

Association of Intraventricular Fibrinolysis With Clinical Outcomes in Intracerebral Hemorrhage: An Individual Participant Data Meta-Analysis

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BACKGROUND: In patients with intracerebral hemorrhage (ICH), the presence of intraventricular hemorrhage constitutes a promising therapeutic target. Intraventricular fibrinolysis (IVF) reduces mortality, yet impact on functional disability remains unclear. Thus, we aimed to determine the influence of IVF on functional outcomes.

METHODS: This individual participant data meta-analysis pooled 1501 patients from 2 randomized trials and 7 observational studies enrolled during 2004 to 2015. We compared IVF versus standard of care (including placebo) in patients treated with external ventricular drainage due to acute hydrocephalus caused by ICH with intraventricular hemorrhage. The primary outcome was functional disability evaluated by the modified Rankin Scale (mRS; range: 0–6, lower scores indicating less disability) at 6 months, dichotomized into mRS score: 0 to 3 versus mRS: 4 to 6. Secondary outcomes included ordinal-shift analysis, all-cause mortality, and intracranial adverse events. Confounding and bias were adjusted by random effects and doubly robust models to calculate odds ratios and absolute treatment effects (ATE).

RESULTS: Comparing treatment of 596 with IVF to 905 with standard of care resulted in an ATE to achieve the primary outcome of 9.3% (95% CI, 4.4–14.1). IVF treatment showed a significant shift towards improved outcome across the entire range of mRS estimates, common odds ratio, 1.75 (95% CI, 1.39–2.17), reduced mortality, odds ratio, 0.47 (95% CI, 0.35–0.64), without increased adverse events, absolute difference, 1.0% (95% CI, –2.7 to 4.8). Exploratory analyses provided that early IVF treatment (≤48 hours) after symptom onset was associated with an ATE, 15.2% (95% CI, 8.6–21.8) to achieve the primary outcome.

CONCLUSIONS: As compared to standard of care, the administration of IVF in patients with acute hydrocephalus caused by intracerebral and intraventricular hemorrhage was significantly associated with improved functional outcome at 6 months. The treatment effect was linked to an early time window <48 hours, specifying a target population for future trials.

GRAPHIC ABSTRACT: A [graphic abstract](#) is available for this article.

Key Words: fibrinolysis ■ hydrocephalus ■ intracerebral hemorrhage ■ mortality ■ standard of care

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Nonstandard Abbreviations and Acronyms

AD	absolute difference
ATE	absolute treatment effects
CLEAR III	Clot Lysis: Evaluating Accelerated Resolution of Intraventricular Hemorrhage Phase III
ERICH	Ethnic/Racial Variations of Intracerebral Hemorrhage
GCS	Glasgow Coma Scale
ICH	intracerebral hemorrhage
IPD	individual participant data
IVF	intraventricular fibrinolysis
mRS	modified Rankin Scale
OR	odds ratio
RETRACE	German-Wide Multicenter Analysis of Oral Anticoagulation Associated Intracerebral Hemorrhage Study
SMD	standardized mean difference
SoC	standard of care
UKER	Observational Cohort Study Spontaneous ICH Conducted at the University Hospital Erlangen

Intraventricular fibrinolysis (IVF) is a treatment strategy in patients with intracerebral hemorrhage (ICH) and severe ventricular involvement (IVH).^{1,2} Several studies demonstrated hastened intraventricular clot resolution by IVF and the randomized controlled CLEAR-III trial (Clot Lysis: Evaluating Accelerated Resolution of Intraventricular Hemorrhage Phase III) verified prior demonstration of safety (bleeding complications and infections) compared to placebo treatment in an ICH population with smaller parenchymal but larger intraventricular hemorrhage volumes.^{3,4} Mortality rates were reduced, but the primary efficacy analysis for functional outcome was neutral.^{3,5} Questions remain whether improved patient selection may provide functional benefit and establish this therapy with greater certainty.^{3,6,7}

Two important subgroups have been identified from CLEAR-III, patients with intermediate-sized IVH volumes and time from symptom onset to randomization.³ Hence, individualizing a treatment strategy suggests that threshold-based selection of lesion volumes and timing from symptom onset to IVF treatment may provide functional benefit. Only availability of a large sample with highly granular data would allow quantification of patient characteristics predictive of favorable functional outcome.^{8–10} We thus conducted an individual participant data (IPD) meta-analysis integrating published studies on IVF and eligible ICH patients from large observational cohort studies.¹¹

METHODS

The data that support the findings of this study are available from the corresponding author upon reasonable request and

after approval of the data coordinating centers of the participating trials and studies.

Search Strategy and Data Synthesis

We performed a systematic review searching the Cochrane Library, Pubmed, and Scopus databases, and international trial registries, without language restrictions for clinical studies from inception to July 30, 2019. For full details of search criteria for the systematic review, aggregate data meta-analysis, and statistical analysis plan, please see [Supplemental Methods, Table S1, and Figure S1–S3](#). The systematic review identified 8 studies of which 3 fulfilled prespecified criteria for IPD contribution and after invitation 2 contributed IPD.^{3,12,13} Hence, decision was made by the lead investigators (J.B.K., W.Z., S.T.G., S.S., D.F.H., H.B.H.) to complement the present analysis by integrating further IPD from existing large studies of general ICH populations with availability of highly granular data.^{3,12,14–19} This decision was based on the fact that with these few available specific studies analytical methodology would have been limited by restricting appropriate adjustments for bias and confounding as well as leading to an inability to conduct sufficient exploratory analyses ([Supplemental Methods](#)). Identification of observational studies was performed by screening registries (ClinicalTrials.gov, European Clinical Trials Database), complemented by our systematic review, and by contacting established investigative teams. All findings are reported in accordance with the Preferred Reporting Items for Systematic Review and Meta-Analysis of Individual Participant Data.²⁰

