

Simultaneous Photonic and Excitonic Coupling in Spherical Quantum Dot Supercrystals

Emanuele Marino,^{†,‡} Alice Sciortino,[¶] Annemarie Berkhout,[§] Katherine E. MacArthur,^{||} Marc Heggen,^{||} Tom Gregorkiewicz,[†] Thomas E. Kodger,^{⊥,†} Antonio Capretti,[†] Christopher B. Murray,^{‡,¶} A. Femius Koenderink,^{§,†} Fabrizio Messina,[¶] and Peter Schall^{*,†}

[†]*Van der Waals–Zeeman Institute, University of Amsterdam, Science Park 904, 1098XH, Amsterdam, The Netherlands*

[‡]*Department of Chemistry, University of Pennsylvania, 231 S. 34th St., 19104 Philadelphia (PA) , USA*

[¶]*Dipartimento di Fisica e Chimica–Emilio Segrè, Università degli Studi di Palermo, Via Archirafi 36, 90123 Palermo, Italy*

[§]*Center for Nanophotonics, AMOLF, Science Park 104, 1098XG Amsterdam, The Netherlands*

^{||}*Ernst Ruska Centre for Microscopy and Spectroscopy with Electrons and Peter Grünberg Institute, Forschungszentrum Jülich GmbH, 52425 Jülich, Germany.*

[⊥]*Physical Chemistry and Soft Matter, Wageningen University and Research, Stippeneng 4, 6708WE, Wageningen, The Netherlands*

[#]*Department of Materials Science and Engineering, University of Pennsylvania, 220 S 33rd St., 19104 Philadelphia (PA), USA.*

E-mail: p.schall@uva.nl

Abstract

Semiconductor nanocrystals, or quantum dots (QDs), simultaneously benefit from inexpensive low-temperature solution processing and exciting photophysics, making them the ideal candidates for next-generation solar cells and photodetectors. While the working principles of these devices rely on light absorption, QDs intrinsically belong to the Rayleigh regime and display optical behavior limited to electric dipole resonances, resulting in low absorption efficiencies. Increasing the absorption efficiency of QDs, together with their electronic and excitonic coupling to enhance charge carrier mobility, is therefore of critical importance to enable practical applications. Here, we demonstrate a general and scalable approach to increase both light absorption and excitonic coupling of QDs by fabricating hierarchical metamaterials. We assemble QDs into crystalline supraparticles using an emulsion template and demonstrate that these colloidal supercrystals (SCs) exhibit extended resonant optical behavior resulting in an enhancement in absorption efficiency in the visible range of more than two orders of magnitude with respect to the case of dispersed QDs. This successful light trapping strategy is complemented by the enhanced excitonic coupling observed in ligand-exchanged SCs, experimentally demonstrated through ultrafast transient absorption spectroscopy, and leading to the formation of a free biexciton system on sub-picosecond time scales. These results introduce a colloidal metamaterial designed by self-assembly from the bottom-up, simultaneously featuring a combination of nanoscale and mesoscale properties leading to simultaneous photonic and excitonic coupling, therefore presenting the nanocrystal analogue of supra-molecular structures.

Keywords

self-assembly, supraparticles, supercrystals, nanocrystals, quantum dots, Mie theory, transient absorption

Understanding and controlling the interaction of light with matter arguably represents one of the most intriguing and rewarding scientific challenges of direct importance to technological advances. Both solar energy harvesting techniques and telecommunications rely on the conversion of light into electricity and vice versa, for which interesting possibilities arise at the nanoscale, the size regime intermediate between molecular and bulk materials. In this respect, quantum dots (QDs), semiconductor crystals of a few nanometers in diameter, are the ideal building blocks for next-generation optoelectronic devices. The rich photophysics of QDs can raise the maximum power conversion efficiency of solar cells by harvesting high energy carriers,^{1,2} while their size-tunable bandgap enables the fabrication of high-sensitivity photodetectors active from the ultraviolet to the infrared.^{3,4}

While all these advances are enabled at the nanoscale, the nanoscopic dimensions of QDs also represent a limitation to the performance of solar cells and photodetectors. The working principles of these devices intrinsically rely on the efficient generation of electron-hole pairs through light absorption. The efficiency of light absorption at a wavelength λ is often described by normalizing the absorption cross section of the absorbing material, $C_{abs}(\lambda)$, by its geometric cross section, C_{geo} . Therefore, if a uniform beam of light impinges on an isolated QD, only the photons impinging on the area fraction $C_{abs}(\lambda)/C_{geo}$ will result in absorption, as illustrated in Figure 1a (left). As sub-wavelength dielectric nanoparticles, QDs intrinsically feature low absorption cross sections: a CdSe QD of diameter $\sigma = 5.5nm$ features an absorption efficiency of $C_{abs}(\lambda)/C_{geo} \approx 0.01 \ll 1$ at $\lambda = 400nm$.⁵ Consequently, increasing the absorption efficiency of QDs to reach values of the order of $C_{abs}/C_{geo} \sim 1$ represents an issue of critical importance. However, from a device-oriented perspective,

