (sacubitril) (red) and AT1R (valsartan) (red) decreases fibrosis and contraction together with portal pressure. Although full-length NPY enhances contraction through activation of the Y1R and G_{12} -adenylate cyclase (AD) (green arrows), the blockade of AT1R by valsartan cannot be enhanced by the action of AD, so contraction is decreased.

(B) Portal pressure measurements showed a significant reduction in both Entresto-treated mice groups. Results are expressed as mean $\pm$ SEM; n = 5 per group, **p < 0.01 for Entresto-treated mice vs. corresponding control mice.

(C) Hepatic *Col1a1* mRNA levels in Entresto-treated mice compared with control mice, n = 5/6 per group, **p < 0.01. All data were normalized to the expression of 18S RNA.

(D) Liver sections stained with Sirius red and hepatic α SMA IHC with their respective morphometric analysis. Scale bar: 200 μ m.

(E) Western blot analysis of *Col1a1* and α SMA proteins, in Entresto-treated mice compared with their respective controls. The expression of GAPDH was used as a loading control. n = 3 per group, *p < 0.05, **p < 0.01 for *Col1a1* or α SMA vs. GAPDH.

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STAR★METHODS

KEY RESOURCES TABLE

REAGENT or RESOURCE	SOURCE	IDENTIFIER
Antibodies		
Rabbit polyclonal to alpha smooth muscle Actin	Abcam	Cat#ab5694; RRID:AB_2223021
Goat Anti-Type I Collagen-UNLB	SouthernBiotech	Cat#1310-01; RRID:AB_2753206
Glyceraldehyde-3-phosphate dehydrogenase	Santa Cruz Biotechnology	Cat# sc-25778; RRID:AB_10167668
Phospho-p44/42 MAPK (Erk1/2) (Thr202/Tyr204)	Cell Signaling Technology	Cat#9101; RRID:AB_331646
Phospho (Thr558) Moesin	Santa Cruz Technology	Cat#sc-12895; RRID:AB_2148235
Biological samples		
Human liver biopsy	University of Bonn	202/01; BioProject PRJNA844027
Human portal and hepatic venous blood samples	University of Bonn	029/13; 121/14
Human hepatic venous and arterial blood samples	University of Copenhagen	H-1-2011-151
Chemicals, peptides, and recombinant proteins		
Captopril	Sigma-Aldrich	Cat#C4042
Losartan	Sigma-Aldrich	Cat#SML3317
Entresto	Novartis	PZN 11126514
Sacubitril	MedChemExpress	Cat#HY-15407A/CS-2514. Batch n°:15499
Valsartan	ChemCruz	Cat#sc-220362B
NPY recombinant protein	Abnova Corporation	Cat#H00004852-P02
C-terminal peptide 1 NPY (20–36)	GenScript	Cat#SC1208
C-terminal peptide 2 NPY (30–36)	GenScript	Cat#SC1208
Critical commercial assays		
Cyclic AMP ELISA kit	Thermo Fisher Scientific	Cat#4412182
Human NPY ELISA kit	Millipore	Cat# EZHNPY-25K
Experimental models: Cell lines		
Primary mouse hepatocytes	This paper	N/A
Primary mouse liver sinusoidal endothelial cells	This paper	N/A
Primary mouse hepatic stellate cells	This paper	N/A
Primary mouse Kupffer cells	This paper	N/A
Experimental models: Organisms/strains		
Mice: WT C57Bl/6J	Charles River	RRID:IMSR_JAX:000664
Mouse: <i>Nep</i> ^{−/−} (Lu et al.) ⁴³	Kindly provided by Prof. Thomas Walther, University College Cork, Cork, Ireland, Great Britain	N/A
Oligonucleotides		
<i>Acta2</i> (Mm00725412_s1)	Thermo Fisher Scientific	Cat#4331182
<i>Col1a1</i> (Mm00801666_g1)	Thermo Fisher Scientific	Cat#4331182
<i>Nep</i> (MME) (Mm00485028_m1)	Thermo Fisher Scientific	Cat#4331182
<i>Npyr1</i> (Mm00650798_g1)	Thermo fisher Scientific	Cat#4331182
<i>Npyr1</i> (Hs00702150_s1)	Thermo Fisher Scientific	Cat#4331182
Software and algorithms		
GraphPad Prism 9.5.0	GraphPad Software	https://www.graphpad.com/
ImageJ	ImageJ Software	https://imagej.nih.gov/ij/

RESOURCE AVAILABILITY

Lead contact

Further information and requests for resources and reagents should be directed to and will be fulfilled by Lead Contact, Prof. Dr. Jonel Trebicka (Jonel.Trebicka@ukmuenster.de).