The present IPD meta-analysis ([Figure S1](#)) incorporated 9 studies ([Table S2](#)): (1) the randomized controlled CLEAR-III trial (<https://www.clinicaltrials.gov>; Unique identifier: NCT00784134), (2) CLEAR-B phase-II trial (<https://www.clinicaltrials.gov>; Unique identifier: NCT00650858),^{3,4} (3) the multicenter, prospective, case-control ERICH study (Ethnic/Racial Variations of Intracerebral Hemorrhage; <https://www.clinicaltrials.gov>; Unique identifier: NCT01202864),¹⁵ (4 and 5) 2 multicenter cohorts from the German-wide multicenter analysis of oral anticoagulation associated intracerebral hemorrhage, RETRACE-study (German-Wide Multicenter Analysis of Oral Anticoagulation Associated Intracerebral Hemorrhage Study) part-I (<https://www.clinicaltrials.gov>; Unique identifier: NCT01829581)¹⁴ and part-II (<https://www.clinicaltrials.gov>; Unique identifier: NCT03093233),^{16,21} (6) the single-center observational cohort study (UKER [Observational Cohort Study Spontaneous ICH Conducted at the University Hospital Erlangen]) for primary spontaneous ICH conducted at the University Hospital Erlangen, Germany (<https://www.clinicaltrials.gov>; Unique identifier: NCT03183167),¹⁷ (7) single-center observational cohort study in adult nontraumatic ICH patients conducted at the University of Tennessee Health Science Center,¹⁸ (8) single-center observational cohort study in adult patients with spontaneous supratentorial ICH conducted at Beth Israel Deaconess Medical Center,¹⁹ (9) single-center matched-pair cohort study conducted at University Hospital Heidelberg, Germany.¹² Informed consent was obtained from all participants or their legal representatives within each participating study if not waived by the respective ethical committees. Institutional review boards or ethical committees reviewed and approved all study protocols.

Data Extraction and Study Population

Eligibility for IPD inclusion comprised the following: (1) supratentorial primary ICH or IVH with IVH causing acute hydrocephalus treated with an external ventricular drainage, (2) patient age ≥ 18 years, (3) premorbid modified Rankin Scale (mRS) score ≤ 3 , (4) >10 patients treated with IVF within each study framework, (5) no evidence of early care limitations or death within 48 hours after admission,²² (6) no evidence of secondary ICH causes, (7) no other competing treatment intervention (eg, craniectomy, minimal invasive surgery), (8) use of validated methods for imaging assessment, (9) standardized scoring of neurological status (Glasgow Coma Scale [GCS] ranging from 3, comatose, to 15, alert), and (10) availability of standardized functional outcome assessed by the mRS (ranging from 0, no functional deficit to 6, death) recorded between 3 and 12 months after the index event. For methodology of data acquisition and description of included studies, please see [Table S3](#). Complete data sets were available for patient identification; that is, the entire ICH cohort within each study framework was available for identification of patients eligible for IPD contribution according to the predefined eligibility criteria. Baseline data on demographics, prior comorbidities, prior medication exposures, timing measures, and neurological status upon hospital admission were obtained.¹⁶ Imaging analyses were conducted at imaging cores within each study framework by investigators blinded to clinical information ([Table S3](#)). The IPD-set was compiled and centrally analyzed by the coordinating center (University Hospital Erlangen, Germany).¹⁶

Intervention and Outcomes

The investigated intervention (intraventricular fibrinolysis, IVF) consisted of the instillation of alteplase (1 mg/mL) through an external ventricular drainage until the stopping point was achieved. The stopping point was defined as radiographic opening of the third and fourth ventricles or relieved mass effect of IVH or reached maximum dose according to individual study protocols.^{3,4,12} IVF was compared to either placebo treatment (CLEAR-III) or external ventricular drainage management according to American or European ICH guidelines, both referred to as standard of care (SoC) throughout the article.^{23,24}

The primary outcome was predefined as the proportion of patients achieving favorable functional outcome at 6 months mRS score of 0 to 3 dichotomously compared with mRS score of 4 to 6. Secondary outcomes comprised (1) ordinal-shift analysis of mRS values at 6 months, (2) all-cause mortality at 6 months, and (3) adverse events defined as any intracranial bleeding complication or bacterial infection occurring within 30 days after ictus. Follow-up information was obtained according to individual study protocols by personnel blinded to clinical data ([Table S3](#)).

Risk of Bias Assessment

All included studies were evaluated for risk of bias using the ROBINS-I tool (Risk of Bias in Nonrandomized Studies of Interventions)²⁵ by consensus of the lead authors ([Table S4](#)).

Statistical Analysis

Full details of the prespecified statistical analysis plan of this IPD meta-analysis are provided [Supplemental Methods](#). Each IPD-set was checked for completeness, consistency,

and queries were resolved with participating investigators. We standardized coding, format, and units of measurement for scale or continuous variables to maximize data completeness.²⁶ Missing outcome information (5.4%, complete IPD-dataset) was handled by multiple imputations ([Supplemental Methods; Table S4](#)).²⁷ Sensitivity analyses involved interstudy variance of treatment effects across participating studies with clinical outcomes at 6 months, confounding due to excluded patients determined by interaction analysis (IVF \times excluded patients), and evaluation of unmeasured confounding (*E* values).^{9,28} Heterogeneity was evaluated by Cochran-Q testing, calculated I^2 -values, considered significant $P < 0.1$, and inconsistency of results were determined according to the GRADE-Handbook (Grading of Recommendations Assessment, Development and Evaluation).²⁹ Analyses for interactions of treatment effect (IVF \times interaction term) were considered significant for $P < 0.05$. All tests were 2-sided with significance level at $\alpha = 0.05$. The systematic review and aggregate meta-analysis were conducted using RevMan (Version 5.4) and IPD meta-analysis was conducted with STATA (version 14.2).