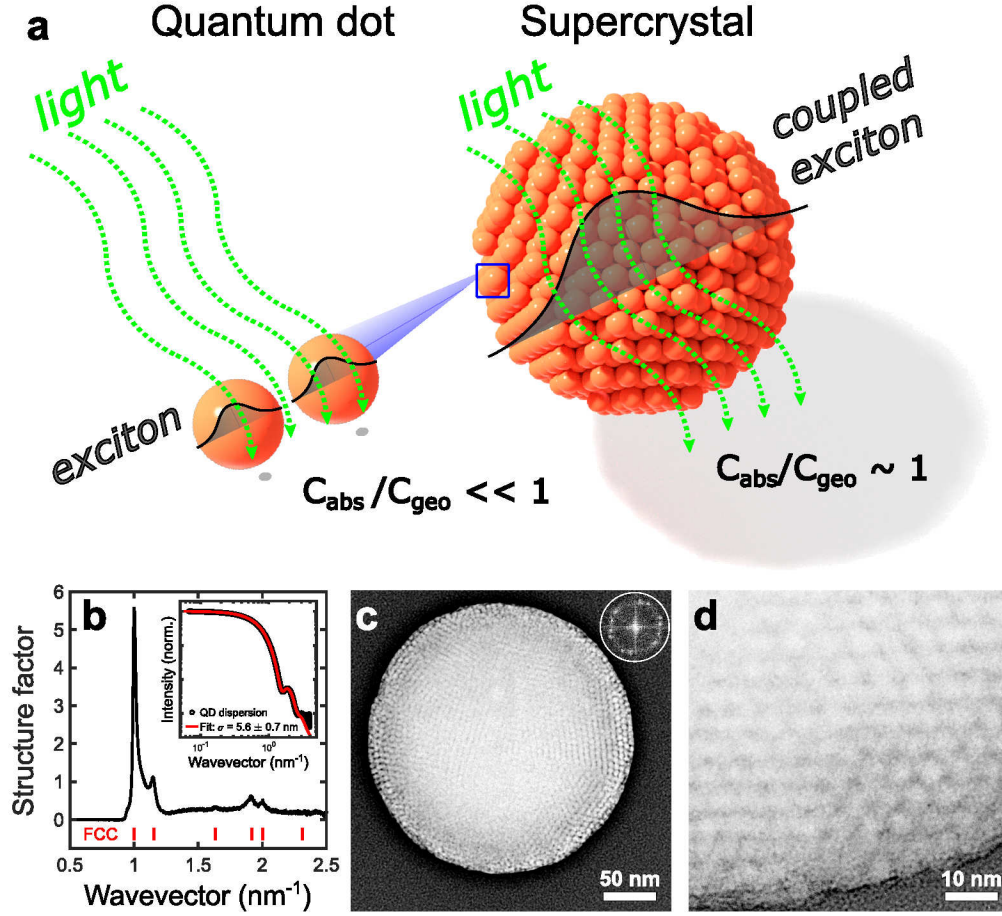


Figure 1: Quantum dot supercrystals (QD SCs) and their interaction with light. (a) Schematic representation of the interaction of light with dispersed QDs (left) and a QD SC (right). As dielectric nanoparticles, QDs feature low absorption efficiencies, $C_{abs}/C_{geo} \ll 1$, while assembling QDs into SCs results in resonant light-matter photonic coupling and more efficient light absorption, $C_{abs}/C_{geo} \sim 1$. Furthermore, the close-packed arrangement of QDs promotes inter-dot excitonic coupling. (b-d) Structure and morphology of the fabricated CdSe QD SCs. (b) Structure factor of QD SCs extracted from the small-angle X-ray scattering pattern of a dispersion of QD SCs. Inset: Form factor as measured from a dilute dispersion of the CdSe QDs. (c) Transmission electron micrograph of a single QD SC. The inset shows the fast-Fourier transform of the SC, revealing six-fold symmetry. (d) Transmission electron micrograph showing QD ordering near the surface of the SC.

increasing the efficiency of light absorption only brings a partial advantage. In fact, a critical feature of QDs is that the excitons generated by the light absorption are tightly confined to the volume of the QD where they are generated, making the transport and extraction of free carriers from a device a modern challenge.⁶⁻⁹ To facilitate this transport, there is a need to develop a unified strategy to concomitantly enhance the absorption efficiency and inter-dot coupling in QDs. Succeeding in this respect would enable a QD-based applications, such as photodetectors with single-photon sensitivity,^{10,11} and serve as a test bed for future developments in excitonics.¹²

Recently, emulsion-templated assembly has emerged as a scalable approach to fabricate supraparticles, mesoscale colloids composed of smaller building blocks.¹³⁻¹⁶ Due to their ease of fabrication and sizes comparable to the wavelength of light, these supraparticles provide a viable colloidal alternative to expensive lithography-based structures such as resonators.¹⁷⁻¹⁹

In this work, we use this emulsion-based approach to fabricate a hierarchical metamaterial simultaneously featuring photonic and excitonic coupling, therefore demonstrating a general route to enhance the absorption efficiency and inter-dot coupling in QDs. We fabricate spherical supraparticles consisting of ordered QDs, and show that these supercrystals (SCs) focus intense electromagnetic fields to sub-wavelength regions, resulting in sharp optical resonances spectrally tunable by varying SC diameter. By combining optical spectroscopy and microscopy, and modelling of these resonances through Mie theory, we find that QD SCs reach absorption efficiencies greater than unity in the visible spectral range and for a wide distribution of SC diameters, effectively collecting light from an area larger than their geometric cross section, Figure 1a (right).²⁰ To concomitantly increase the excitonic coupling in these photonically-active SCs, we decrease the inter-dot distance through ligand exchange; as a consequence, the biexciton transits from a bound to a free state. This demonstration of a metamaterial simultaneously featuring intrinsic photonic and excitonic coupling offers a perspective for devices based on bottom-up self-assembled QDs.

Results and Discussion

We synthesize spherical CdSe QDs with a diameter of $\sigma_{QD} = 5.6 \pm 0.7 nm$ as determined from their form factor measured with small-angle X-ray scattering (Figure 1b).²¹ These QDs are then assembled into spherical supraparticles using an emulsion template;^{13–16} due to the polydisperse nature of the emulsion droplets, the resulting supraparticles are also polydisperse, with a mean diameter of $\sigma \approx 240 nm$, Figure S1. While a multitude of techniques have been developed to assemble nanocrystals into two- and three-dimensional superstructures,^{22–26} the emulsion template is particularly valuable as it allows the formation of structurally ordered supraparticles, or SCs, with grain sizes $> 600 nm$ by imposing exceptionally slow rates of solvent evaporation of the order of $\sim 1 \mu l/min$,²⁷ therefore allowing the QDs to reach their minimum free energy configurations.^{16,27–29} The diffraction pattern measured from a dispersion of these SCs features sharp reflections revealing a face-centered cubic (FCC) structure with an average crystalline grain size of $\xi \approx 276 nm$ as extracted from the Scherrer equation, corresponding to $[\xi/(\sigma_{QD} + 2\ell)]^3 \phi_{FCC} \approx 35000$ QDs per grain on average, where $\ell \approx 1 nm$ is the thickness of the ligand shell²⁷ and $\phi_{FCC} = 0.74$ is the volume fraction of a FCC crystal at close packing (Figure 1b). These results are further confirmed by transmission electron microscopy, showing spherical SCs with diameters comparable to the extracted grain size (Figure 1c,d), while for smaller diameters the structure appears disordered (Figure S11). The SC quality appears close to single-crystal, as suggested by the appearance of only two sets of spots with six-fold symmetry in the fast-Fourier transform of the image.