Materials availability

All materials generated in this study will be available on request by the [lead contact](#).

Data and code availability

All data reported in this paper will be shared by the [lead contact](#) upon request. This paper does not report original code. Any information required to reanalyse the data reported in this paper are available upon request.

EXPERIMENTAL MODEL AND SUBJECT DETAILS

Mice

Nep^{−/−} mice have been described⁴⁴ and were originally generated by Lu et al.⁴³ Heterozygous (*Nep*^{+/-}) on a C57BL/6J genetic background were bred to generate WT (*Nep*^{+/+}) and homozygous knockout (*Nep*^{−/−}) mice. 10–12-week-old male and female *Nep*^{−/−} and WT mice were used in all experiments. All experiments were performed in accordance with the German animal protection law and the guidelines of the animal care facility at our university (Haus für Experimentelle Therapie, University Clinics Bonn, Germany), and approved by the North Rhine-Westphalian State Agency for Nature, Environment, and Consumer Protection (LANUV, Germany; File Reference LANUV84-02.04.2014.A137).

Entresto® study

A total of 60 mice were used for this study. Male wildtype (WT, C57BL6/J) mice (10 weeks old) were purchased (Charles River Laboratories Research Model and Services Germany, Sulzfeld, Germany). The experiments were performed according to the guidelines and regulations approved by Regierungspräsidium Darmstadt, the responsible committee for animal studies in the German federal state of Hesse (permission number FK/2005). Liver fibrosis was induced by CCl₄ injection (i.p) 2μL/g (CCl₄:Corn oil = 1:2) two times a week for seven weeks. CCl₄ injections were combined either by addition of ethanol to the drinking water (4% during week 1, 8% during week 2, and 16% until animals were sacrificed) and normal chow (Ssniff, Soest, Germany) to induce ASH, or by additional high-fat cholesterol-rich diet without ethanol (WD; Ssniff) to induce NASH. Entresto® (49mg/51mg) was purchased from Novartis, Valsartan (sc-220362B) from Santa Cruz and Sacubitril (HY 15407) from MedChemExpress. One tablet of Entresto® was crushed and resuspended in 0.9% NaCl. Identical procedure was applied for the independent drugs. Oral administration (100 mg/kg) was determined based on Yang et al.⁴⁵ Mice were treated with Entresto® and the respective drugs for 14 days until animals were sacrificed.

In situ perfusion

This protocol was performed according to previous publication.¹¹ In order to test a direct vasoconstrictive effect, NPY was administered at increasing doses (0.1nM to 5μM). In a different protocol, the C-terminal NPY fragments were administered at the same concentrations as before, however, no significant contraction was detected.

Human samples and serum and plasma collection

This study included patients who were evaluated and regularly scheduled for implantation of a transjugular portosystemic shunt (TIPS). Inclusion criteria were the TIPS indications variceal bleeding (representing compensated cirrhosis) or ascites (representing decompensated cirrhosis). Basic clinical as well as biochemical markers and hemodynamics were assessed at TIPS implantation. Portal, hepatic, and central venous blood as well as peripheral blood was sampled at TIPS implantation (Total patient n°: 55, age range: 32–78 years, sex: male = 35 and female = 20) (Control patients: 6, age range: 27–56 years, sex: male = 2 and female = 4). The study was performed in accordance with the declaration of Helsinki and approved by the local ethics committee (Nr. 121/14) and capital region of Copenhagen (H-1-2011-151), all patients gave their written informed consent. Serum and plasma blood samples were processed within 1 h. Samples were centrifuged at 2.000xg for 5 min at 4°C. Serum and plasma were aliquoted and stored at −80°C until further use.

Human NPY was detected by sandwich ELISA (Cat. EZHNPY-25K EMD Millipore, St. Louis, Missouri, USA). The human NPY ELISA is specific for full-length NPY (100%), NPY 2–26 (67%), NPY 3–36 (68%), NPY 31–36 (41%), NPY 22–36 (0%) and NPY 1–24 (0%) according to the manufacturers' description.