Statistical analyses of primary and secondary outcomes used pooled IPD ($N = 1501$) comparing IVF treatment, as per-protocol basis, to SoC as reference. To rigorously address bias and confounding, we used 3 different confounder-adjusted methods conducted as one-stage approach to calculate adjusted odds ratios (OR) and adjusted absolute treatment effects (ATE). (1) Conventional OR-model calculated using generalized linear mixed-effect to analyze all studies simultaneously, accounting for clustering of treatment effects (between-study differences) across participating studies with random effects and adjustments for confounders associated with the investigated outcomes. (2) Doubly robust estimations to calculate ATE using logistic regression by a technique (augmented inverse probability weighting), which was identified as most conservative model after sensitivity analyses. Adjustments were performed in 2 ways (1) confounders associated with an increased propensity to receive IVF treatment, that is, oral anticoagulation, GCS, deep ICH location, ICH volume, IVH volume and (2) validated confounders associated with functional outcome and mortality, that is, age, prestroke mRS, oral anticoagulation, GCS, thalamic ICH location, ICH volume, IVH volume. (3) For graphical analyses only, we used a propensity-matched cohort ($n = 1150$) using the aforementioned confounders associated with an increased treatment propensity, calculated by balanced, parallel (1:1) nearest neighbor approach (caliper: 0.2).³⁰ Analyses comprised the mRS distribution at 6 months and exploratory threshold regression analyses of nonlinear treatment effect modifiers (age, GCS, ICH volume and IVH volume, symptom onset to treatment) calculated using the multivariable fractional polynomials interaction approach with OR presented on a log-odds scale.³¹

In general, confounders were identified based on sensitivity analyses of each investigated outcome and considered relevant by a standardized mean difference larger than 10%. Primary and secondary outcome analyses comprised binary regression for the primary end point (mRS score of 0–3), mortality, and adverse events as well as ordinal-shift analyses (presented as common odds ratio, after checking the proportional odds assumption, as appropriate) across the entire mRS within generalized linear mixed-effect- and augmented inverse probability weighting modeling. Exploratory subgroup analyses followed

the same methodology. Subgroup categories of continuous or scale variables were grouped into tertiles or scored as present or absent and were tested for interactions (IVF×subgroup category) considered significant for $P<0.05$.

RESULTS

Systematic Review and Aggregate Data Meta-Analysis

The systematic review of published studies analyzing associations of IVF with mortality at discharge, mortality, and functional outcome at ≥ 3 months identified 2 trials and 6 observational cohort studies (Table S1 and Figure S1). Results provided significant heterogeneity and substantial data inconsistency for functional outcome (Figure S2). Risk of bias due to baseline confounding was judged high or unclear in 6 out of 8 studies (Figure S3).

Study Population of IPD Meta-Analysis

We screened 9 datasets with 8482 ICH patients for eligibility, pooling IPD data from one randomized controlled trial (CLEAR-III, including $n=500$), from one phase-II trial (CLEAR-B, including $n=35$), from one observational study (including $n=52$), and additionally integrated IPD from large observational cohort studies (ERICH, including $n=388$; RETRACE-I, including $n=115$; RETRACE-II, including $n=144$; UKER, including $n=170$; University of Tennessee Health Science Center, including $n=80$; Beth Israel Deaconess Medical Center, including $n=17$). Hence, the IPD study cohort consisted of 1501 patients of which 596 patients received IVF compared to 905 patients with SoC (Figure 1). Sensitivity analyses of excluded patients did not show significant interactions (Table S5).

Risk of Bias Assessment

Statistical heterogeneity was not significant and inconsistency of results across participating studies with respect to interstudy variance of treatment associations was determined low (I^2 -fluctuation span, 0%–47%; Figure S4). Risk of bias was judged low to moderate risk across all participating studies (Figure S4 and Table S4).

IPD Meta-Analysis

Baseline characteristics are provided in the Table. Patients with IVF received the first dose at a median of 47.8 hours interquartile range (31.0–64.5) after symptom onset with a median cumulative dose of 5 mg alteplase interquartile range (3–8) and 95% CI (0–12). We identified significant imbalances in IVF treated patients compared to SoC, that is, less frequent prior use of oral anticoagulation (absolute difference [AD], 6.5% [95% CI, –10.7 to –2.2]), standardized mean difference [SMD], 0.16), more frequent

deep ICH location (AD, 4.1% [95% CI, –0.1 to 8.2]; SMD, 0.10), less frequent higher GCS (values=13–15, AD, 6.0% [95% CI, –10.6 to –1.4]; SMD, –0.11), smaller ICH volumes (AD, –6.0 mL [95% CI, –7.9 to –4.1]; SMD, –0.54), and larger IVH volumes (AD, 6.0 mL [95% CI, 3.3–8.7]; SMD, 0.30). Sensitivity analyses dichotomized according to functional outcome (mRS score: 0–3 at 6 months; Table S6) showed more frequent IVF-use (AD, 12.2% [95% CI, 6.8–17.4]; SMD, 0.25), younger age (AD, –7.5 years [95% CI, –8.8 to –6.2]; SMD, –0.62), higher GCS values (AD, 3.0 [95% CI, 2.3–3.7]; SMD, 0.57), less frequent thalamic ICH (AD, –9.7% [95% CI, –15.3 to –4.1]; SMD, –0.19), lower ICH volumes (AD, –9.7 mL [95% CI, –11.5 to –8.0]; SMD, –0.59), and lower IVH volumes (AD, –8.0 mL [95% CI, –10.9 to –5.1], SMD, –0.45) in patients with favorable outcome. Sensitivity analyses according to adverse events showed more frequent prior oral anticoagulant use (AD, 9.2% [95% CI, 2.5–15.8]; SMD, 0.21) and larger IVH volumes (AD, 3.8 mL [95% CI, 0.2–7.4]; SMD, 0.10; Table S7).