Previous work has focused on using supraparticles as spherical resonators to manipulate light emission properties towards lasing applications.^{19,31,32} Here instead, we investigate the potential of these spherical QD SCs as light-harvesting structures with light absorption properties intrinsically tailored through size. We provide a quantitative approach by using Mie theory that describes the interaction of light with a dielectric sphere.^{30,33} The solution of Maxwell’s equations for a plane wave of wavelength λ impinging on a dielectric sphere of diameter σ and complex refractive index $\tilde{n} = n + ik$ predicts the development of optical

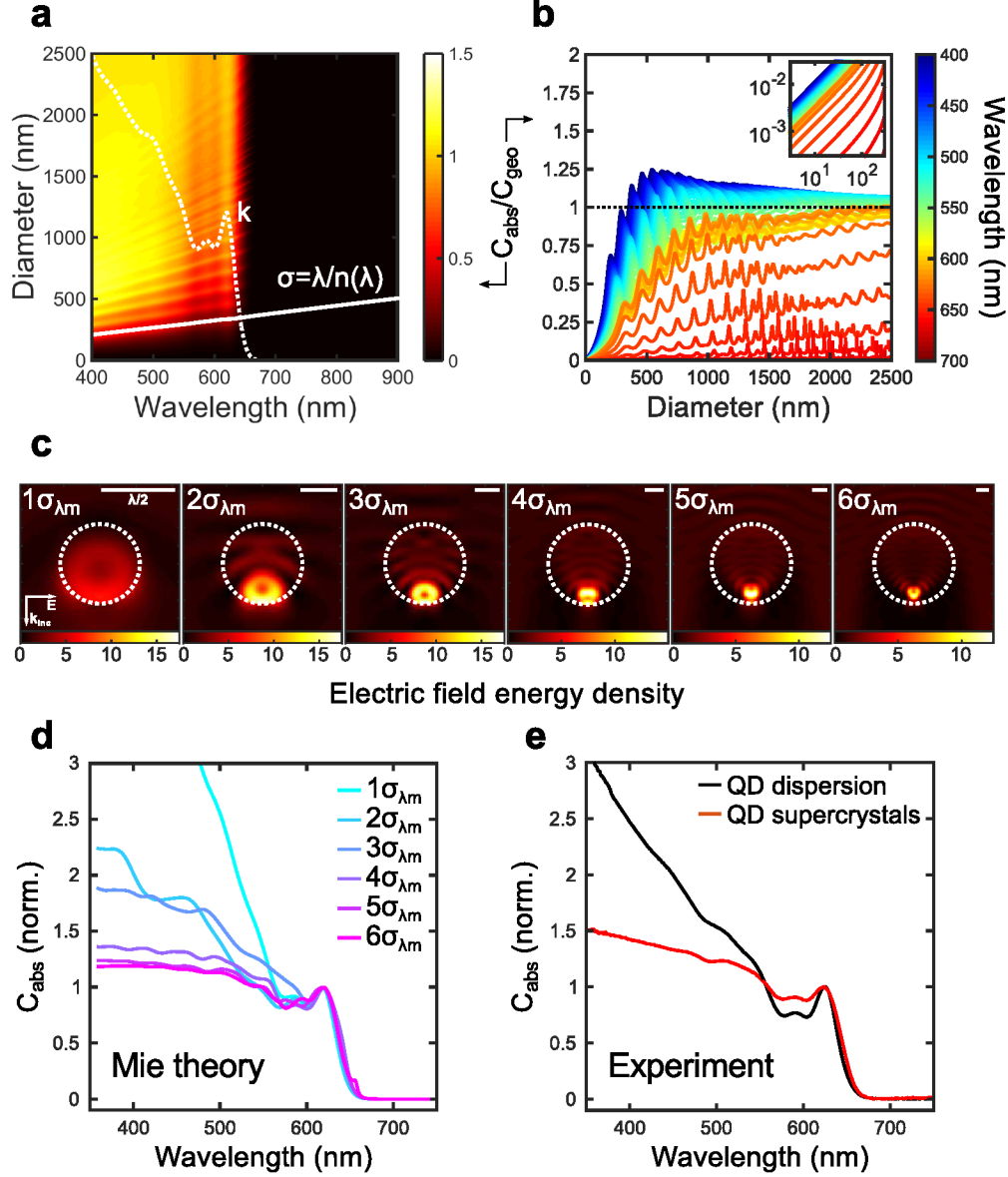


Figure 2: Absorption cross section of QD SCs in air based on Mie theory and experimentally measured. (a) Map of the absorption efficiency of CdSe QD SCs as a function of excitation wavelength, λ , and SC diameter, σ , as modeled from Mie theory. The dotted white line describes the imaginary part of the refractive index of QDs used in the modeling, k , while the full white line describes the resonant threshold $\sigma = \lambda/n(\lambda)$. (b) Size cuts of the absorption efficiency of QD SCs for various excitation wavelengths in the visible range. The inset shows that for $\sigma \ll \lambda/n$ the Rayleigh behavior is retained: $C_{abs}/C_{geo} \sim \sigma$.³⁰ (c) Map of the electric field energy density, $u_E \approx n(\lambda)^2 |\mathbf{E}|^2$, within and in proximity of QD SCs for $\lambda = 400$ nm. The geometric cross sections of SCs are outlined by the dotted white lines, with diameters $i\sigma_{\lambda m} = i\lambda_m/n(\lambda_m) \approx i220$ nm, $i = 1 - 6$. The directions of the incident plane wave, $\mathbf{k}_{inc}$, and of the electric field, $\mathbf{E}$, are specified in inset. Scale bars indicate $\lambda/2$. The absorption cross section density is obtained by multiplying u_E by $[n(\lambda)k(\lambda)]/[n(\lambda)^2 - k(\lambda)^2] \approx 0.05$ at $\lambda = 400$ nm. (d) Spectral cuts of the absorption cross section of QD SCs for diameters matching (c). (e) Experimentally determined absorption cross sections of QDs dispersed (black) and assembled into SCs (red). The cross section values in (d) and (e) have been normalized to the first exciton peak to enable comparison between modeled and experimental data.