Induction of liver fibrosis

CCl₄ and BDL models were used to induce liver fibrosis. In the CCl₄ model, mice were exposed to 1L/min of CCl₄ three times a week for four weeks. CCl₄-intoxicated mice received phenobarbital (3.0 mg/kg/day) in their drinking water to induce cytochrome P450 metabolic activity. In two subsets of experiments, CCl₄ mice were co-treated with losartan (5 mg/kg/day) or captopril

(4 mg/kg/day) for four weeks. In the BDL model, mice underwent ligation of the common bile duct to induce cholestasis or sham operation (control) and were sacrificed after two weeks.

METHOD DETAILS

General methodology

Details on general methodology, such as induction of liver fibrosis, Sirius red staining, portal pressure measurement, qPCR and Western blot, are as previously described.^{9,30,46} The sources of commercially available antibodies can be found in Table S2. The qPCR primers used are shown in Table S3.

Histological staining and IHC

The left liver lobe was excised and fixed in 10% neutral-buffered formalin, embedded in paraffin and sectioned for hematoxylin and eosin (H&E), Sirius red staining (SR), and Ki67, α SMA, and F4/80 IHC. Images were captured using Panoramic Viewer (3DHitech, Budapest, Hungary). Histological analysis was performed using Histoquant (3DHitech, Budapest, Hungary) and large bile ducts and vessels were excluded following the principles of computational analysis as described previously⁽³⁶⁾.

Hydroxyproline content measurement

Hepatic hydroxyproline (HP) content was measured biochemically in 250–300 mg liver samples from two different lobes (representing >10% of the liver). Total hydroxyproline (μ g/100 mg liver) was calculated based on individual liver weights and the corresponding relative hydroxyproline content.

Determination of cellular cAMP

Primary HSC isolated from WT and *Nep*^{−/−} mice were grown in 6-well plates and serum starved before adding test agents. Cells were assayed for cAMP production by ELISA after 30 min incubation with full-length NPY 1 nM and a mix of C-terminal NPY short fragments 30 μ M. Cyclic AMP was determined by competitive ELISA kit (Thermo Fisher Scientific Inc., Vienna, Austria).

Molecular docking

In order to provide a molecular insight into the antagonistic effect of NPY(31–36) and NPY(21–36), we built models of Y₁R in complex with the C-terminal NPY fragments using the HADDOCK2.2 webserver.^{23,47} The receptor structure was taken from the recently solved X-ray structure of human Y₁R in complex with the antagonist UR-MK299 (PDB code 5ZBQ),²⁴ except for the N-terminal residues 18–30, which were removed following the protocol in.²⁴ By contrast, the structure of the C-terminal NPY fragments was extracted from the NMR solution structure of full-length human NPY (PDB code 1RON).⁴⁸ The receptor-peptide docking was guided using three sets of restraints: (i) unambiguous restraints based on experimental data,²⁴ (ii) ambiguous restraints derived from a Fpocket prediction of the binding cavity residues,⁴⁹ and (iii) an additional restraint between the centers of mass of the two molecules. In addition, for NPY (21–36), we included unambiguous restraints between the helical segment 21–32 and the extracellular loops ECL1 and ECL3 of NPY in line with the orientation predicted in.²⁴ A complete list of the restraint sets is included in Table S4. The docking protocol consisted of three steps. First, 1000 structures were generated by rigid body docking. Next, the 200 best-ranked structures were submitted to a semi-flexible simulated annealing refinement, followed by further refinement in the presence of explicit solvent. The resulting 200 structures were clustered using the algorithm in ref.⁵⁰ with a root-mean-square deviation (RMSD) cutoff of 7.5 Å. Finally, we built a model of human Y₁R in complex with BIBO3304, i.e. the antagonist used in the experiments in Figure 4. The chemical structure of BIBO3304 is designed to mimic the C-terminal NPY residues Arg35 and Tyr36 and shares the same scaffold with UR-MK299 (Figure S7). Hence, the model of the Y₁R/BIBO3304 complex was built by manual modification of the experimental structure of the Y₁R/UR-MK299 complex (PDB code 5ZBQ).²⁴ In particular, the carbamoyl tail (in blue) in Figure S7 was removed from the guanidinium group and the hydroxyl group (in green) was replaced by a methylurea group.