Analyses of the Primary Outcome

The adjusted absolute treatment effect of IVF to achieve a favorable functional outcome at 6 months using the entire IPD cohort ($N=1501$) was 9.3% (95% CI, 4.4–14.1), $P<0.001$, according to the most conservative model identified by sensitivity analyses (all models, ATE-range, 9.3%–10.0%; Table S8). The adjusted-OR to achieve favorable functional outcome was 1.69 (95% CI, 1.26–2.23), $P<0.001$; (E values, point-estimate, 1.92, CI, 1.50) and the crude difference for the entire cohort ($N=1501$) was 42.1% (251/596) versus 30.5% (276/905). Graphical representation of the mRS distribution at 6 months using the propensity-matched cohort ($N=1150$) is shown in Figure 2A, with a difference in proportions of favorable functional outcome of 42.4% (244/575) versus 35.0% (201/575), for sensitivity analyses of the propensity-matched cohort (Table S9 and Figure S5).

Analyses of Secondary Outcomes

IVF treatment was associated with a significant shift towards improved functional outcome across the entire range of mRS, common-OR, 1.75 (95% CI, 1.39–2.17), $P<0.001$; (E values, point-estimate, 1.98, CI, 1.64). Mortality at 6 months was significantly reduced with IVF treatment compared with SoC, adjusted-OR, 0.47 (95% CI, 0.35–0.64), $P<0.001$; (E values, point-estimate, 2.28, CI, 1.81), with an ATE, –10.0% (95% CI, –14.5 to –5.4), $P<0.001$. Focusing on safety Figure 2B provides an overview of evaluated adverse events. In total 14.9% (89/596), adverse events in IVF treated patients were detected compared to 13.5% (122/905) in patients who received SoC, with an adjusted AD, 1.0% (95% CI,

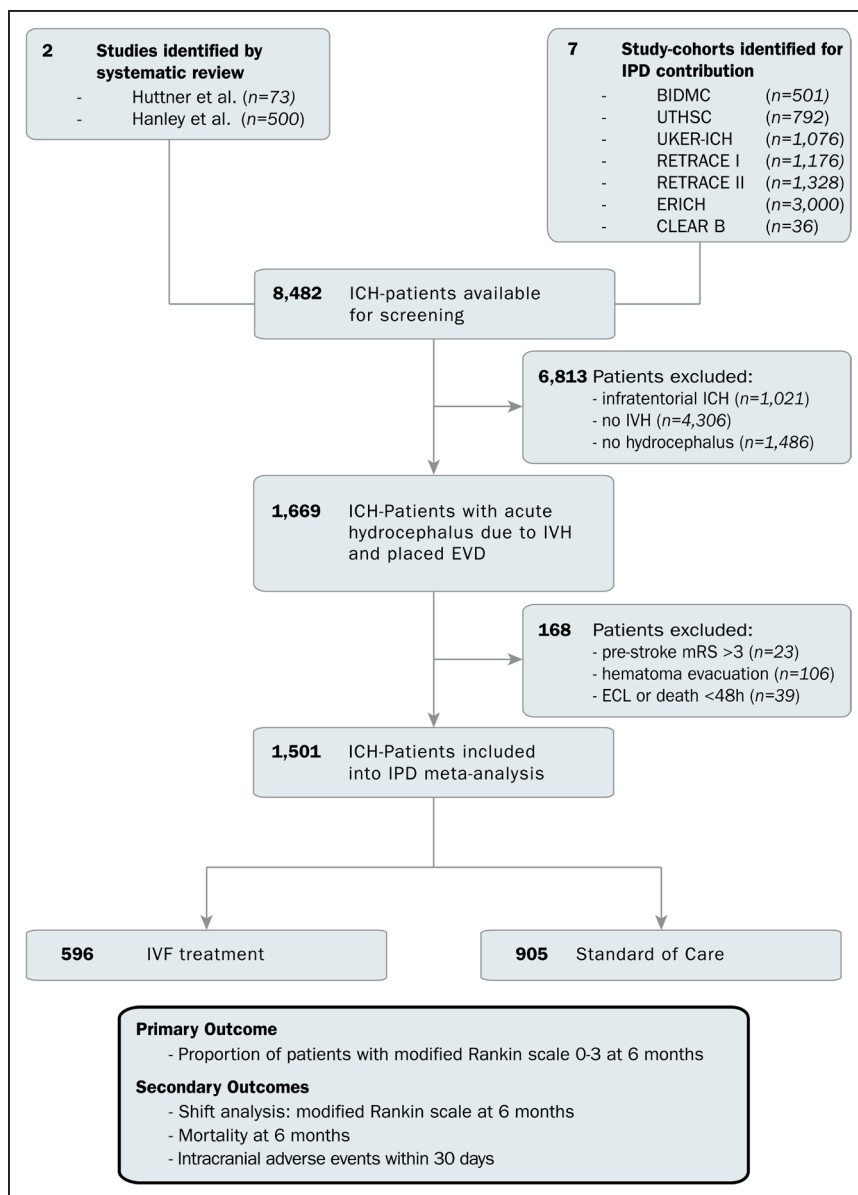


Figure 1. Flow diagram of study population and data analysis.

Flow diagram providing, screening, eligibility, exclusion, and generation of the study population available for individual participant data (IPD) contribution, based on the Preferred Reporting Items for Systematic Review and Meta-Analysis of Individual Participant Data guidelines. BIDMC indicates Beth Israel Deaconess Medical Center; CLEAR, Clot Lysis: Evaluating Accelerated Resolution of Intraventricular Hemorrhage; ECL, early care limitations; ERICH, Ethnic/Racial Variations of Intracerebral Hemorrhage; EVD, external ventricular drainage; ICH, intracerebral hemorrhage; IVF, intraventricular fibrinolysis; IVH, intraventricular hemorrhage; RETRACE, German-Wide Multicenter Analysis of Oral Anticoagulation Associated Intracerebral Hemorrhage Study; UKER, Observational Cohort Study Spontaneous ICH Conducted at the University Hospital Erlangen; and UTHSC, University of Tennessee Health Science Center.

−2.7 to 4.8). New intracranial hemorrhagic complications were present in 8.6% (51/596) of IVF treated patients compared to 6.0% (54/905), a difference that was not statistically different, with an adjusted AD, 0.8% (95% CI, −2.3 to 3.0; Table S10).