resonances, known as Mie modes, characterized by intense and localized electromagnetic fields when $\sigma \approx \lambda/n(\lambda)$.³⁴ Following Mie theory, we model the absorption efficiency by considering the QD SCs as spheres of a defined diameter obtained through scanning electron microscopy, and complex refractive index approximated by spectroscopic ellipsometry measurements on QD films, Figure 2a.^{30,35,36} When exciting below the QD bandgap, $\lambda > 620nm$, the absorption efficiency drops to zero uniformly for all SC diameters as the imaginary part of the refractive index vanishes, indicated by the dotted white line. Above the bandgap, $\lambda < 620nm$, the absorption efficiency increases quickly and is modulated by the wavelength dependence of the refractive index. This increase is marked by a distinct onset corresponding to the condition $\sigma = \lambda/n(\lambda)$, indicated by the full white line, clearly illustrating that the development of Mie modes, other than electric dipole, can only take place if the SC diameter is large enough to support the resonances: as the diameter increases, the absorption efficiency increases as well. To investigate this behavior in detail, we show the absorption efficiency as a function of the SC diameter for a number of excitation wavelengths in Figure 2b. In the limit of SC diameters much smaller than the wavelength, $\sigma \ll \lambda/n(\lambda)$, we recover the Rayleigh limit and the absorption efficiency scales linearly with the SC diameter, $C_{abs}/C_{geo} \propto \sigma$, as shown in the inset.³⁰ Beyond this regime, given a fixed energy above the bandgap, the absorption efficiency increases quickly with the SC diameter and reaches a maximum. Importantly, for a wide spectral region, $\lambda < 550nm$, and a wide range of SC diameters, $\sigma > 350nm$, the absorption efficiency reaches values well above unity, peaking at $C_{abs}/C_{geo} = 1.25$ for $\sigma_m = 550nm$ and $\lambda_m = 400nm$. Physically, this means that QD SCs can behave as "light funnels", absorbing light from an area up to 1.25 times their geometric cross section. When increasing the SC diameter further, the absorption efficiency decreases, plateauing at around $C_{abs}/C_{geo} = 1$. This is consistent with the reported behavior of Mie spheres in the limit of large diameters, often referred to as the *extinction and absorption paradox*.^{30,37,38}

To elucidate the microscopic origin of this trend, we investigate the near-field behavior

by calculating the spatial distribution of the electric field energy density, $u_E = \frac{\partial \epsilon(\omega)}{\partial \omega} |\mathbf{E}|^2 \approx n(\lambda)^2 |\mathbf{E}|^2$, within and in proximity of QD SCs with diameters multiple of the optical size $\sigma_{\lambda m} = \lambda_m / n(\lambda_m) \approx 220 \text{ nm}$, Figure 2c.^{30,35} In the smallest SC, $\sigma = \sigma_{\lambda m}$, the electric field energy is distributed throughout the sphere, with most energy stored toward the back of the sphere. The linear dimensions of the storage volume are $\approx \lambda/2$, revealing that SCs can focus light to sub-wavelength regions. When increasing the SC diameter to $\sigma = 2\sigma_{\lambda m}$, the dimensions of the storage volume do not vary significantly, while more energy per unit volume can be stored at the back of the larger sphere, as indicated by the colormap in Figure 2c. Eventually, the amount of energy per unit volume that can be stored in a SC peaks at $\sigma = 2.5\sigma_{\lambda m} = \sigma_m$, and decreases for larger diameters. Distributions of the electric field density at the peak are shown in Figure S2. The maximum absorption efficiency is therefore limited by the penetration of the electric field within the SC, and may be further optimized by tuning the refractive index by varying QD core material,^{36,39} surface ligands,⁴⁰ architectural morphology,^{8,41} and post-processing treatments.⁴²

While Figure 2c provides a visual illustration of the absorption efficiency and its saturation in the spectral range of $\lambda < 550 \text{ nm}$, a quantitative prediction of the wavelength-dependent absorption cross section and its saturation for increasing SC diameters is shown in Figure 2d. These predictions are indeed in qualitative agreement with the experimental absorption cross section, shown in Figure 2e, measured from a polydisperse dispersion of SCs in solution, displaying a saturation of the absorbance for $\lambda < 550 \text{ nm}$. Further confirmation comes from measurements of size-selected SCs, for which we obtain absorption curves very similar to the predicted ones, as shown in Figures S3-S4. The experimentally measured absorption spectra of size-separated QD SCs show an increasing degree of saturation with increasing diameter, in good agreement with theory.