Cell culture and treatments

In vitro studies were carried out with primary mouse HSC isolated as previously described.⁵¹ HSC were cultured at least one week before the experiments, i.e. they were fully activated. None of the buffers used contained traces of Zn and/or EDTA. HSC were seeded on 6-well plates (300,000 cells/well) in DMEM (1x) supplemented with 20% FBS, penicillin and streptomycin. The medium was replaced with serum-free medium 12 h before treatment with 1 nM of human recombinant NPY (rNPY) (Abcam ab112330, UK) or 10 nM of human recombinant NEP (rNEP) (R&D Systems 1182-ZNC-010, Minneapolis, MN). To induce NPY cleavage, 30 μ M of rNPY and 2.5 μ g/mL of rNEP were incubated at 37°C for 1 h.¹²

Collagen gel contraction assay

1 $\times$ 10⁴ HSC from WT and *Nep*^{−/−} mice were populated in 500 μ L of 1 mg/mL collagen gels (BD Biosciences, Bedford MA) and placed on a 24-well dish in triplicate per group. Once solidified, gels were detached from the walls of the dish and incubated in 10%FBS/DMEM or NPY (1–100 nM). Media and treatments were changed every three days and collagen gel area was measured by ImageJ (NIH, Bethesda, MD).

Immunofluorescence and confocal microscopy

HSC were treated with full-length NPY and NPY C-short terminal synthetic peptides for 24 h. After treatment, cells were fixed with 4% paraformaldehyde for 10 min at 37°C. Permeabilization was done with 1% Triton X-100 in PBS1X for 10 min at 37°C. After washing with PBS1X, cells were blocked with 1% BSA in PBS1X for 1 h and incubated overnight at 4°C with collagen I diluted 1:50 (Col1a1, 1310-01) and α -smooth muscle actin antibody diluted 1:200 (α -SMA, ab5694) in blocking solution. On the next day, after extensive washing in PBS1X, secondary antibody (anti-rabbit A594, Thermo Fisher A32740 and anti-goat A488, Thermo Fisher A32814) was used at a dilution of 1:3000 and incubated for 2 h in the dark. For nuclear staining, DAPI (D9542) was diluted to 1:10,000 and incubated for 5 min in the dark. The cells were visualized by confocal microscope (Zeiss LSM 800) and further processed with the ImageJ program.

NEP-NPY degradation experiments

rhNEP used for NPY degradation experiments had a concentration of 10 ng/mL and was diluted with purified water as per manufacturer's instructions. NPY (10^{-5} M) was incubated with rhNEP at 10 ng/mL, as described above and diluted with 50mM Tris-HCl buffer pH 7.4 laced with 0.1% BSA to minimize adhesion of the peptide onto the tube walls, and 10^{-5} M candoxatrilat, a specific NEP inhibitor, was used to determine NEP specific activity. Incubations were allowed to proceed for 1 h for rhNEP samples. After the designated time, the reaction was stopped by addition of half volume of 350 mM HClO₄. Samples were then centrifuged to remove any particles prior to LCMS analysis.

Liquid chromatography-mass spectrometry analysis (LCMS)

NPY analysis was performed by reversed phase chromatography using an LCMS-20/20 with UV detection from Shimadzu (Duisburg, Germany). Each sample was loaded onto an RP Jupiter Proteo C12 column (250 × 4.6 mm, 4 μ m) from Phenomenex with a flow rate of 0.5 mL/min. The peptides were detected at 206 nm by a PDA detector before being analyzed by a coupled ESI-MS.

QUANTIFICATION AND STATISTICAL ANALYSIS

Data are expressed as mean $\pm$ SEM unless otherwise specified. Statistical comparisons among groups were performed by two-factor analysis of variance (ANOVA). For *in vitro* experiments, paired t-Student tests were used. All experiments were performed in triplicate at least four times.

In silico analysis

NEP (MME), NPY, TGFB1 and ACTA2 expression was analyzed in human non-disease liver tissue from the Genotype-Tissue Expression project (<https://www.gtexportal.org/>) or non-tumorous liver tissue from the cancer genome atlas (TCGA) (<https://www.cancer.gov/about-nci/organization/ccg/research/structural-genomics/tcga>) using the gene expression profiling and interactive analyses (GEPIA) web application.⁵²

Transcriptomic analysis

For pairwise differential expression analysis we used OMICSBOX software. The TMM (trimmed mean of M values) was selected for normalization method by using exact test. The number of differentially expressed (DE) features (FDR <0.05) was 1363 (genes human liver transplant) and 2849 (genes human hepatic stellate cells (HSCs)).^{53,54}