Exploratory Subgroup Analyses

For associations of IVF with the primary outcome (Figure 3), significant ATE were found in younger patients aged 23 to 55 years, ATE, 13.4% (95% CI, 5.5–21.3), in patients with lower GCS (3–7) values, ATE, 12.1% (95% CI, 5.0–19.3), in nondeep ICH, ATE, 10.4% (95% CI, 0.8–23.1), or nonthalamic ICH, ATE, 12.6% (95% CI, 5.4–19.8), as well as in patients with larger ICH volumes (≥ 19.2 mL), ATE, 10.9% (95% CI, 2.8–19.0), and moderate IVH volumes (16.0–33.3 mL), ATE, 10.6% (95% CI, 3.0–18.2). The largest ATE was observed for symptom

onset to treatment, especially in the earliest time window (treatment started within first tertile <29.9 hours after onset), ATE, 23.0% (95% CI, 12.8–33.2). The following time window (29.9–52.8 hours) remained significantly associated but revealed a lower ATE, 10.0% (95% CI, 1.3–18.7). Significant interactions between treatment and subgroup categories were not detected, all $P > 0.05$. Similar associations were appreciated for the secondary outcomes (ordinal-shift analysis, mortality, and adverse events, Tables S11 through S13). Early IVF treatment (<29.9 hours) was associated with the largest shift towards improved functional outcomes, common-OR, 2.70 (95% CI, 1.67–4.35). Mortality reduction was most distinct in patients with GCS (3–7) values, ATE, −19.6% (95% CI, −26.9 to −12.2), and larger ICH volumes (≥ 19.2 mL) ATE, −19.3% (95% CI, −28.2 to −10.3). Upon exploratory analyses of IVF treatment with adverse events, the only significant association was observed in

Table. Baseline Characteristics Comparing Patients Treated With IVF Versus SoC

IPD cohort (N=1501)	IVF (n=596)	SoC (n=905)	Absolute difference, (95% CI)	SMD
Age, mean (SD), y	61.0 (12.4)	61.6 (12.9)	−0.5 (−1.9 to 0.7)	−0.05
Female sex, N (%)	246 (41.3%)	358 (39.6%)	1.7 (−3.4 to 6.7)	0.03
Medical history, N (%)				
Prestroke mRS [0–1]	539 (90.4%)	801 (88.5%)	1.9 (−1.2 to 5.1)	0.06
Hypertension	465 (78.0%)	737 (81.4%)	−3.4 (−7.6 to 0.7)	−0.08
Diabetes	116 (19.5%)	205 (22.7%)	−3.2 (−7.4 to 1.0)	−0.08
Coronary artery disease	47 (7.9%)	95 (10.5%)	−2.6 (−5.6 to 0.3)	−0.09
Prior stroke	87 (14.6%)	154 (17.0%)	−2.4 (−6.1 to 1.3)	−0.07
Prior oral anticoagulation	116 (19.5%)	235 (26.0%)	−6.5 (−10.7 to −2.2)	−0.16
Antiplatelet use	109 (18.3%)	158 (17.5%)	0.8 (−3.1 to 4.8)	0.02
Glasgow Coma Scale, median (IQR)	9 (6–13)	9 (6–13)	0.0 (−0.6 to 0.6)	−0.08
First tertile [GCS 3–7], N (%)	236 (39.6%)	332 (36.7%)	2.9 (−2.1 to 7.9)	−0.11
Second tertile [GCS 8–12], N (%)	211 (35.4%)	292 (32.3%)	3.1 (−1.7 to 8.0)	
Third tertile [GCS 13–15], N (%)	149 (25.0%)	281 (31.0%)	−6.0 (−10.6 to −1.4)	
Stability imaging, N (%)				
Primary IVH	51 (8.6%)	58 (6.4%)	2.1 (−0.6 to 4.9)	0.08
Deep ICH location	486 (81.5%)	701 (77.5%)	4.1 (−0.1 to 8.2)	0.10
Thalamic ICH location (n=1292)	276 (52.5%)	379 (49.5%)	3.0 (−2.6 to 8.5)	0.06
ICH volume, median (IQR), cm³	8.5 (3.1–17.8)	14.5 (5.3–33.5)	−6.0 (−7.9 to −4.1)	−0.54
First tertile [0.0–6.3 cm³], N (%)	250 (42.0%)	250 (27.6%)	14.3 (9.4 to 19.2)	−0.42
Second tertile [6.4–19.1 cm³], N (%)	216 (36.2%)	284 (31.4%)	4.8 (0.0 to 9.7)	
Third tertile [≥19.2 cm³], N (%)	130 (21.8%)	371 (41.0%)	−19.2 (−23.8 to −14.6)	
IVH volume, median (IQR), cm³	26.6 (15.6–45.2)	20.6 (10.5–36.6)	6.0 (3.3–8.7)	0.30
First tertile [0.5–15.9 cm³], N (%)	155 (26.1%)	347 (38.3%)	−12.3 (−17.1 to −7.6)	0.27
Second tertile [16.0–33.3 cm³], N (%)	207 (34.7%)	292 (32.3%)	2.5 (−2.4 to 7.3)	
Third tertile [≥33.4 cm³], N (%)	234 (39.3%)	266 (29.4%)	9.9 (4.9 to 14.7)	
Time windows (median [IQR], h, n=1303)				
Ictus to ED arrival	2.0 (1.0–4.5)	1.9 (1.0–4.3)	0.1 (−1.9 to 2.6)	0.05
Ictus to 1. CT scan	3.0 (1.6–6.8)	3.0 (1.6–7.0)	0.0 (−3.3 to 3.9)	0.06
Ictus to stability CT scan	30.2 (18.3–47.1)	30.0 (16.2–48.0)	0.2 (−2.9 to 3.3)	0.07
ED arrival to 1. CT scan	0.6 (0.3–1.0)	0.7 (0.4–1.2)	−0.1 (−0.2 to 0.0)	−0.09
1. CT scan to stability CT scan	23.3 (13.2–41.5)	23.3 (11.0–39.7)	−0.1 (−2.9 to 2.8)	−0.03