We further elucidate the photonic properties of QD SCs at the single SC level. While experimentally targeting the absorption efficiency of individual nanostructures in the size range $1 - 100 \text{ nm}$ is very challenging,^{43,44} estimating the scattering efficiency of larger su-

perstructures is a more manageable task. By using a dark-field setup, we selectively collect the light scattered by individual QD SCs casted on a substrate, as shown in Figure S5.^{45,46} We use a lithographically patterned silicon substrate to correlate the scattering spectrum of an individual SC, determined through dark-field spectroscopy, with its size, determined by scanning electron microscopy, as shown in Figure S6. As the SC diameter increases, the experimentally measured scattering spectra increase in intensity while developing an increasing number of peaks, as shown in Figure 3a (full lines). In the corresponding dark-field images, the SCs appear larger and brighter as a function of increasing diameter, Figure 3c. Interestingly, the intensity of all scattering spectra shows a strong increase for $\lambda > 620nm$, with a local minimum corresponding to the first exciton peak of the CdSe QDs composing the SCs (dotted line). These observations can be rationalized: Larger SCs can support a larger number of multipole modes of the scattered field, therefore explaining the overall intensity increase with diameter. While the light exciting above the bandgap interacts with the SCs through both absorption and scattering, below the bandgap mainly scattering modes are excited. Therefore, the local maximum in absorption relative to the first exciton peak corresponds to a local minimum in scattering. As shown in Fig. 3b and S7, the theoretical spectrally-resolved scattering cross sections, C_{sca} , reproduce well the main features of the experimental spectra: The increase in intensity and number of peaks with diameter, the intensity increase below bandgap and even the local minimum at $\lambda = 620nm$. We ascribe the dampening of the sharpest resonances to the presence of the silicon substrate, as elucidated in Figure S8 and Mie theory section in the Supporting information. These SCs are thus metamaterials simultaneously displaying an interesting combination of nanoscale and mesoscale photonic behaviors: The complex refractive index is set by the choice of the constituent QDs, and is ultimately determined by quantum confinement effects occurring at the nanoscale. Yet, the interaction of a SC with light is that of a dielectric sphere, resulting in enhanced absorption and scattering through Mie resonances typical of the mesoscale.

The enhancement in absorption efficiency of QD supraparticles resulting from their pho-

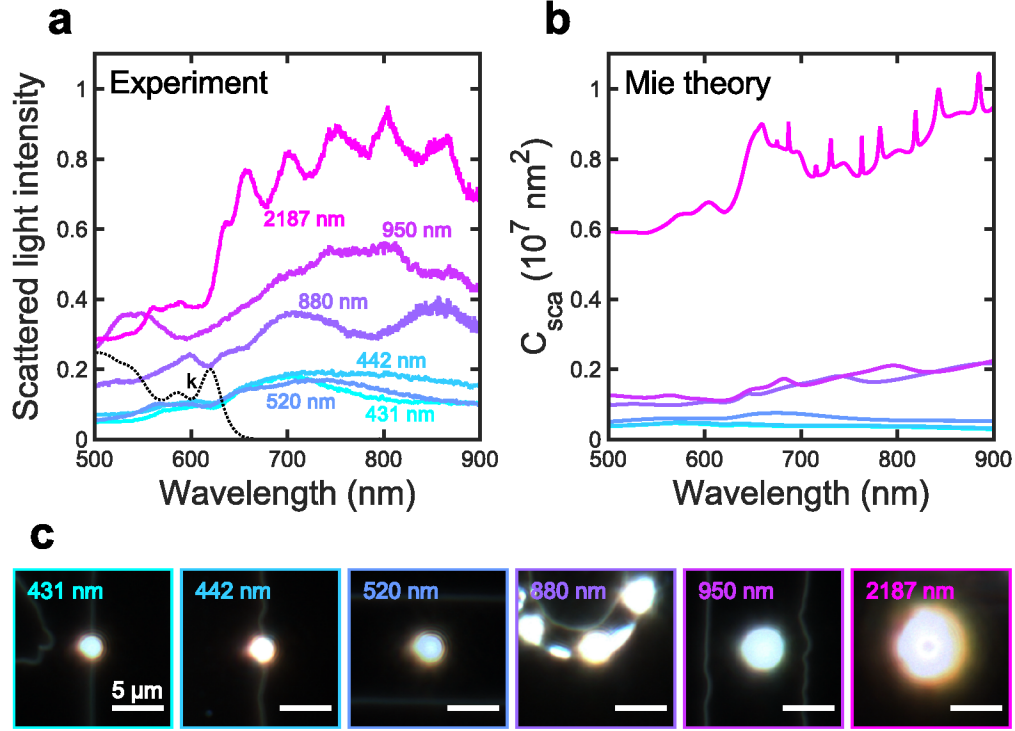


Figure 3: Experimental scattering spectra and simulated scattering cross sections of individual QD SCs. (a) Dark-field scattering spectra of individual QD SCs of various diameters determined by scanning electron microscopy (colored full lines, corresponding diameter indicated). The spectra were collected from SCs deposited on a lithographically checkerboard-patterned silicon substrate to allow accurate SC sizing in the electron microscope (Figure S6). For reference, the imaginary part of the refractive index of dispersed QDs, k , is shown (black dotted line). (b) Mie theory modeled scattering cross sections of individual QD SCs of diameters matching panel (a). To reproduce the embedding medium (air and silicon), we averaged the theoretical spectra of SCs embedded in air and in silicon (Figure S8).⁴⁷ (c) Dark-field images of the QD SCs investigated in panel (a). Light is collected from the solid angle subtended by a section $10\mu\text{m}$ wide at the center of the image.

tonic nature may be instrumental to the design of optoelectronic devices based on photo-sensitivity, like photo-detectors and solar cells, as well as to devices based on exciton manipulation.^{12,48,49} However, for these devices to function, the initially generated charge carriers must be transported across the supraparticle, enabled by sufficiently strong coupling between neighboring QDs. We investigate this coupling by probing the kinetic occupation of electronic states by photo-generated charge carriers through transient absorption (TA) spectroscopy; TA uses a broad-band probe pulse to investigate the occupation of electronic states after high-energy excitation by a pump pulse, see schematic in Figure S9. A map of the TA signal showing the states occupied (red) and available (blue) to the probe pulse as a function of delay time for dispersed CdSe QDs is shown in Figure 4a. The rise of the bleach signal at $\lambda = 620nm$ describes the occupation of the first excited state of the electron, $1S$, by intraband relaxation of high energy charge carriers initially excited by the $\lambda = 400nm$ pump pulse.^{50,51} The time dependence shown in Figure 4b illustrates that this state filling takes place in about $2ps$, consistent with previous reports.⁵ At the same time, a distinct photo-induced absorption (PA) signal develops at $\lambda = 650nm$ and vanishes within $1ps$. This PA feature indicates an electronic state arising from the binding of the pump-generated exciton with the probe-generated exciton into a biexciton.^{50,51} The red shift of this state compared to the $1S$ transition is indicative of an attractive biexciton system characterized by a binding energy Δ_{XX} that can be experimentally estimated from the amplitude ratio between PA and bleach features, A/B , as illustrated in Figure 4b.⁵⁰ Monitoring the magnitude of Δ_{XX} therefore provides an opportunity to directly probe the excitonic coupling between QDs. In Figure 4c we show the normalized spectral cuts measured at delay times $0.13ps$ and $2.8ps$, for QDs dispersed and assembled into SCs while the two-dimensional TA maps are shown in Figure S10. From this, we calculate the values of Δ_{XX} indicated in Figure 4d. The biexciton binding energy for oleate (OA) capped QDs dispersed in hexane amounts to $\Delta_{XX} \sim -7.2meV$, in agreement with previous TA experiments.^{50,52} Replacing the long OA ligands with shorter thioglycolate (TG) ligands for dispersed QDs does not result in a

decrease in $|\Delta_{XX}|$, as seen in Figure 4d samples 1 and 2. As expected, for isolated QDs the biexciton binding energy does not depend on the choice of surface ligand.

By contrast, the crystallization of QDs into SCs critically affects the binding energy, suggesting a mechanism of excitonic coupling between neighboring QDs. To clearly demonstrate this effect, we first isolate the fraction containing the smallest supraparticles from the polydisperse ensemble by centrifuging the dispersion at $3000g$ for 12 hours and collecting the supernatant, resulting in a mean diameter of $\sigma \sim 130nm$, Figure S11. These supraparticles do not display clear crystalline order, and can be rather described as amorphous. In this amorphous state of the QDs, the binding energy of biexcitons remains almost unchanged with respect to the dispersed QDs. However, for the ensemble of larger SCs with diameters up to $\sigma \sim 2.5\mu m$, the binding energy decreases to $\Delta_{XX} \sim -4.4meV$. Furthermore, after decreasing the inter-particle distance between neighboring QDs through an exchange from native oleate to significantly shorter thioglycolate (TG) ligands, the PA feature vanishes, resulting in a nominally null binding energy.

We note that these changes cannot result from electrostatic screening effects due to the higher dielectric constant of the matrix surrounding a QD: hexane and N-methylformamide, solvents for respectively OA- and TG-capped QDs, have a ratio in dielectric constant of ≈ 90 while still yielding similar values of Δ_{XX} . We also note that the decrease in $|\Delta_{XX}|$ cannot result from enhanced intra-band cooling rates, since all samples show similar cooling time constants of $0.6 - 0.7ps$, as shown in Figure S12. Instead, we propose that the observed decrease in binding energy results from the increase in inter-dot excitonic coupling from isolated QDs to QD SCs. Specifically, the disappearance of the biexciton state suggests that the high-energy exciton excited by the pump delocalizes onto the neighboring QDs prior to the arrival of the probe pulse, that is, within $0.13ps$, the delay time of the earliest TA spectrum. This type of excitonic coupling is therefore intrinsically distinct from more conventional Förster resonant energy transfer or carrier trapping mechanisms.⁵³ In the dispersed state, the coupling of QDs is negligible as their average inter-dot distance is very large. This

coupling is still negligible in the smallest supraparticles, likely because of their structural disorder. Instead, larger FCC SCs of OA-capped QDs feature 12 nearest neighbors with an average surface-to-surface distance of $\approx 2nm$,²⁷ increasing the probability of coupling events. The decrease in inter-dot distance due to the exchange to shorter TG ligands further enhances this coupling probability, resulting in a free biexciton system. This can be regarded as the fingerprint of the onset of excitonic coupling among neighboring QDs within the SC.