Comparison of patients who received IVF vs SoC presented for the entire IPD cohort. Absolute differences are provided in percent for frequency data and for scales or continuous variables as absolute differences according to the measurement unit (negative values indicate a decreased frequency or unit of measurement from the reference, that is, patients treated as SoC). CT indicates computed tomography; ED, emergency department; GCS, Glasgow Coma Scale; ICH, intracerebral hemorrhage; IPD, individual participant data; IQR, interquartile range; IVF, intraventricular fibrinolysis; IVH, intraventricular hemorrhage; mRS, modified Rankin Scale; SMD, standardized mean difference; and SoC, standard of care.

patients with thalamic ICH, adjusted-OR, 1.74 (95% CI, 1.04–2.93), $P=0.04$ (Tables S11 through S13).

Threshold Analyses for the Primary Outcome

Exploratory threshold analysis of treatment effect modifiers with the primary outcome showed significant treatment effects of IVF almost across the entire range of age and GCS levels (Figure S6A and S6B) as well as for patients with intermediate-sized ICH (above 8–67 mL) and IVH (above 12–69 mL) volumes (Figure S6C and S6D). The most clear-cut threshold for treatment effects associated with favorable functional

outcome was identified for the predictor: time from symptom onset to initiation of IVF treatment (Figure 4). Translating this threshold (IVF treatment received ≤48 hours compared with SoC) resulted in an ATE of 15.2% (95% CI, 8.6–21.8), $P<0.001$, to achieve the primary outcome (for the entire cohort analysis 78.5% (1179/1501) of patients were analyzed within the 48-hour time frame). Validating this time window threshold exclusively with CLEAR trial data resulted in an ATE of 13.3% (95% CI, 3.3–23.4), $P=0.009$ to achieve favorable functional outcome (for the CLEAR trial cohort analysis 68.4% [366/535] of patients were analyzed within the 48-hour time frame).

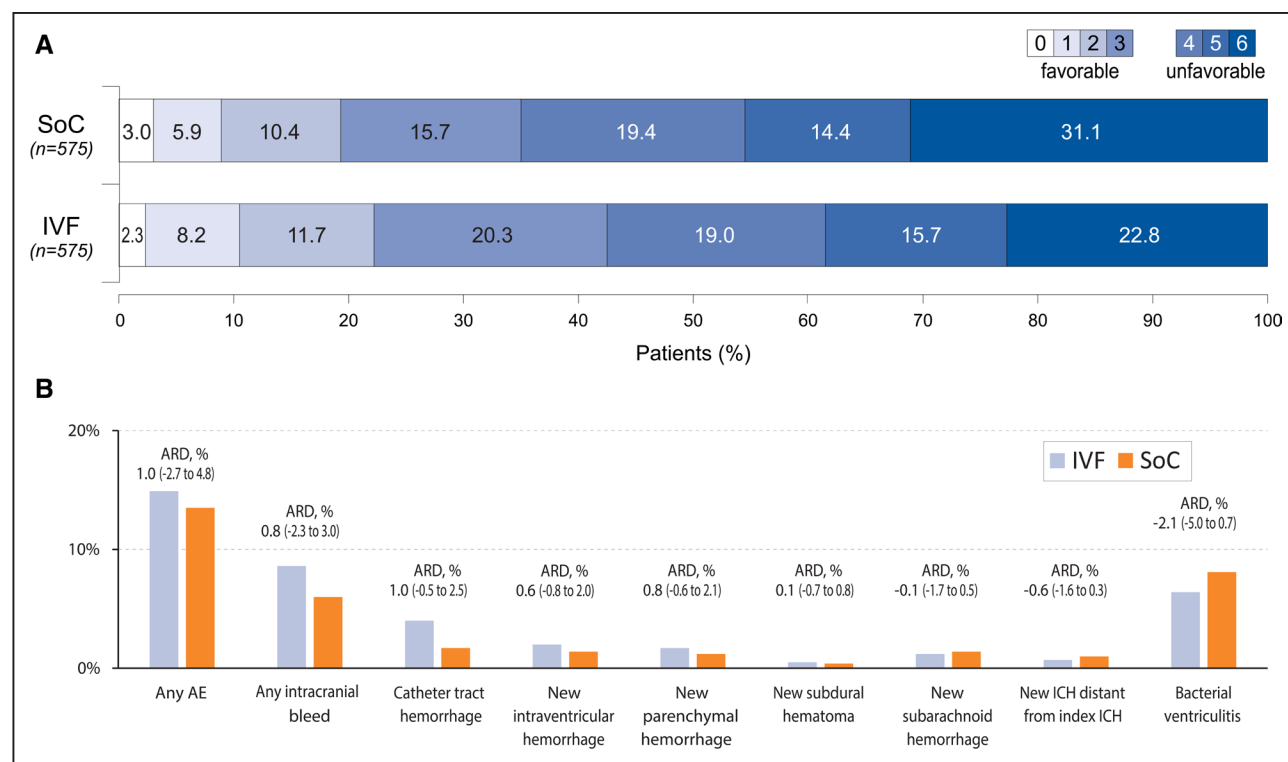


Figure 2. Modified Rankin Scale (mRS) distribution at 6 mo and intracranial adverse events.

A, Graphical comparison of the mRS distribution at 6 mo in patients who received intraventricular fibrinolysis (IVF) vs standard of care (SoC) presented for the propensity score-matched individual participant data (IPD) cohort (n=1150). For details of the matching procedure and balance, see Table S9 and Figure S5. **B**, Intracranial adverse events within 30 d of the ictus comparing IVF vs SoC presented for the entire IPD cohort (N=1501, Table S10). ARD indicates absolute risk difference; and ICH, intracerebral hemorrhage.