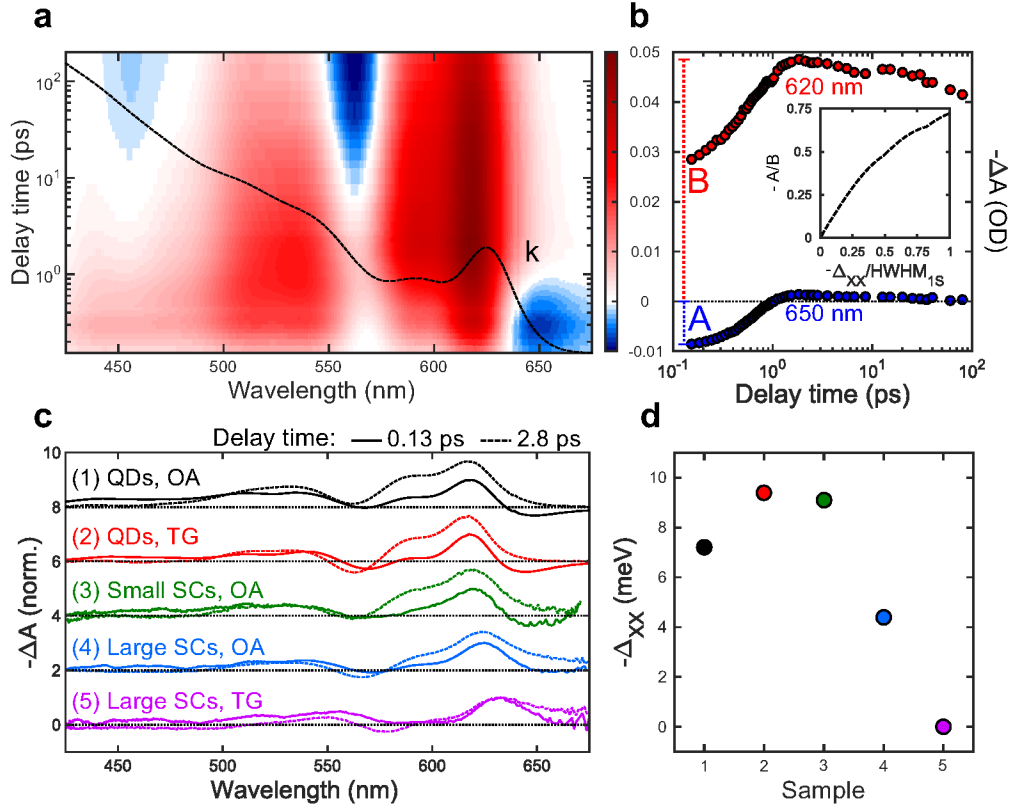


Figure 4: **Ultrafast dynamics reveal enhanced excitonic coupling in QD SCs.** (a) Map of the negative TA signal for oleate-capped QDs dispersed in hexane. The imaginary part of the refractive index, k , is also indicated (dotted line). (b) Temporal cuts of panel (a) showing the kinetic behavior at $\lambda = 620nm$ and $650nm$. The inset shows the expected dependence of the amplitude ratio A/B on the biexciton binding energy, Δ_{XX} , normalized to the half-width at half-maximum (HWHM) of the $1S$ transition.^{50,52} (c) Spectral cuts of the negative TA signal at delay times $0.13ps$, full lines, and $2.8ps$, dashed lines, for different QD samples described in the text. (d) Values of biexciton binding energy, Δ_{XX} , extracted from the data shown in (c) and the expected values shown in the inset in (b).

Conclusions

We have demonstrated the potential of QD SCs as supraparticles featuring both photonic and excitonic coupling. By directly measuring the absorption and scattering properties of SCs both in ensemble and at the single-particle level, and comparing to Mie theory, we have estimated that CdSe QD SCs can reach absorption efficiencies up to 1.25 in a wide spectral range in the visible and for a variety of sizes produced by emulsion-templated assembly, an increase of more than two orders of magnitude with respect to isolated QDs. This achievement is promising for the development of NC-based photonic structures that could result in efficient light-trapping strategies for solar cells and photo-detectors not relying on any form of lithography. Furthermore, these supraparticles show enhanced excitonic coupling as we have shown by directly probing the path in energy-time space of photo-generated excitons. The decrease in the biexciton binding energy suggests a collective behaviour of the SCs, in which exciton delocalization is favored by the degree of order in supraparticles and smaller inter-dot distances. Taken together, these results point to an optimized SC diameter of $550nm$ simultaneously maximizing absorption efficiency and excitonic coupling upon excitation at $400nm$. These findings introduce the class of bottom-up Mie-tronics,⁵⁴ that will allow for the efficient production of photonically active structures with optical properties tailored by the choices of the constituent NC building blocks and resulting supraparticles.

Methods

QD synthesis

CdSe QDs were synthesized according to the literature with minor modifications.²¹ Briefly, $3mL$ of a $1M$ TOP:Se solution were mixed with $7mL$ of 1-octadecene (ODE) and loaded into a glass syringe placed in a syringe pump. Meanwhile, the cadmium oleate precursor solution was prepared by mixing $0.512g$ of cadmium oxide, $6.28g$ of oleic acid, and $25g$ of ODE in

a 100mL round-bottom flask. While stirring, the reagents were degassed at 100°C for one hour. Afterwards, the flask atmosphere was switched to nitrogen and the temperature raised to 260°C. The temperature was held constant until the color of the mixture changed from dark-red to colorless. Subsequently, the temperature was dropped to 100°C and the flask was placed under vacuum for 30 minutes. After switching the atmosphere again to nitrogen, the temperature was raised to 260°C. Meanwhile, 0.063g of Se powder was added to 5mL of ODE and sonicated for 20 minutes. The Se/ODE mixture was injected at 260°C by using a 22mL plastic syringe equipped with a 16G needle. Immediately thereafter, the temperature controller was set to 240°C. 60 seconds after injection, the TOP:Se/ODE solution was added dropwise at a rate of 10mL/hour. 60 minutes after injection, the reaction was quenched by removing the heating mantle and dropping the flask in a container full of room-temperature water. The reaction was split into enough 50mL centrifuge tubes such that there were 5mL of mixture in each tube. Approximately 20mL of hexane were added to each tube which was then capped and vortexed. 25mL of 200 proof ethanol were added to each tube, and the tubes were centrifuged at 8000g for 5min. The QDs were washed twice more by redispersing the precipitate in 10mL of hexane, and then precipitating with an equal volume of ethanol. After the final wash, the QDs were redispersed in cyclohexane at a concentration of 50mg/mL and filtered by using a 200nm PTFE or PVDF syringe filter. A more detailed description of the synthesis is provided in the Supporting Information file.

QD SC synthesis and ligand exchange

QD SCs were synthesized by following our recently reported procedures for emulsion templating.^{27,29} Briefly, we added 8mL of 6mg/mL sodium dodecyl sulfate in water to a 20mL scintillation vial. Subsequently, we added 2mL of a 5mg/mL QD dispersion in cyclohexane. After capping the vial, we vortexed its contents for 30 seconds. The vial was then uncapped and, after the addition of a 1 inch stir bar, placed on a hot plate switched off and at room temperature. The emulsion was left to dry in the fumehood while stirring at 400rpm. After

drying for 12 hours (overnight), we washed the resulting SCs twice by centrifuging at $3000g$ for 1 hour, followed by redispersion in $6mg/mL$ sodium dodecyl sulfate in water to reach a SC concentration of $5mg/mL$.

To ligand-exchange the QD SCs, we added $1mL$ of QD SC stock dispersion to $9mL$ of $10mM$ sodium thioglycolate in water. The dispersion was left to stir at room temperature for 20 minutes, followed by rinsing twice with hexane. The rinsed dispersion was then centrifuged at $3000g$ for 20 minutes, and the pellet was redispersed in $1mL$ of water. This washing step was repeated a second time, after which the pellet was redispersed in water.

Mie theory modeling

Mie theory calculations on dielectric spheres were done using *MatScat*, an open source software available at <https://nl.mathworks.com/matlabcentral/fileexchange/36831-matscat>.³⁵ The Mie calculations of energy density and field were independently verified using finite element modelling (COMSOL Multiphysics 5.2). We also tested the behavior of Mie resonances for spheroids of different aspect ratios by using SMARTIES, another open source software available at <https://www.victoria.ac.nz/scps/research/research-groups/raman-lab/numerical-tools>.⁵⁵ The complex refractive index for CdSe QDs was derived from ellipsometry data available in the literature for $5.1nm$ CdSe QDs capped with oleic acid,³⁶ blue shifting the spectra by $8nm$ to match the position of the first exciton peak in our samples. Specifically, the complex refractive index, $\tilde{n} = n + ik$, is reported in the supplementary spreadsheet of the publication of Diroll *et al.*, page 1, columns A (wavelength, λ), T (real part of the refractive index, n), and U (imaginary part of the refractive index, k).³⁶ The value of the refractive index used for the near-field simulations was: $\tilde{n}(\lambda = 400nm) = n + ik = 1.8173 + i0.0916$. The complex refractive index for silicon was also determined from the literature.⁵⁶

Ensemble optical measurements

Optical absorption spectra were measured using a Perkin Elmer Lambda 950 UV/Vis/NIR spectrophotometer with integrating sphere. A 5mg/mL dispersion of SC in 6mg/mL sodium dodecyl sulfate in water was drop-casted on a quartz substrate. The measurement was performed by placing the substrate at the center of the integrating sphere with an angle of 45 degrees with respect to the incoming beam, so to allow for the collection of reflected, transmitted, and scattered light to quantify absorption.

Photo-lithography

The mask was custom-made by Delta Mask b.v., Enschede (The Netherlands). The mask is made of quartz, with a chromium coating. 12 x 12 mm single-side polished silicon substrates were cleaned in acetone, sonicated in water, followed by cleaning with base piranha (15 minutes at 75°C), and a final 60s O_2 plasma descum step (Oxford Instruments Plasma Technologies Plasmalab 80 Plus). Next the sample was spincoated with HMDS as adhesive layer, followed by spinning Ma-N1410 as optical resist. The target thickness was $1.5\mu\text{m}$. Next we exposed using a Suss Mask aligner MA BA 6(365 nm i-line) at a nominal dose of 325 mJ/cm^2 . After development, the sample was evaporated with 15 nm of Cr after development using PVD (Polyteknik Flextura M508E) and lift-off was done in 1-methyl-2-pyrrolidone at 60°C .

Dark-field micro-spectroscopy

Reflective dark field microscopy was performed using a home-built setup based on a Nikon universal illuminator unit (Nikon LV-UEPI 2 system) and a 100W halogen lamp, equipped with objectives from the CFI LU Plan Fluor BD series (20x NA 0.45 , 50x NA 0.8, and 100x NA 0.9). Samples were imaged with a $f = 200\text{mm}$ achromatic tube lens. Directly after the tube lens, a 70/30 beam splitter (Thorlabs BS022) directed 70% of the light onto

the entrance facet of a collection fiber, while the remaining 30% was used to form an image on a CMOS color camera (Imaging Source DFK 21AU04). The collection fiber (Thorlabs M16L01, $50\mu m$ core, NA 0.22) was multi-mode, and lead to an Avaspec 2048TEC-2-USB2 spectrometer (thermo-electrically cooled 2048 pixel Si CCD, $600l/mm$ grating, $75mm$ focal length) with a resolving power of around $0.3nm/pixel$ and a detection range from 500 to 1000 nm. No polarization optics were used. Spectra in this work are taken with the 100x objective, with illumination through the objective reflective mantle at angles just beyond the collection NA. Sample preparation consisted in 2 minutes of plasma cleaning of the lithographically-patterned substrates, followed by spin-coating ($1500rpm$, $30s$ and $3000rpm$, $10s$) of a dispersion of CdSe QD SCs ($5 \times 10^{-3}g/L$) in water (sodium dodecyl sulfate $6g/L$). Further details are provided in the Supporting Information file.

Ultrafast transient absorption spectroscopy

Femtosecond transient absorption (TA) measurements were based on a 5 kHz Ti:sapphire femtosecond amplifier (Spectra Physics Solstice-Ace) which produces $75fs$ pulses peaking at $\lambda = 800nm$ ($FWHM = 30nm$) at $350\mu J/pulse$. This beam was split in two parts by a beam splitter (80%/20%) to generate the pump and the probe, respectively. The pump ($\lambda = 400nm$) was produced by frequency-doubling the fundamental $\lambda = 800nm$ (type I phase-matching) in a $250\mu m$ β -BBO crystal. The pump beam was chopped at $500Hz$ and focused on a $200\mu m$ light path quartz flow cell by a parabolic mirror with $f = 150mm$. Its polarization was controlled by a waveplate. A probe beam consisted of a supercontinuum pulse ($\lambda = 400 - 700nm$) generated by focusing the $\lambda = 800nm$ beam on a D_2O -filled $1mm$ light path quartz cuvette. The probe was focused on the sample by the same parabolic mirror used to focus the pump. The pump-probe delay was controlled by a motorized delay stage which yields a temporal resolution of $70fs$. The probe and the pump overlapped within the same volume of the sample. The sample was flowed through a $200\mu m$ light path quartz flow cell at a rate of $20mL/hour$. Sample concentration was kept at $1mg/mL$ for

all measurements to minimize scattering. After the sample flow cell, the probe beam was dispersed by a Brewster-angle silica prism and focused on the detector by a lens. The spectral resolution is 3nm . Pump and probe are synchronized with a camera detector system with 1024 pixels (Glaz Linescan-I) with single-shot capability. A typical signal was obtained by averaging 5000 pumped and 5000 unpumped spectra for each delay, and scanning over the pump-probe delay 40 times.

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Supporting Information Available

A detailed description of procedures for QD synthesis, small-angle X-ray scattering, electron microscopy, Mie theory modeling, photo-lithography, optical measurements, and Figures S1-S12 are available online in the Supporting information file.

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Graphical TOC Entry