DISCUSSION

The present IPD meta-analysis incorporated trial and observational data and represents the largest analysis of patients treated with IVF to date. We provide that the use of IVF in this pooled analysis of 9 studies was related to improved functional outcome, specifically in an early time window <48 hours with an effect size of 15% using the IPD cohort, which was validated using only CLEAR trial data (effect size, 13%). Furthermore, we extend prior observations that the intervention is safe, feasible, and was significantly associated with improved survival.

What may be the reason that this analysis provided positive associations while a trial showed neutral results on functional outcome? Possible explanations refer to differences in patient selection and treatment characteristics among observational- compared with trial data. In observational studies, patient selection was most likely based upon expertise and individual protocols. A priori selection bias was rigorously addressed by sophisticated statistical means in this current study, yet important differences in patient selection compared to trial data were apparent. The latter involved more patients with thalamic ICH (59% versus 46%), a location with worse prognosis.⁶ Trial inclusion criteria lead to significantly less patients treated with larger ICH volumes (≥ 19.2 mL) compared with nontrial patients (14% versus 44%)

potentially associated with our results. Specifically, IVF treatment in these patients provided robust associations with reduced mortality (ATE, 19%) and increased favorable outcome (ATE, 11%). One general question refers to the conflict between internal versus external validity of randomized controlled trials.³² CLEAR-III was aimed at addressing both as large international multicenter trial recruiting patients from 73 sites in 8 countries.³ Yet, IVF represents a technical strategy disruptive to usual clinical practice and therefore not always fully applied in each clinical situation. We have learned from various randomized trials, for example, mechanical thrombectomy or carotid endarterectomy in ischemic stroke that hallmarks are crucial to demonstrate a clinical net benefit, such as patient selection, experience, and timing.³³ Similarly, our data suggest optimized patient selection, possibly higher center-experience, and most strikingly identified time from symptom onset to IVF as therapeutic window for treatment benefit up to 48 hours.

This hypothesis-generating analysis provides background evidence to justify exploring new questions. What may be the mechanistic concept behind rapid IVH resolution benefiting patients? Severe IVH leads to mass effect on ependymal, midbrain, and brain stem structures, along with obstructive hydrocephalus leading to direct damage and global brain hypoperfusion.^{34,35} In various studies, IVH appears to exert independent effects on outcome beyond

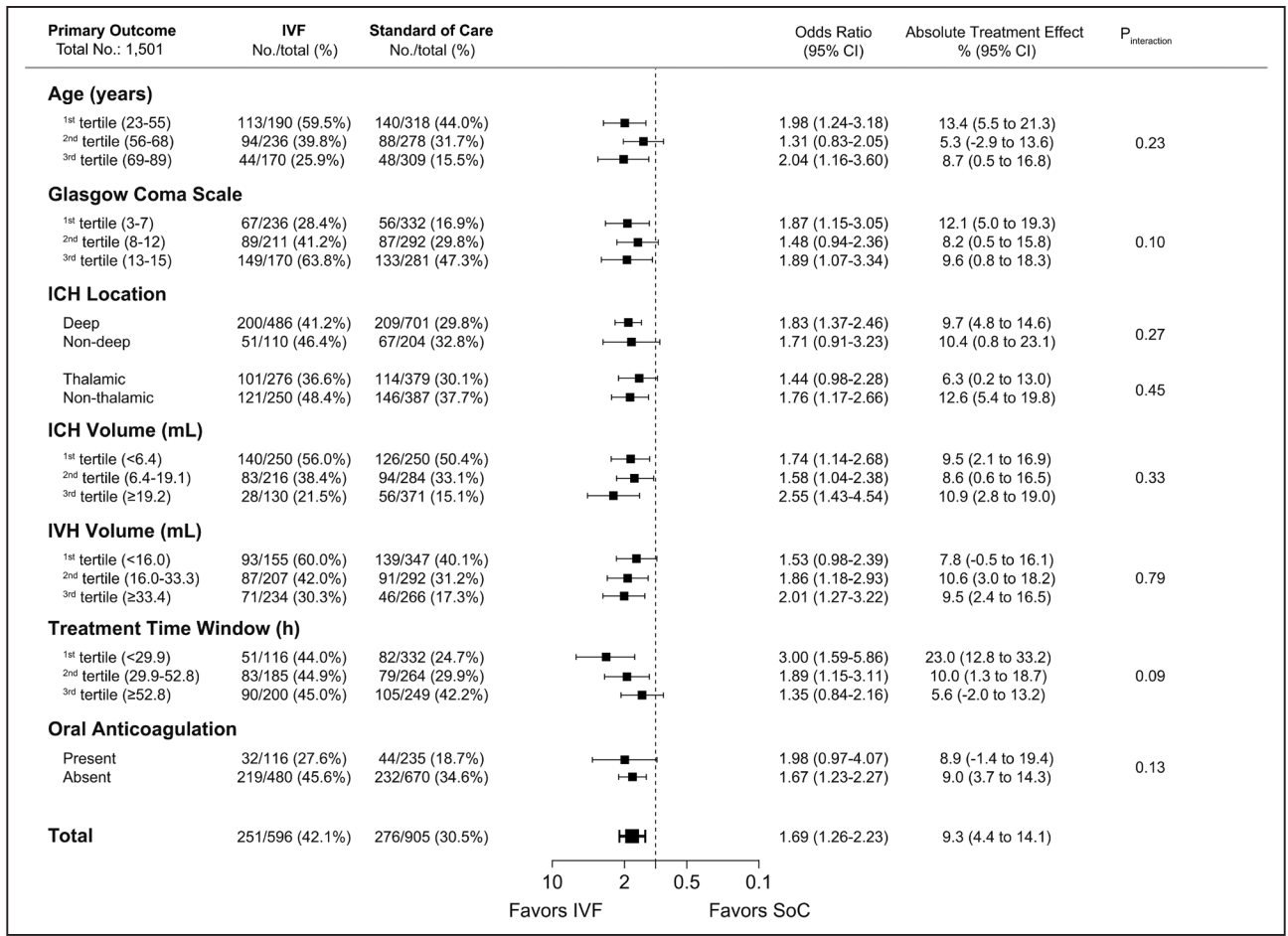


Figure 3. Exploratory subgroup analyses of the primary outcome. Results for the primary outcome (modified Rankin Scale score 0–3) are presented as crude frequency data, adjusted odds ratios, and adjusted absolute treatment effects (for the entire cohort, N=1501). Adjusted models (generalized linear mixed-effect, augmented inverse probability weighting) were conducted as aforementioned. Interactions of exploratory subgroup analyses were tested using the subgroup-defining variable (variable×intervention) and were considered significant for $P<0.05$. ICH indicates intracerebral hemorrhage; IVF, intraventricular fibrinolysis; IVH, intraventricular hemorrhage; and SoC, standard of care.

ICH volume. Acute injury may be related to exaggerated neuroinflammation, yet causal relationships between outcome and acute inflammation, disturbed autoregulation, and the glymphatic system need to be determined.^{36,37} Rapid clot removal by IVF limits exposure to blood-related toxins and harbors the potential to improve pathophysiology. However, IVF is not modifying parenchymal lesions suggesting that functional benefit may be driven by similar mechanisms influencing survival or otherwise by unknown factors which need to be elucidated. Specific analyses of CLEAR-III control group data suggest that instillation of saline only, that is, mechanical clot manipulation, neither led to rapid IVH resolution nor to a time-dependent association on clinical outcomes.³ Hence, rapid clot removal achieved by alteplase is linked to improved functional outcome, presumably by multifactorial mechanisms stated above in a time-dependent manner. Regarding a subsequent randomized trial design, our findings support the evolving belief that “time is brain” not only in ischemic stroke. Current ICH trials have started to target early time windows

(<https://www.clinicaltrials.gov>; Unique identifiers: NCT03385928, NCT03209258, NCT04434807).³⁸ Although time scales for ICH may be different than for ischemic stroke, our data suggest that early treatment with IVF is safe, feasible, and may positively influence outcomes. Our results should be cautiously understood within the context of limitations pertaining to observational data (selection bias) from multiple cohorts as only 2 of 9 studies represented trials. Moreover, all observational studies were conducted by academic centers located in the United States and Germany with specialized neurointensive care units. The generalizability to hospitals without such capability is not addressed, but this may represent a potential avenue for quality improvement and implementation research. This study represents by far the largest investigation, tripling the size of the CLEAR-III, yet random sequence generation and allocation concealment were largely not present. Data derived from multiple cohorts required data harmonization to increase inferential equivalence.²⁶ Bias due to confounding was addressed by robust statistical methodologies and

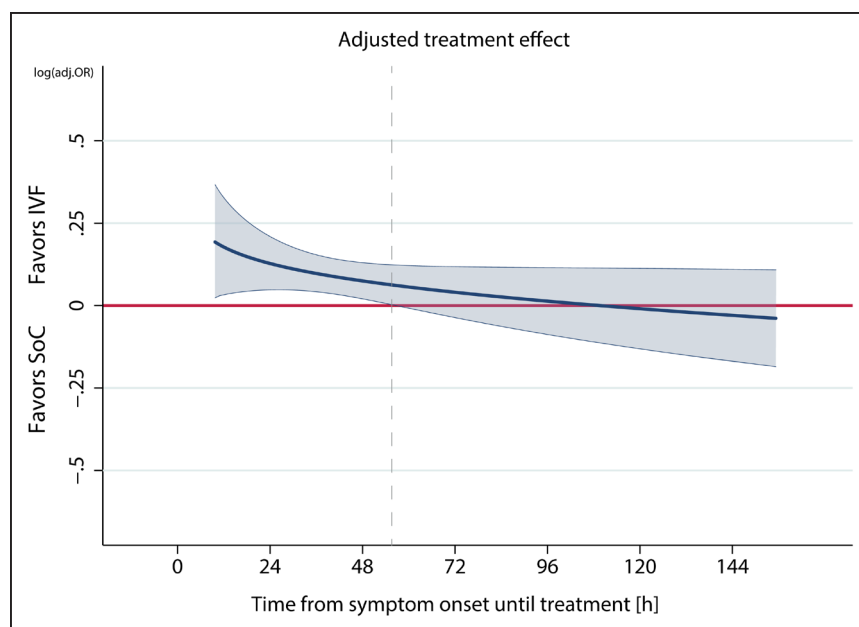


Figure 4. Threshold analysis for the primary outcome using the predictor (time from symptom onset to treatment).

Analysis was conducted as generalized linear mixed-effects model to analyze all studies simultaneously, accounting for clustering of treatment effects across participating studies with a random effect and adjustments for confounders associated with the primary outcome. Confounders comprised: age, prestroke modified Rankin Scale, oral anticoagulation, Glasgow Coma Scale, thalamic intracerebral hemorrhage (ICH) location, ICH volume, intraventricular hemorrhage volume. The adjusted odds ratio used fractional polynomials and was presented on a log-odds scale. IVF indicates intraventricular fibrinolysis; and SoC, standard of care.

sensitivity analyses included unmeasured confounding yet may not have completely compensated for this bias. Patients included into this study spanned a time frame from 2004 to 2015 with potential adaptations of ICH management. Imaging analysis was not centralized and lesion volume evaluation used validated but not standardized methodologies across all patients, which may have resulted in overestimation or underestimation. In addition, outcome was scored according to individual study protocols and may have been influenced by variability in time-point estimation or assessment methodology. We updated our systematic review search on May 25, 2021, which resulted in one more cohort study eligible for inclusion with a sample size of 80 patients representing a theoretical increase of 5% to the current investigation, and therefore, omission was considered sensible.³⁹

CONCLUSIONS

As compared to SoC, the administration of IVF in patients with intracerebral and intraventricular hemorrhage was significantly associated with improved functional outcome at 6 months. The treatment effect was linked to an early time window of <48 hours, specifying a target population for future trials.

ARTICLE INFORMATION

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Supplemental Material

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